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EDUCATION: **DOCTORATE OF EDUCATION, 2004**
Columbia University Teachers College, New York, NY
Concentration: Health Education

MASTER OF SCIENCE, 2001
Columbia University Teachers College, New York, NY
Concentration: Health Education

MASTER OF PUBLIC HEALTH, 1996
Columbia University School of Public Health, New York, NY
Concentration: Sociomedical Sciences - Health Promotion/Disease Prevention

BACHELOR OF SCIENCE, 1991
Ithaca College, Ithaca, NY
Major: Community Health Education Minor: Exercise Sciences

EXPERIENCE: **PRESIDENT/EVALUATOR, Interactive Health, LLC, 1999-present**
Founded Interactive Health LLC, a research and evaluation consulting company which provides independent evaluation services of foundation, state, and federal grant initiatives. Services include collecting and analyzing comprehensive sets of data, instrument design, survey administration, creation of statistical reports, developing communications materials, and writing performance reports. Selected recent projects in which Interactive Health is the lead evaluation firm:

- *Persistently Struggling Schools Grant* (2015-2019), funded by the New York State Education Department for Yonkers, NY totaling \$7.4 million.
- Three *21st Century Community Learning Centers* grant, funded by the U.S. Department of Education, for the Mount Vernon Youth Bureau, NY (2009-2022), Westthab in Yonkers, NY (2013-2017), Wellcore, Inc. (2017-2022) totaling \$12.6 million.
- *Mathematics and Science Partnerships Program* (2014-2020), funded by the U.S. Department of Education in Yonkers, NY totaling \$5 million.
- *Teaching Empathy Institute* (2016 -2020), effectiveness trial of a social emotional learning program funded by the Tides Foundation, totaling \$5 million.
- *Nine Drug Free Communities Support Program*, a federal grant initiative: Clarkstown, NY (2004-09), Middletown, NY (2008-17), Port Chester, NY (2008-18), Nyack, NY (2013-18) Pelham, NY (2008-13), South Orangetown, NY (2009-18), Suffern, NY (2015-19), Mahwah, NY (2015-2019), and Tenafly, NJ (2016-21) totaling \$5.7 million.
- Three *Community Schools Grant Initiatives* (2013-2020), funded by the New York State Education Department for Yonkers, NY totaling \$5 million.
- Two *Extended Learning Time Grant Program* funded by New York State Education Department in Yonkers, NY (2013-19) and East Ramapo (2013-19) totaling \$10 million.
- Three *Safe Schools/Healthy Students* grant initiatives, funded by the U.S. Depts of Ed, Health & Human Services, and Justice - Mount Vernon, NY City School District (2004-08); Enlarged Middletown, NY City School District (2006-11); and New Rochelle, NY City School District (2008-13) – totaling \$17.4 million.
- *Partnerships In Character Education Program* grant, funded by the U.S. Department of Education, in Yonkers, NY (2010-13), totaling \$1.8 million.
- *Grants to Reduce Alcohol Abuse Program*, funded by the U.S. Department of Education, in New Rochelle, NY (2008-11) totaling \$1.2 million.
- *Integration of Schools and Mental Health Systems* grant, funded by the U.S. Dept of Ed, in Teaneck, NJ (2009-2011).

ADJUNCT PROFESSOR, Columbia University Teachers College, 2004-present

Teach graduate courses *Research Methods in Health and Behavior Studies*, *Biostatistics for Community Health Educators*, *Health Education for Teachers*, and *Health Education Specialists*, both online and in-person for the Department of Health and Behavior Studies.

ADJUNCT PROFESSOR, Graduate Center, CUNY, 2018-present

Teach graduate-level course *Research Methods and Design* for doctoral-only psychology students for the Department of Psychology.

EVALUATION CONSULTANT, CENTER FOR APPLIED RESEARCH SOLUTIONS 2017- present

Provide research and evaluation consultation on Substance Abuse and Mental Health Services Administration (SAMHSA) funded projects including the state ReCAST (Resiliency in Communities After Stress and Trauma) grant. Work with Federal Project Officers and provide guidance to project managers, evaluators, and partners including colleges and universities on strategic plans, logic models, and evaluation plans in order to make them more cohesive, understandable, and useable. Review measurement tools and data collection methods for reliability and validity. Conduct site visits throughout the United States, present materials to teams, and assist with preparing reports.

NREPP PROGRAM REVIEWER, MANILA, Inc/Development Services Group, Inc 1999-2018

Part of a team of consultants who review and evaluate alcohol, tobacco, drug, mental health and violence prevention and intervention programs. Analyze and rate programs based on study design, reliability, validity, fidelity, statistical analysis and other measures. Rated programs are listed in the National Registry of Effective Programs and Practices (NREPP), funded by SAMHSA. In 2011 became a trainer for all new NREPP Reviewers. In 2018, Federal Government funding ended for NREPP.

PROJECT DIRECTOR, Life After Cancer Treatment, City University of New York, 2000-2005

Project Director of National Cancer Institute funded research study which applies an expressive writing intervention to improve the quality of life of individuals recently treated for colorectal cancer. Work with physicians at NYU Medical Center and Bellevue Hospital in New York to recruit patients. Contact patients weekly; conduct baseline and follow-up interviews; code, enter, and analyze data; write reports and present findings.

TECHNOLOGY FELLOW, Columbia University Teachers College, 1999-2004

Taught seminars on *Livertext* an e-portfolio program for students. Instructed faculty members on how to develop class websites and use other technology tools. Assisted faculty with computer-based problems and questions. Involved in redesigning and updating Teachers College's Health and Behavior website.

TEACHING ASSISTANT, Columbia University Teachers College, 1999-2001

Assisted in teaching graduate courses for the Department of Health and Behavior Studies. Courses include *Principles of Epidemiology in Health Promotion* and *Measurement and Program Evaluation*. Created course materials including exams, in class work, and take-home work; grade exams and papers; and individually tutor graduate students.

CURRICULUM WRITER, National Health Promotion Associates, Inc., 1997- 1999

Assisted in the development of Gil Botvin's *Life Skills Training* elementary school substance abuse prevention curricula, funded by a grant from the National Cancer Institute. Developed evaluation instruments and analyzed data collected on the elementary curricula. Updated and revised the middle school Life Skills Training curricula, a SAMHSA model program. Wrote SBIR and Safe and Drug Free federal grant applications.

PUBLICATIONS:

- Ventura, J.D., Charrette, A.L., & Roberts, K.J. (2019). The effect of a low-cost body weight-supported treadmill trainer on walking speed and joint motion. *Medicina*, 55(8), 420. doi:10.3390/medicina55080420
- Guerra, L. A., Rajan, S. & Roberts, K.J. (2019). The implementation of mental health policies and practices in schools: An examination of school- and state-factors. *Journal of School Health*, 89,328-338. doi: 10.1111/josh.12738
- Lepore, S. J. & Roberts, K. J. (2019). Prostate cancer. In Llewellyn, C., Ayer, S., McManus, C., Newman, S., Petrie, K., Revenson, T.A. & Weinman, J. (Eds.), *Cambridge handbook of psychology, health and medicine* (3rd ed.). Cambridge, UK: Cambridge University Press.
- Rajan, S., Roberts, K.J., Guerra, L., Pirsch, M. & Morrell, E. (2017). Integrating health education efforts into core curriculum classrooms: Successes, challenges, and implications for urban middle schools. *Journal of School Health*, 87(12), 949-957. doi: 10.1111/josh.12563.
- Roberts, K.J., Revenson, T.A., Urken, M.L., et al. (2016). Testing with feedback improves comprehension in multimedia medical informed consent. *Patient Education & Counseling*, 99(8):1377-81. doi: 10.1016/j.pec.2016.03.014
- Haser, G.C., Tuttle, R.M., Su, H.K., Alon, E.E., Bergman, D., Bernet, V., Brett, E., Cobin, R., Dewey, E.H., Doherty, G., Dos Reis, L.L., Harris, J., Klopper, J., Lee, S., Levine, R.A., Lepore, S.J., Likhterov, I., Lupo, M.A., Machac, J., Mandel, S.J., Machac, J., Mechanick, J.I., Mehra, S., Milas, M., Orloff, L., Randolph, G., Revenson, T.A., Roberts, K.J., Ross, D.S., Rowe, M.E., Smallridge, R., Terris, D., Tufano, R.P., Urken, M.L. (2016). Active surveillance for papillary thyroid microcarcinoma: New challenges and opportunities for the health care system. *Endocrine Practice*, 22(5):602-11. doi: 10.4158/EP151065.RA
- Basch, C.H., Roberts, K.J., Zagnit, E.A., & Martinex, A. (2016). Marketing strategies used to promote children's medicine sold on internet sites of pharmaceutical stores. *Journal of Community Health*, 41: 1212:1216. doi: 10.1007/s10900-016-0205-7
- Glaser, D., Roberts, K.J., Grosskopf, N.A, Basch, C.H. (2016). An evaluation of the effectiveness of school-based breastfeeding education. *Journal of Human Lactation*, 32(1): 46-52. doi: 10.1177/0890334415595040
- Basch, C.H., Roberts, K.J., Samayoa-Kozlowsky, S., & Glaser, D.B. (2016). Promoting weight loss methods in parenting magazines: implications for women. *Women & Health*,56(1): 119-28. doi: 10.1080/03630242.2015.1074641
- Basch, C.H., Roberts, K.J., Ethan, D., & Samayoa-Kozlowsky, S. (2015). An examination of marketing techniques used to promote children's vitamins in parenting magazines. *Global Journal of Health Science*, 7(3), 171-6. doi: 10.5539/gjhs.v7n3p171
- Lepore, S.J., Revenson, T.A., Roberts, K.J., Prankikoff, J.R., Davey, A. (2014). Randomized controlled trial of expressive writing and quality of life in men and women treated for colon or rectal cancer. *Psychology and Health*, 30(3): 284-300. doi: 10.1080/08870446.2014.971798.
- Marshall, B.L., Roberts, K.J., Donnelly, J., Rutledge, I. (2011). Attitudes towards campus policies regarding alcohol use among college students. *Journal of Drug Education*, 40(4), 345-358. doi: 10.2190/DE.41.4.a.
- Roberts, K.J., Lepore, S.J., Hanlon, A.L, Helgeson, V. (2010). Genitourinary functioning and depressive symptoms over time in younger versus older men treated for prostate cancer. *Annals of Behavioral Medicine*, 40(3), 275-283. doi: 10.1007/s12160-010-9214-4.
- Lepore, S.J., Glaser, D.B., Roberts, K.J. (2008). On the positive relation between received social support and negative affect: A test of the triage and self-esteem threat models in women with breast cancer. *Psycho-Oncology*, 17(12), 1210-5. doi: 10.1002/pon.1347.
- Roberts, K.J., Lepore, S.J., Urken, M. (2008). Quality of life after thyroid cancer: An assessment of patient needs and preferences for information and support. *J Cancer Educ*, 23(3), 186-191. doi: 10.1080/08858190802247762.

Lepore, S. J., Roberts, K. J. (2007). Prostate cancer. In S. Ayer, A. Baum, C. McManus, K. Wallston, J. Wienman & R. West (Eds.), *Cambridge handbook of psychology, health and medicine* (2nd ed.). Cambridge, UK: Cambridge University Press.

Roberts, K. J., Lepore, S. J., & Helgeson, V. (2006). Social-cognitive correlates of adjustment to prostate cancer. *Psycho-Oncology*, 15(3), 183-192. doi: 10.1002/pon.934.

CURRICULUMS:

Ironwill Kids (2010). Ironwill Foundation. An elementary garden and nutrition program.

G.R.E.A.T. Gang Resistance Education and Training: Elementary School Curriculum (2004). Bureau of Justice Assistance, Washington D.C.

G.R.E.A.T. Gang Resistance Education and Training: Middle School Curriculum Bureau of (2002). Alcohol, Tobacco, and Firearms, Washington D.C.

R.O.A.D.D. Reduce Our Adolescent Drinking, Drugging and Driving (2004). Student Assistance Services and Westchester County STOP DWI.

Project SUCCESS (Schools Using Coordinated Community Efforts to Strengthen Students) (2004). Student Assistance Services, Inc. New York: Tarrytown.

Develop middle and high school educational teacher and student resource guides for CourtTV documentaries and movies (2006-2009) including *On Native Soil*; *Al Roker Investigates: Meth, Murder, Mayhem*; *Al Roker Investigates: Menace on Main Street*; *Guilt by Association*; *Interrogation of Michael Crowe*; and *ACLU: The Supreme Court*.

PROFESSIONAL PRESENTATIONS:

Roberts, K.J. & Guerra, L.A. (March 2019). *Reducing victimization is music to our ears*. Poster presented at the 40th Annual Meeting of the Society for Behavioral Medicine, Washington, D.C.

Glaser, D.B., Roberts, K.J., Dotson, L.E., Marler, J., Utley, D.S. & Patrick, H. (March 2019). *Evaluating coaching quality within a digital smoking cessation program*. Poster presented at the 40th Annual Meeting of the Society for Behavioral Medicine, Washington, D.C.

Lepore, S.J., Revenson, T.A., Roberts, K.J. Davis, S.N., Kaynak, O., & Zimmerman, C. (March 2019). *Cognitive processing without social constraints linked to posttraumatic growth among colorectal cancer survivors..* Poster presented at the 40th Annual Meeting of the Society for Behavioral Medicine, Washington, D.C.

Ventura, J.D., Roffee, S., Lilley, R.W, Roberts, K.J. & Charrette, A.L. (July 2018). *A low-cost bodyweight support system to improve gait*. Presentation at the Annual Meeting of the American Scientific Affiliation, Wenham, MA.

Roberts, K.J. & Guerra, L.A. (April 2018). *Implementation of a social-emotional program to improve school connectedness*. Presentation at Biennial Meeting of the Society for Research on Adolescence, Minneapolis, MN.

Panjwani, A.A., Roberts, K.J., Cipollina, R., Revenson, T.A. (March 2018). *Fraud in an online survey study of parents of adolescents and young adults with cancer*. Poster presented at the 39th Annual Meeting of the Society for Behavioral Medicine, Washington, DC.

Ventura, J.D., Charrette, A.L., Roberts, K.J., Roffee, S., Lilley, R.W. (October 2017). *The effect of the Accessportamerica gait trainer on walking and joint range of motion*. Poster presented at the Annual Meeting of the American College of Sports Medicine, Providence, RI.

Guerra, L.A., Roberts, K.J., & Rajan, S. (May 2017). *The implementation of mental health policies and practices in schools: An examination of school- and state-factors*. Poster presented at the 25th Annual Meeting of the Society for Prevention Research, Washington, DC.

Guerra, L.A., Roberts K.J., & Rajan S. (December 2016). *Impact of having a certified health education teacher on implementation of school mental health policies and practices*. Poster presented at the 9th Annual Conference on the Science of Dissemination and Implementation in Health, Washington, DC.

- Roberts, K.J., Revenson, T.A., Fleszar, S., Cipollina, R., Urken, M., Rowe, M.E., Dos Reis, L.L., & Lepore, S. (March 2016). *Testing with feedback improves comprehension in multimedia medical informed consent*. Poster presented at the 37th Annual Meeting of the Society for Behavioral Medicine, Washington, DC.
- Roberts, K.J., Rajan, S., Guerra, L.A., Pirsch, M., Morrell, E. (March 2016). *Efficacy of a classroom-based health education initiative on nutrition outcome expectation*. Poster presented at the 37th Annual Meeting of the Society for Behavioral Medicine, Washington, DC.
- Guerra, L.A., Cox, R., Nutter, G., Rajan, S., Roberts, K.J. (March 2016). *Psychosocial predictors of alcohol use among adolescent youth across grade*. Poster presentation at the 2016 Society for Research on Adolescence Biennial Meeting, Baltimore, MD.
- Rajan, S., Roberts, K.J., Guerra, L.A., Pirsch, M., Morrell, E. (December 2015). *Implementation and feasibility of integrating an innovative health education program into core curriculum middle school classrooms: Implications for program dissemination*. Poster presented at the 8th Annual Conference on the Science of Dissemination and Implementation, Washington, DC.
- Revenson, T.A., Roberts, K.J., Fleszar, S., Cipollina, R., Urken, M., & Lepore, S. (September 2015). *Improving comprehension in informed consent for medical procedures through dynamic testing*. Paper presented at the Annual Meeting of the European Health Psychology Society, Limassol, Cyprus.
- Roberts, K.J. & Rajan, S. (November 2014). *Fostering academic and student engagement among low-income urban youth through an innovative nutrition program*. Paper presented at the 142st Annual Meeting of the American Public Health Association, New Orleans, LA.
- Roberts, K.J. & Marshall, B.L. (April 2014). *Depression and alcohol use among adolescents: the mediating effect of family attachment*. Poster presented at the 35th Annual Meeting of the Society for Behavioral Medicine, Philadelphia, PA.
- Rajan, S. & Roberts, K.J. (April 2014). *Academic performance and its relation to school climate, rates of depression, and engagement in violent behaviors among adolescent youth*. Poster presented at the 35th Annual Meeting of the Society for Behavioral Medicine, Philadelphia, PA.
- Glaser, D. & Roberts, K.J. (April 2014). *Breastfeeding success, social norms, and school health education: a systematic literature review*. Poster presented at the 35th Annual Meeting of the Society for Behavioral Medicine, Philadelphia, PA.
- Roberts, K.J. & Rajan, S. (March 2014). *Addressing whole food access through a multicomponent approach: implications for the obesity epidemic*. Paper presented at the 6th Annual Health Disparities Conference, New York, NY.
- Glaser, D. & Roberts, K.J. (November 2013). *Improving breastfeeding awareness through a coordinated school health education initiative*. Poster presented at the 141st Annual Meeting of the American Public Health Association, Boston, MA.
- Lepore, S.J., Revenson, T.A., Roberts, K.J., Pranikoff, J.R., Davey, A. (August 2013). *Expressive writing for colorectal cancer patients: Acceptable but not advisable*. Paper presented at 121st Annual Convention of the American Psychological Association, Honolulu, HA.
- Roberts, K.J. & Rajan, S. (March 2013) *Addressing chronic disease health disparities in urban environments: Reversing the obesity epidemic in schools and communities via a multi-level approach*. Paper presented at the 5th Annual Health Disparities Conference, New York, NY.
- Glaser, D. & Roberts, K.J. (March 2013) *Inequities in breastfeeding success and health outcomes in the United States*. Poster presented at the 5th Annual Health Disparities Conference, New York, NY.
- Roberts, K.J., Lawler, J., Moser, D. (October 2012). *Assessing student knowledge and attitudes regarding locally grown foods*. Paper presented at the 140th Annual Meeting of the American Public Health Association, San Francisco, CA.
- Roberts, K.J., & Calin, E.B., (October 2012). *Ironwill Kids PowerUp!: An innovate school-based program aimed at increasing the consumption of nutrient-dense foods*. Paper presented at the 140th

Annual Meeting of the American Public Health Association, San Francisco, CA.

Lawler, J., Deitrich, R.J., McAdam, K.S., Moster, D., Meehan, H., Oakes, M., Roberts, K.J., Perry, K. (October 2012). *Connecting local farms with schools to improve student nutrition*. Paper presented at the 140th Annual Meeting of the American Public Health Association, San Francisco, CA.

Rajan, S. & Roberts, K.J. (October 2012). *Exploring the relations between substance use, engagement in violent behaviors, and school safety among middle and high school students*. Poster presented at the 140th Annual Meeting of the American Public Health Association, San Francisco, CA.

Marshall, B.L., Roberts, K.J., Donnelly, J., Rutledge, I. (April 2012). *Evaluation of knowledge and attitudes towards alcohol policies by college freshman*. Paper presented at the Annual Meeting of the International Organization of Social Sciences and Behavioral Research.

Roberts, K.J. & Diehl, D. (March 2011). *Roles and responsibilities related to local evaluations*. Presented the plenary session at Safe Schools/Healthy Students Evaluation: Making in Count Conference; Baltimore, MD.

Roberts, K.J. & Vargo, S. (August 2011). *Getting to outcomes: Issues to address to ensure fidelity*. Presented at Safe Schools/Healthy Students Project Director Consortia Conference; Bethesda, MD

Roberts, K.J. & Szakmary, J. (August 2011). *Communications, evaluation, and sustainability: Using communication to continue of the road to success*. Presented at Safe Schools/Healthy Students Communication Planning for Sustainability Conference; Bethesda, MD.

Lepore, S.J., Roberts, K.J., Helgeson, V. (April 2010). *Psychoeducational group interventions attenuate the positive relation between inadequate social resources and depressive symptoms in men treated for prostate cancer*. Paper presented at the Annual Meeting of the Society for Behavioral Medicine.

Roberts, K.J., Lepore, S.J. (April 2009). *Trajectories of recovery in genitourinary function and mental health in younger versus older men treated for localized prostate cancer*. Paper presented at the Annual Meeting of the Society for Behavioral Medicine.

Revenson, T.A., Lepore, S.J., Roberts, K.J., Pranikoff, J., Davis, S., Godino J., Park, G. Malhotra, K., Cooper, N., Woodburn, R. (April 2009) *Acceptability of and adherence to an expressive writing intervention in colorectal cancer patients*. Paper presented at the Annual Meeting of the Society for Behavioral Medicine.

Roberts, K.J., Lepore, S.J. (March 2008). *Efficacy to communicate with a physician about prostate cancer among predominantly immigrant black men*. Poster presented at the annual meeting of the Society for Behavioral Medicine.

Marshall, B.L., Roberts, K.J. (October 2007). *Knowledge of and attitudes on campus policies: Significant indicators for program development*. Paper presented at the U.S. Department of Education's 2007 National Meeting; Omaha, NE.

Marshall, B.L., Roberts, K.J. (May 2007). *Evaluating a model program enhancement: MSU social norms for resident freshmen*. Poster presented at the Annual Meeting of the Society for Prevention Research.

Roberts, K.J., Lepore, S.J. (March 2007). *Quality of life after thyroid cancer: An assessment of patient needs and preferences for information and support*. Poster presented at the Annual Meeting of the Society for Behavioral Medicine.

Roberts, K.J. (April, 2006). *Model Programs in Westchester*. Presented at the Youth Violence Summit at the Westchester County Center; White Plains, NY.

Roberts, K.J., Lepore, S.J., Helgeson, V.S. (April, 2005). *Coming to terms with prostate cancer: The role of social support*. Poster presented at the Annual Meeting of the Society for Behavioral Medicine.

Roberts, K.J. (2003) *Understanding Violence Behavior in Adolescents*. Paper presented at a meeting of Bureau of Alcohol, Tobacco, and Firearms Officers and Law Enforcement Officers; Orlando, Florida.

- DISSERTATION COMMITTEES:** Hardaye S. Hansen (Fall 2013). *Health status, knowledge, behaviors, practices, and health literacy among college students: Findings and implications.* Columbia University
- Stephanie E. Habif (Spring 2008). *Factors related to injury among Olympic distance triathletes.* Columbia University.
- Debra B. Glaser (Spring 2007). *The paradoxical positive relation between received social support and emotional distress: Is self-esteem the culprit?* Columbia University.
- CERTIFICATIONS:** Certified Instructor of Youth Mental Health First Aid (2016)
Certified in Public Health (CPH; 2015)
Master Certified Health Education Specialist (MCHES; 2011)
Certified Health Education Specialist (CHES; 1999)
Certified in Plant-Based Nutrition, Cornell University (2011)
Certified Biodynamic Gardener (2013)
Certified Health and Fitness Instructor, American College of Sports Medicine (1997)
- PROFESSIONAL MEMBERSHIPS:** Society for Behavioral Medicine
Society for Prevention Research
American Educational Research Association
American Evaluation Association
American Alliance for Health, Physical Education, Recreation and Dance
American Public Health Association
Society for Public Health Education
- PROFESSIONAL RESPONSIBILITIES:** SAMHSA Reviewer for grant applications (2003 – present)
Reviewer for Society of Behavioral Medicine for Annual Meetings (2006-present)
Reviewer for American Public Health Association for Annual Meetings (2012-present)
Reviewer for Annals of Behavioral Medicine, International Journal of Behavioral Medicine, Health Education and Behavior, Psycho-Oncology, and Health and Quality of Life Outcomes
Institutional Review Board (IRB) Chair for Student Assistance Services Corporation, New York (2004 – present)
- OTHER:** Invited and attended the ACS/CDC School Health Education and Physical Education Advanced Academy (February 2013) and the ACS/CDC School Health Education – Higher Education Academy (February 2012)
Treasurer of Student Government - Columbia University SPH (1994-1996)
USA Nationally Ranked Triathlete, 19-time Ironman Finisher