Goldie Hawn is an Academy Award winning actress, producer, director, best-selling author, children’s advocate and Founder of The Hawn Foundation. She created her public charity in 2003 with a mission to equip children with the social and emotional literacy skills needed to lead smarter, healthier, and happier lives.

Working with leading neuroscientists, educators, psychologists and researchers, the Foundation developed MindUP™, an evidence-based curriculum and professional development program for educators serving Pre-k through 12th grade. MindUP™ helps children self-regulate; reduce stress; sharpen concentration skills; increase empathy; build resilience and improve academic performance. Today, MindUP™ is currently being taught in seven countries including the United States, UK, China, Canada, Australia, Venezuela and Serbia, having served over 400,000 children thus far.