The Master of Arts degree in curriculum and teaching in physical education (curriculum code TRC) is designed to provide students with a broad background in physical education, the movement sciences, and education. Generally, those entering this program have an undergraduate degree in physical education, kinesiology, or movement science. The program permits students to obtain additional in-depth knowledge that can be applied to teaching and curricular issues in physical education and in schools.

The program is designed to allow for considerable flexibility in selecting courses so that students can choose those experiences that best suit their needs, interests, and professional goals. A total of thirty-two (32) credits is required for the degree. To qualify for the degree, students must achieve an average of B- or above and complete an approved integrative paper.

With an advisor, each student plans a program of study to meet his or her needs. Courses are selected from the following categories:

**PHYSICAL EDUCATION COURSES (15 credits)**

- BBSR 5040 Curriculum Designs in Physical Education (3 credits)
- BBSR 5240x Fieldwork in Physical Education Curriculum (3 credits)
- BBSR 5041 Analysis of Teaching Physical Education (3 credits)
- BBSR 5240y Fieldwork in Physical Education Teaching (3 credits)
- BBSR 5543 Seminar in Physical Education (3 credits)

**RESEARCH METHODS COURSE (3 credits)**

- BBSR 5582 Research Design in Movement Science and Education (3 credits)
**OTHER PHYSICAL EDUCATION COURSES (0-3 credits)**

BBSR 5043 Administration of Physical Education and Athletics (3 credits)

**EDUCATIONAL THEORY AND PRACTICE (3-12 credits)**

C&T 4002 Basic Course in Theory of Curriculum Design (3 credits)
C&T 4004 Basic Course in School Improvement (3 credits)
C&T 4145 The Education of Youth and Adolescents (2-3 credits)
C&T 4051 Supervision for Elementary and Secondary Schools (2-3 credits)
C&T 4052 Designing Curriculum and Instruction (2-3 credits)
C&T 4159 Teacher Education Programs (2-3 credits)
C&T 4160 Supervision in Pre-service Teacher Education Programs (2-3 credits)
C&T 4161 The Teacher: Professional/Social/Personal Context of Teaching (2-3 credits)
C&T 5053 Staff Development Processes and Procedures (3 credits)

HUDK 4022 Development Psychology: Children (2-3 credits)
HUDK 4022 Development Psychology: Adolescence (2-3 credits)
HUDK 4045 Psychology of Teaching and Learning: Cross-cultural Perspectives (2-3 credits)

**MOVEMENT SCIENCE COURSES (0-9 credits)**

BBSR 4005 Applied Anatomy and Biomechanics (3 credits)
BBSR 4060 Motor Learning (2-3 credits)
BBSR 4070 Introduction to the Psychosocial Study of Human Movement (2-3 credits)
BBSR 4090 Physical Fitness, Weight Control and Relaxation (3 credits)
BBSR 4095 Applied Physiology I (3 credits)
BBSR 4161 Motor Learning Laboratory (1-2 credits)
BBSR 4195 Applied Physiology Laboratory I (3 credits)
BBSR 5028 Motor Development (2-3 credits)
BBSR 5095 Exercise and Health (3 credits)

**DANCE (0-6 credits)**

A&HG 5007 Curriculum Design in Dance (3 credits)
A&HG 5016 Teaching Dance: Adolescence through Adulthood (3 credits)
A&HG 5110 Teaching Children’s Dance (3 credits)

**HEALTH EDUCATION COURSES (0-9 credits)**

HBSS 4000 Introduction to Nutrition
HBSS 4100 Introduction to Health Education (3)
HBSS 4110 Health Promotion for Children and Adolescents (3)
HBSS 4115 Health Promotion for Aging Adults (3)
HBSS 4116 Health Education for Teachers (3)
HBSS 4150 Sports Nutrition
ELECTIVES (0-9 credits)

INTEGRATIVE PAPER

In addition to completing courses, each student completes an integrative paper. A variety of options can be used to complete this project—a detailed analysis of a real-world physical education setting based on work completed in the required physical education courses, a theoretical paper, or a research project. Students work closely with their advisor on planning, conducting, writing, and revising the paper. Prior to graduation, the integrative paper must be approved.

For more information contact:

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