Last Minute Study Techniques

1. If you don't know it now...you never will. At this point:
   - Perfect what you know. Forget what you don't.
   - Tie all concepts to an example in your own research interests to help with memorization.
   - Index Cards as primary mode of study—every spare minute is an opportunity to solidify what you know.

Time Constrained Essay Structure

Organizing the Essay: Just the Facts, Ma'am
- 5 pages, double spaced, per question—at least
  - Question Restate
  - 3-4 points/descriptors
  - Descriptor Description—Explain your points!
  - Conclude
- Remember: You are the expert.
- Remember: You are a user. Use scholar's knowledge to make YOUR point.
- Date everything. Use the bibliography provided
- Set aside 30 minutes to edit your responses.

Nerves, Freakouts, Blank Outs and Bailouts...

- Nerves are energy!
- Energy causes speed and Speed is your friend
- "Build-in for Blank-Out"
  - Add 30 minutes of padding for the inevitable "blank out"
  - Blank outs (though they feel like forever) are short.
- No one, and I mean no one, wants you to fail

'Twas the Night Before

- Get a good night’s sleep
- Unplug your phones. All of them!
- Wake up at least 2 hours before you leave for the test
- Eat Muffins that Trish baked for you☺
- Breathe deeply and use nerves to your advantage.
4 Must Have Accessories

- Earplugs
  - Earplugs make it easier to ignore ambient noise.
- Vitamin Water
  - Juice is nice, Vitamins are better for a 3 hour span.
  - NO RED BULL! You DON'T want to crash.
- Comfortable Clothes
  - No points off for being tacky or wearing pajamas!
  - Focus on your knowledge, not your wardrobe.
- A Sense of Humor

Q and A

Ask Away...

Conclusion

- You are capable or you never would have gotten this far.
- Trust Yourself and what you know.
- We are all rooting for you!
- Good Luck!