

CCPJ 6576 Prevention, multicultural training, spirituality and counseling

Permission of instructor required. Students participate in ongoing research under the direction of a faculty member. Participation includes formulation of hypotheses, identification of appropriate variables and measures, data collection and analysis, and preparation of research reports. Students register for two consecutive terms.

CCPJ 6577 Psychological interventions with older persons

Permission of instructor required. Students participate in ongoing research under the direction of a faculty member. Participation includes formulation of hypotheses, identification of appropriate variables and measures, data collection and analysis, and preparation of research reports. Students register for two consecutive terms.

CCPJ 6578 Research practicum psychology undergrad major

Permission of instructor required. Students participate in ongoing research under the direction of a faculty member. Participation includes formulation of hypotheses, identification of appropriate variables and measures, data collection and analysis, and preparation of research reports. Students register for two consecutive terms.

CCPJ 6902 Advanced Research and Independent Study in Counseling Psychology

CCPJ 7502 Dissertation seminar

Permission required. Prerequisite: CCPJ 5560 and CCPJ 6572-CCPJ 6579. An advanced research course designed to facilitate the development of doctoral dissertations and presentation of plans for approval at all steps in the process. Required of all doctoral students before or after an approved proposal. Registration limited to two terms. For requirements, see section in catalog on Continuous Registration for Ed.D./Ph.D. degrees.

CCPJ 7572 Advanced research practicum in counseling psychology

Permission required. Prerequisite: CCPJ 6572-79. This course is a continuation of CCPJ 6572-79 and is only open to students who have completed two semesters of the prerequisite.

CCPJ 8900 Dissertation Advisement

Individual advisement on doctoral dissertation. Fee to equal 3 points at current tuition rate for each term.

Psychology in Education

Department of - Counseling & Clinical Psychology

Contact Information

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Director: Dr. Randall Richardson-Vejlgaard

Program Description

The Master of Arts degree in Psychology in Education is designed to provide students with a foundational knowledge of psychopathology, treatment theories, and research methods. The program also provides focused engagement with specific content areas in clinical psychology in the form of Concentrations, which are suites of 4 courses that students may take to deepen their understanding of a specific content area.

The program is appropriate both for students who have obtained undergraduate degrees in Psychology and for those with a more limited background in the field. Students will have the opportunity to develop the critical thinking skills needed to interpret scientific knowledge, to review traditional and contemporary treatment models, to engage in innovative research, and to seek out fieldwork and research opportunities throughout New York City.

The program features several concentrations in topic areas relevant to clinical psychology including Research Methods; Child and Family; Spirituality Mind Body; Community Psychology and Mental Health Services; Psychotherapy and Psychoanalytic Perspectives; Global Mental Health and Trauma; and Sexuality, Women, and Gender; Forensic Psychology; and Health Psychology. Each concentration is headed by a faculty member who serves as an informal advisor to students in that concentration. Concentrations also have student ambassadors, who help with the coordination of the concentration's activities.

During their tenure, students are closely guided by the master's program advisors. Advisors are doctoral-level students who provide guidance and support to M.A. students in course selection, the development of their integrative projects, clarifying students' academic goals, the application process for doctoral programs, and professional development.

It is important to know that graduates of this academic M.A. program are not trained for the independent practice of psychotherapy or psychological assessment. For this, a doctoral degree is typically required. Our graduates are very successful in gaining admission to Ph.D. and Psy.D. programs across the United States, and often find employment in research centers, social service agencies, non-profits, community colleges, and hospitals.

Degree Summary

While concentrations are not mandatory, they are helpful for streamlining the academic experience. Students may take the majority of their courses in the following areas of interest:

- Child and Family
- Community Psychology and Mental Health Services
- Forensic Psychology
- Global Mental Health and Trauma
- Health Psychology
- Neuropsychology and Neuroscience
- Psychotherapy and Psychoanalytic Perspectives
- Research Methods
- Sexuality, Women and Gender
- Spirituality Mind Body Practices
- Technology and Clinical Psychology

For a complete listing of degree requirements, please continue on to this program's "Degrees" section in this document

Degree Requirements

Master of Arts in Psychology in Education Degree (36 points)

The program for the Master of Arts (M.A.) degree in Psychology in Education requires 36 points of coursework and the Integrative Project. The program has a simple structure, in which 18 credits (6 classes) must be completed within the Psychology in Education program (CCPX). An additional 9 credits (3 classes) of Breadth Requirement must be taken at Teachers College in other areas (e.g., Statistics in HUDM). Nine additional credits of Electives (3 classes) may be taken anywhere at Columbia University, including the Psychology in Education program. Students typically take 3 classes per semester, over a period of 4 semesters. Although the degree can be completed in less time (e.g., 2 semesters, and 2 summer periods) it is advisable for students to allow themselves time to focus on independent research. Students may take up to five years to finish the program.

Transfer credits from courses taken outside of Teachers College are not accepted toward any M.A. program at Teachers College. Some CCPX classes may be restricted to doctoral students only. Please refer to the course schedule to determine which courses are open to M.A. students.

All students matriculating in the M.A. Program are given a copy of the Student Handbook for the specific academic year in which they matriculate. The Handbook outlines these requirements in detail.

The Curriculum:

18 credits in Psychology in Education (within CCPX)

9 credits of Breadth (outside CCPX)

9 credits of Electives (Any graduate program at Columbia University)

Integrative Project (Independent research project)

The Integrative Project

The Integrative Project is intended to be the culmination of a student's development in the Master's Program and represents a substantial contribution to the field. Students are encouraged to meet with the Program Director as early as possible in the development of their project to review their proposal and to identify an appropriate Sponsor, who will be the person primarily responsible for evaluation the finished work. For more information on the Integrative Project, please see the Student Handbook.

*The Program Coordinator or the M.A. Program Assistants are available for consultation about course selection and about the Integrative Project.

**Please note:* Clinical required and elective 'topics' courses (CCPX 4199) change each year. Information about these courses can be found in the M.A. Handbook but not in the Teachers College Catalog.

Application Information

Applications are considered for Fall admission only, with the exception of the Spirituality Mind Body Summer Intensive (as part of the MA-PSYG program).

All admissions materials must be received by the final deadlines as advertised by the College. For information on application deadlines, contact the Admissions office.

At least one of the two required letters should be an academic reference.

The GRE is recommended but not required.

Faculty List

Faculty

GEORGE A. BONANNO

Professor of Clinical Psychology

ELIZABETH MIDLARSKY

Professor of Psychology and Education

CHRISTINE BORAM CHA

Assistant Professor of Clinical Psychology

LISA JANE MILLER

Professor of Psychology and Education

BARRY A. FARBER

Professor of Psychology and Education

HELEN VERDELI

Associate Professor of Psychology and Education

DOUGLAS MENNIN

Professor of Clinical Psychology

Lecturers

RANDALL RICHARDSON-

VEJLGAARD

Lecturer

Adjunct

DINELIA ROSA

Director

Course List

CCPX 4032 Assessment and treatment of alcohol and chemical dependency

Overview of the clinical principles governing assessment and treatment of addictive disorders; stages of addiction; issues of comorbidity; resistances to treatment.

CCPX 4035 Personality and behavior change

Seminar covering the major theories of personality; mechanisms of behavioral change. This course will provide an introduction to the classic psychological theories of personality by considering the contributions of some of the great creative thinkers in this field including Freud, Jung, Horney, Maslow, Rogers, Erikson, Allport, Cattell, and Skinner.

CCPX 4036 Psychology of human sexuality

This course teaches issues related to human sexuality, emphasizing the psychological perspective, while including biological, social, and cultural factors. We will address how to apply information about human sexuality to education, counseling, and therapy. Some topics include sexual development from childhood to adulthood, sexual orientation, gender identity, sexual health, reproduction, sexual behaviors and lifestyles, sexual dysfunction, sexual victimization, and more.

CCPX 4037 Introduction to cognitive behavior therapy (CBT)

Overview of the essential principles and techniques of CBT for mood and anxiety disorders.

CCPX 4038 Comparative psychotherapies

Survey and analysis of representative psychotherapies in current practice: psychoanalytic, neo-Freudian, Gestalt, Jungian, client-centered, existential, behavior therapy, and others.

CCPX 4060 The psychology of loss and trauma

Focus on how humans cope with significant losses and trauma: historical developments, recent empirical advances, cross-cultural variations, and clinical and social implications.

CCPX 4120 Psychotherapy through fiction and film

Psychotherapy, the therapist, and psychopathology as reflected in current fiction and film.

CCPX 4125 Women and mental health

Examination of a range of theories of women's psychological development, interpersonal experience and social roles, as well as the intersection of women's biology and health with psychological status.

CCPX 4126 The mother-child matrix: Developmental and clinical implications

The mother-child relationship: Implications for development and influence on clinical theory and practice, focus on theories of parenting, ruptures in the relationship and therapy with mothers and children.

CCPX 4150 Introduction to forensic psychology

The practice and application of forensic psychology to medical-legal problems and nomenclature in diagnosis, evaluation, assessment, treatment, and testimony regarding criminal behavior, psychopathology, and civil, family, and criminal law.

CCPX 4230 Fieldwork in applied psychology

Supervised practice in field placements for M.A. students in applied or general psychology.

CCPX 4542 Introduction to contemporary psychoanalytic thought

Examination of current psycho-dynamic ideas, including object relations theory, self-psychology, theories of narcissism, borderline pathology, and the nature of the therapeutic relationship.

CCPX 4900 Research and independent study

Permission required.

CCPX 5020 Cognition, Emotion, and Culture

This course covers the impact of overwhelming emotions on human health and self-regulatory responses. The role of culture in these responses is explored, as well as historical context and theoretical perspectives.

CCPX 5032 Adult psychopathology

Major clinical disorders of adulthood viewed from clinical and research perspectives; current issues in diagnosis and treatment.

CCPX 5033 The evolution of Freud's psychological theories

Intensive examination of selected psychological works of Sigmund Freud from 1892 to 1940, focusing on theoretical innovations, modifications, and elaborations.

CCPX 5034 Child psychopathology

Major clinical syndromes of childhood and adolescence viewed within the context of normal development. Consideration of various theoretical, diagnostic, etiological, and therapeutic viewpoints.

CCPX 5038 Cognitive, behavioral, and interpersonal therapies

Open to doctoral candidates in psychology, others by permission. Introduction to theory and technique underlying treatment within the following modalities: Cognitive, Behavioral, Interpersonal, and Short-Term Psychodynamic. The course will explore the application of these various treatment approaches to a range of disorders including depressive disorders, anxiety disorders, OCD, and schizophrenia.

CCPX 5045 Psychotherapy, religious diversity, and spirituality

This course will focus on the role of religion and spirituality in psychotherapy. Research, theory and case material will be used to clarify healing dimensions of religion and spirituality. Discussion will focus on a re-examination of models of psyche and goals of treatment.

CCPX 5110 Research apprenticeship

Permission required. Involvement as a research extern in community agencies or as a research assistant to departmental faculty.

CCPX 5230 Fieldwork in clinical psychology

Limited to doctoral candidates in clinical psychology. Supervised practice in field placements.

CCPX 5533 Research methods in clinical psychology

Design, methodology, and artifact in research. Development of research proposals. Critical review of journal articles.

CCPX 5539 Clinical assessment: The interview

Open ONLY to Doctoral students in Clinical Psychology providing intake services at the Dean Hope Center. Introductory didactic and practice seminar in clinical interviewing.

CCPX 6020 History and systems of psychology

Survey of the history of psychology from the ancient Greeks to the present. Discussion of theoretical systems including Associationism, Structuralism, Behaviorism, Psychoanalysis, and Existentialism.