Clare Ansberry is a columnist for the Wall Street Journal. She joined the paper in 1984, first in Cleveland before moving to Pittsburgh, as a beat reporter, covering various industries, while also writing about issues involving aging and people with developmental disabilities. She was named bureau chief of the Pittsburgh bureau in 1996 and in 2015 started writing the Turning Points column about turning points in people’s lives. She is the author of “The Women of Troy Hill: The Back-fence Virtues of Faith and Friendship,” about a community of women growing older together on a small hilltop neighborhood. She also co-authored the book “Comes the Peace, My Journey to Forgiveness” about a young man, left as a toddler by his hippie parents to be raised by a Tibetan family, sent to a Buddhist monastery at the age of 6 and his subsequent decision to leave the monastery and find his family. Both books are based on stories she wrote for WSJ.

Aurélie Athan, PhD is a Full-Time Lecturer and Academic Director of the SMB Concentration in the Department of Counseling and Clinical Psychology and the Teachers College, Columbia University. Her scholarly interests center on lifespan spiritual development, with a current emphasis on the transition to motherhood. Her clinical orientation is informed by depth perspectives such as Jungian psychology with a focus on the creative expression of the human psyche in art and therapy. She has been honored to work with the Archives for Research on Archetypal Symbolism on a 10-year effort culminating in The Book of Symbols: Reflections on Archetypal Symbolism (Taschen). As an administrator in higher education, she applies a strength-based and transformational learning framework to foster the flourishing of students through innovative curriculum design and academic guidance.
**Frederic Craigie, PhD** is a psychologist, consultant, educator and writer, in areas of spirituality in health care, healing relationships, clinician well-being, and resiliency and positive mental health. He practiced as a clinician and medical educator in a community-based family medicine residency for over 35 years, and has taught since 2001 at the Arizona Center for Integrative Medicine (AzCIM) at the University of Arizona College of Medicine. Fred has been involved in projects related to spirituality and health since the mid-eighties. He takes particular joy in having founded and continuing to chair the oldest academic symposium on spirituality and health in the United States, now in its 32nd year. He is the author of *Positive Spirituality in Health Care: Nine Practical Approaches to Pursuing Wholeness for Clinicians, Patients, and Health Care Organizations*, (Mill City Press, 2010). His website is [www.goodnessofheart.com](http://www.goodnessofheart.com). Personally, Fred finds joy in his relationships with his wife, grown children and young grandchildren. He pursues his own spirituality by playing fiddle and mandolin, playing basketball, doing carpentry, and resolutely following the subtleties and wonders of major league baseball. He divides his time between his permanent home in Maine and winter home in Tucson.

**Theodore Dimon, Ed.D.** is Founder and Director of The Dimon Institute and an Adjunct Professor at Columbia University, Teachers College, where he is developing the field of Psychophysical Education. Dr. Dimon received both his masters and doctorate degrees in education from Harvard University and is an internationally renowned expert and teacher of the Alexander Technique. He has written eight books including *Anatomy of the Moving Body; The Body in Motion: Its Evolution and Design; Anatomy of the Voice; Your Body, Your Voice; The Elements of Skill; The Undivided Self; A New Model of Man’s Conscious Development; and Neurodynamics: The Art of Mindfulness in Action.*
Larry Dossey, M.D. is an internal medicine physician, former Chief of Staff of Medical City Dallas Hospital, and former co-chairman of the Panel on Mind/Body Interventions, National Center for Complementary and Alternative Medicine, National Institutes of Health. He is executive editor of the peer-previewed journal *Explore: The Journal of Science and Healing*. He is the author of twelve books on the role of consciousness and spirituality in health, which have been translated into languages internationally. His most recent book is *ONE MIND: How Our Individual Mind Is Part of a Greater Consciousness and Why It Matters*. He lectures around the world.

Mark Kuras PhD is on the Faculty of Columbia Medical School, Teachers College Clinical Psychology and SMBI. He directs the High Risk Unit in the Community Psychiatry Clinic at NY Hospital and is a core faculty in the Columbia University Clinical Psychology Internship Program. He is a licensed Clinical Psychologist, Jungian Analyst and was the founding Director of Training of the Jungian Psychoanalytic Association. His major interests are in Animistic forms of apperception and their relationship to the special forms of Millenial distress.

Linda Lantieri, MA has been in the field of education for over 45 years in a variety of capacities: classroom teacher, assistant principal, director of a middle school in East Harlem, and faculty member at Hunter College in New York City. She is a Fulbright Scholar and internationally known speaker in the areas of Social and Emotional Learning, Contemplative Teaching and Learning and Mindfulness in Education. Linda is one of the co-founders and presently a Senior Program Advisor for the Collaborative for Academic, Social and Emotional Learning (CASEL). She is also core faculty
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**Daniel Lerman** is a teacher of Psychology, Neuroscience, and Biology at Saint Ann's School in Brooklyn Heights. He passionate about mindfulness, meditation, and personal growth, and he runs a weekly meditation group at Saint Ann's. In 2012, Dan founded Latitude Prep, a global tutoring company that has run intensive Boot Camps in London, New York, and the Caribbean. He holds a BS from Duke University, an MS from Georgetown University, and is pursuing a PhD in Cognitive Science at Columbia University. He is also a trained improviser and stand-up comedian, much to the dismay of his students.

**Jack McGourty PhD** is Director of Community and Global Entrepreneurship at the Columbia Business School and a faculty member teaching courses in entrepreneurship; venture creation, and emerging global markets. Prior to joining the Columbia Business School, Dr. McGourty was Vice Dean for Columbia’s Engineering School. Over the past 20 years, Dr. McGourty has been an active member of the University's entrepreneurial community, establishing an undergraduate minor in entrepreneurship, teaching core and advanced courses in entrepreneurship, and launching the Columbia-Harlem Small Business Development
Dr. McGourty is the founder of Venture for All®, a program designed to educate aspiring entrepreneurs and build capacity for high potential startup ventures in global markets. Dr. McGourty also supports spiritually inspired entrepreneurs in collaboration with Teachers College’s Spirituality Mind Body Institute within the clinical psychology department. Dr. McGourty holds a PhD in applied psychology from Stevens Institute of Technology and both a Master’s Degree and Post Doctoral Re-specialization Certificate in clinical psychology from TC.

Lisa Miller, PhD is Full Professor in the Department of Counseling and Clinical Psychology at Columbia University, Teachers College, where she also founded and directs the Spirituality Mind Body Institute, to innovate, disseminate and train healers in foundationally spiritual treatments. Dr. Miller solo edited the Oxford University Handbook of Psychology and Spirituality (2012) and has published over seventy articles and chapters on spirituality in mental health and wellness. She has been Principle Investigator on several million dollars of grants from corporate and family foundations as well as NIMH. Co-Founder and Co-Editor-in-Chief of the new journal, Spirituality in Clinical Practice (APA Press), Dr. Miller also serves as Associate Editor of Psychology of Religion and Spirituality, the journal of APA Society of Spirituality and Psychology, for which she has been President and now is APA Council Representative. Dr. Miller has been elected to Fellow of the American Psychological Association and awarded the Virginia Sexton Mentoring Award. She is a graduate of Yale University, University of Pennsylvania, where she studied under Martin Seligman, PhD.

Ruth Rosenbaum, PhD is a licensed psychoanalyst in private practice of psychotherapy with individuals and couples for over 25 years. She is also a certified biofeedback therapist who helps people overcome a variety of illnesses including migraine headaches, back pain, and irritable bowel syndrome. In addition, she is a certified yoga instructor, and a student of Tibetan Buddhist philosophy and meditation. Her clinical work reflects her in-depth studies and integration of mind, body, and spirit. Dr. Rosenbaum is a faculty member and supervisor at the
National Psychological Association for Psychoanalysis in New York, and is on the Editorial Board of the peer-reviewed journal *The Psychoanalytic Review*. As an adjunct professor at Teachers College, she has taught “Personal Transformation: Integrating Mind, Body and Spirit”, “Group Dynamics”, and “Varieties of Transformative Experience.” She conducts two private supervision groups devoted to exploring how a post-Newtonian framework can enrich psychodynamic therapy. Dr. Rosenbaum has written and lectured on a variety of topics, including spirituality and psychotherapy, how concepts from fields such as neuroscience, quantum physics, and psi phenomena can shed light on the process of change in psychotherapy, and parallels between psychoanalysis and the Buddhist concepts of karma and reincarnation. She has been an invited speaker at scientific conferences in Europe on topics such as “Consciousness and Quantum Physics” and “Contemporary Psychoanalysis and New Models of Consciousness.”

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**Mitchell Saskin, PhD** is a Clinical Psychologist with a practice on the Upper West Side of Manhattan. The focus of his psychotherapy practice is providing counseling for individuals and couples who are struggling in terms of life transitions and major life changes. He has over 20 years of experience as a psychotherapist in private practice as well as working and consulting in public and parochial schools throughout NYC. He is currently the Upper School Psychologist at the Bank Street School for Children. Mitchell received his PhD in Clinical Psychology from the Derner Institute at Adelphi University. He is licensed in New York State as a Clinical Psychologist and a School Psychologist. While Mitchell has been analytically trained as a psychotherapist he has moved towards incorporating more alternative, mindful, and spiritual forms of treatment into his practice. This is primarily based on his own long-standing meditation and spiritual practice. Mitchell uses mindfulness and spiritual practices in his counseling practice with individuals and couples, as well as offering workshops on mindfulness to students, educators, and parents. He currently is an Adjunct Assistant Professor in the SMBI program at TC where he specializes in teaching the integration of spirituality and psychotherapy.
Traci Stein, PhD, MPH is a health psychologist, award-winning author, and the creator of a series of popular guided imagery, self-hypnosis, and meditation audio programs. For over two decades, Dr. Stein has explored the interrelationship among mind, body and spirit in health and well being. Prior to receiving her PhD from Teachers College, Dr. Stein earned a masters degree in public health from New York University. She is also the former Director of Integrative Medicine at Columbia University Medical Center, and has had a longstanding interest in complementary and alternative (CAM) therapies. Dr. Stein’s theoretical orientation is integrative and draws from the strengths of empirically supported, psychodynamic, and CAM therapies. Dr. Stein supervises TC clinical psychology doctoral students on how to work with medically patients using an integrative, collaborative approach. In addition to the above, Dr. Stein is certified in clinical hypnosis, is fellowship trained in pain psychology, and has formally trained in intuitive development on and off for nearly 20 years. She has been featured or quoted in O – The Oprah Magazine, Health,Shape.com, Women’s Health, and more, and has been interviewed on numerous radio programs and podcasts, including on the iTunes top-rated Smart People Podcast. For more information, visit DrTraciStein.com

Dan Tomasulo, PhD is a core faculty member for the Spirituality Mind Body Institute (SMBI), Teachers College, Columbia University and Assistant Instructor, Master of Applied Positive Psychology, University of Pennsylvania where he works with Marty Seligman. He is also Director New York Certification in Applied Positive Psychology and honored by Sharecare* as top ten online influencers on the topic of depression. His memoir, American Snake Pit :Hope Grit and Resilience in the Wake of Willowbrook, was released in May 2018 by Stillhouse Press, and his screenplay from the book has won 30 awards at several international film festivals since June, 2017. He writes for Psychology Today as an expert on group therapy (The Healing Crowd) and authors the daily column, Ask the Therapist, for PsychCentral.com and their Proof
Positive blog on practical applications of positive psychology. He is 2017 winner of The International Positive Psychology Association’s Avant Garde Clinical Intervention competition for the Virtual Gratitude Visit (VGV) and his work using psycho-dramatic methods to deliver positive interventions.

Mary Evelyn Tucker, PhD is a Senior Lecturer and Research Scholar at Yale University where she has appointments in the School of Forestry and Environmental Studies as well as the Divinity School and the Department of Religious Studies. She teaches in the joint MA program in religion and ecology and directs the Forum on Religion and Ecology at Yale with her husband, John Grim. Her special area of study is Asian religions. She received her Ph.D. from Columbia University in Japanese Confucianism. Her concern for the growing environmental crisis led her to organize with John Grim a series of ten conferences on World Religions and Ecology at the Center for the Study of World Religions at Harvard (1995-1998). They now direct the Forum at Yale where they also teach religion and ecology. To help shape this new interdisciplinary field they edited and wrote: Worldviews and Ecology (Orbis, 1994); Worldly Wonder: Religions Enter Their Ecological Phase (Open Court Press, 2003); Ecology and Religion (Island Press, 2014) and the Routledge Handbook on Religion and Ecology (Routledge, 2016). She also co-created a multi-media project called Journey of the Universe which includes an Emmy award winning film, which was broadcast on PBS. Tucker has been involved with the Earth Charter since its inception and is also on the Advisory Boards of Orion Magazine, the Garrison Institute, and Green Belt Movement U.S. For website see: journeyoftheuniverse.org
For her web page see: emergingearthcommunity.org
**Sylvester Wojtkowski, PhD** is a Jungian analyst in private practice in New York City. He is a founding member of the Jungian Psychoanalytic Association (JPA), a contemporary psychoanalytic training institute, where he is a seminar instructor, control analyst and supervisor. He is a graduate of the C.G. Jung Institute of New York. He received his doctorate in Clinical Psychology from the New School. He is on the faculty of the C.G. Jung Foundation for Analytical Psychology. He gives workshops throughout the country on the Jungian and Archetypal Psychology on topics of imagination, art, mythology, psyche and culture. He presented on several national and International (IAAP) conferences for Analytical Psychology, on topics such as: *Islamic Wound of the Western Psyche* (Barcelona 2004), *Approaching the Unspeakable: Regarding 9/11* (Chicago 2005), *Deconstructing the Monstrous* (San Francisco 2006), *Jung’s Art Complex* (San Francisco, 2008) [Online ARAS Connections Issue 3, 2009]. In October 2008 he was the Mary Weir Lecturer at the Texas University in San Antonio. In June 2011 he was a guest speaker at a Jungian Conference on “Reality and Myth in Modern Man” in Moscow, Russia. In July 2012 he presented on “Jung and Modern Art” at the conference Art and Psyche in the City, NYC, published online as “Wrestling with Azazel at ARAS Connections Issue 2, 2015. His recent publications include “Deconstructing the Monstrous” in *Archetypal Psychologies*, ed. Stanton Marlan, 2008; “Dwelling Imaginally in Soulless Times, An Appreciation of the Work of James Hillman.” *ARAS Connections: Image and Archetype*, 2012; “Marriage of Madness and Reason—The Red Book and the Invention of Active Imagination” presentation at IAAP Congress at Copenhagen in 2013; “Seeing Writing on the Wall—Art of Banksy and the Spirit of the Times” at IAAP Congress in Kyoto in 2016.
Jeffrey M. Young, EdD is a Professor of Practice in Education Leadership at Teachers College, Columbia University. He is also the Co-director of TC’s Urban Education Leaders Program (UELP), an Ed.D. program for aspiring district leaders and school superintendents. Before joining the faculty at TC, Dr. Young served as Superintendent of Schools in Cambridge, MA from 2009 through 2016, following terms as Superintendent in Newton, Lexington and Lynnfield, MA. He began his career in education as an English teacher, Department Chair, and Curriculum Coordinator in Brookline, MA. Dr. Young was a member of the Adjunct Faculty at the Boston University School of Education and has delivered talks at various institutions of higher learning as well as at the International Education Conference in Beijing, China. Among his distinctions, he has been recognized by the Massachusetts Association of School Superintendents with the President’s Award; Brandeis University with the Levitan Award for Leadership; and the Cambridge NAACP with the Martin Luther King, Jr. Award for his work “to provide an effective, innovative education to ALL of Cambridge’s children regardless of race or class.” Dr. Young received a B.A. in English and American Literature from Brandeis University, a Masters Degree in Education from Tufts University, and a Doctorate in Education from the Harvard Graduate School of Education. As a new member of the TC faculty, Dr. Young is struggling with his identity as a fan of the Boston Red Sox.

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