

# Jane K. Dickinson, RN, PhD, CDCES, FADCES, FAAN

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## Curriculum Vitae

Clinical Specialization Area	Diabetes; Child/Adolescent Nursing
Functional Area of Preparation	Graduate Level Education
Research Area	Quantitative, Qualitative Methods
Research Topics	Communication in Diabetes; Nursing Knowledge

## EDUCATION

<u>Year</u>	<u>Institution</u>	<u>Degree/Major</u>
2000	<b>University of Connecticut</b> Storrs, Connecticut	PhD in Nursing
	<i>The Lived Experience of Adolescent Females with Diabetes.</i> Doctoral Dissertation	
1993	<b>Yale University</b> New Haven, Connecticut	Master of Science in Nursing
	<i>Impact of Diabetes on the Family.</i> Master's Thesis	
1990	<b>St. Olaf College</b> Northfield, Minnesota	Bachelor of Arts in Biology

## CERTIFICATION AND LICENSURE

Registered Nurse, State of Colorado, 120013, 9/30/2026  
 Certified Diabetes Care and Education Specialist (CDCES), 0961-0112, 12/31/2026  
 Cardiopulmonary Resuscitation for the Professional Rescuer (pediatric/adult), 5/31/2027

## PROFESSIONAL EXPERIENCE

### Academic Appointments

Dates	Organization/Department/Program	Position
2023-present	Teachers College Columbia University Dept of Health Studies & Applied Education Psychology (name change in 2023) <b>EdD in Nursing Education Program</b>	Program Director
2011-2024	Teachers College Columbia University Department of Health & Behavior Studies	Program Director

### **MS in Diabetes Education and Management Program**

2021-present	Teachers College Columbia University Department of Health & Behavior Studies <b>Diabetes Education and Management Program</b> <b>Nursing Education Program</b>	Senior Lecturer (non tenure track)
2016-2021	Teachers College Columbia University Department of Health & Behavior Studies <b>Diabetes Education and Management Program</b> <b>Nursing Education Program</b>	Lecturer (non tenure track)
2011-2016	Teachers College Columbia University Department of Health & Behavior Studies Diabetes Education and Management Program	Adjunct Associate Professor
2009-2011	University of Phoenix Master of Science in Nursing Nursing Theory (online)	Faculty
2009-2011	Colorado Mountain College Undergraduate Anatomy & Physiology (face to face) Undergraduate Nutrition (online)	Adjunct Faculty
2002-2005	Yale University School of Nursing Community Health Clinical Rotation	Assistant Clinical Professor
1996-1998	University of Connecticut School of Nursing Nursing Research Center	Graduate Assistant
1994	Yale University School of Nursing Pediatric Clinical Rotation	Lecturer
1991-1993	Yale University School of Nursing	Research Assistant

### **Clinical Appointments**

<b>Dates</b>	<b>Organization</b>	<b>Program</b>
2000-2021	Yampa Valley Medical Center	Diabetes Care and Education Specialist
2000-2011	Yampa Valley Medical Center Diabetes Education Program	Program Director

1999	Yampa Valley Medical Center Medical/Surgical Unit	Staff Nurse
1995-1998	The Barton Center for Diabetes Education	Director of Clinical Services and Education
1996-1997	Connecticut Children's Hospital School Age/Adolescent Unit	Per Diem Staff Nurse
1995-1996	Visiting Nurse Association of Central Massachusetts	Per Diem Home Care Nurse
1994-1995	Robert Wood Johnson University Hospital Division of Pediatric Hematology-Oncology	Pediatric Clinical Nurse Specialist
1992-1994	Yale-New Haven Hospital Adolescent Unit	Staff Nurse
<b>Consulting Dates</b>	<b>Organization</b>	<b>Position</b>
2021, 2022, 2025	ASHP	Content development/CE faculty
2021	DiaNavi	Content Expert
2021	Dompé	Advisory Board
2019, 2020	Vivify Health	Content development
2017-2018	Individual diabetes professionals	Consultation on language in diabetes
	T1D Exchange	Content development
2016-2018	Johnson & Johnson Diabetes Institute	Content Expert
2018	Johnson & Johnson Diabetes Institute	Webinar presenter
2017	Joslin Diabetes Center	Test Item developer
2016	Insulet	Content Expert
2015-2018	American Camp Association	Program Planner

2015	Diabetes Education and Camping Association	Program Planner
2015	Diabetescare.net	Content Reviewer
2014	Diabetes Education and Camping Association	Project Coordinator
2013-2014	TheDX.com	Writer
2014	Paragon Risk Management Group Company Meeting	Speaker
2011-2013	Cafewell.com	Content Expert
2003-2004	Time Inc. Custom Publishing	Reviewer
1998-2004	The Barton Center for Diabetes Education	Director of Clinical Services and Education
2000	The Memorial Hospital Craig, CO	Diabetes Consultant
1999	Northwest Colorado Visiting Nurse Association	Diabetes Nurse Educator
1996-2016	Medtronic Insulet Smiths Medical Disetronic	Certified Insulin Pump Trainer

## HONOR SOCIETIES/AWARDS

- *Fellow of the Association of Diabetes Care & Education Specialists*, inducted 2025
- *Fellow of the American Academy of Nursing*, inducted 2024
- *Dare to Share Writing Award in Memory of Dr. Kathleen T. Heinrich, Nurse Educator*, 2022
- *Scholar in Residence, Advances in Nursing Science Editor Immersion Program*, 2020
- *Diabetes Educator of the Year*, American Association of Diabetes Educators, 2019
- *People to Know*, American Diabetes Association, *Diabetes Forecast*, 2016
- *Patient Voices Winner*, DiabetesMine Innovation Summit, 2015
- *Honor Staff Member*, Clara Barton Camp for Girls with Diabetes, 1995
- *Sigma Theta Tau*, Nursing Honor Society, inducted 1993
- *Cum Laude*, St. Olaf College, 1990

## RESEARCH

### Ongoing Projects

2021      **Definition of “Control” in Diabetes Care and Education.** Teachers College Columbia University IRB 21-026 Principal Investigator

### Completed Projects

2023      **Bringing an End to Diabetes Stigma: An international consensus statement.** Delphi-like study representing 18 countries, Investigator

2023      **Use of Nursing Theory in Non-Nursing Publications.** Principal investigator (project with students)

2022      **Impact of Language in Diabetes: An Integrative Review.** University of Texas Health Science Center Houston IRB – Exempt, Co-Investigator (project with students)

2021      **Person-First Language in Diabetes and Obesity Publications.** Investigator

**Problem Language in Diabetes.** Teachers College Columbia University IRB 20-166, Co-Principal Investigator

**Impact of Diabetes Self-Management and Support on Quality of Life in People with Type 1 Diabetes: A Systematic Review.** Investigator

**Technology-Enabled Diabetes Self-Management Interventions: An Umbrella Review.** Investigator

2020      **Nursing Theory-Guided Research.** Teachers College Columbia University IRB 20-431, Co-Principal Investigator (project with students)

**Nursing Knowledge in US Baccalaureate Nursing Programs.** Principal Investigator (project with students)

2019      **Hypoglycemia in the Real World.** Teachers College Columbia University IRB 19-164, Co-Principal Investigator

2018      **Diabetes Education Impact on Hypoglycemia Outcomes: A Systematic Review.** Investigator

**Promoting a Culture of Civility in Nursing Learning Environments.** University of California Davis IRB – Exempt, Co-Principal Investigator

2015      **The Experience and Evaluation of Diabetes-Related Language in Diabetes Care.** Teachers College, Columbia University IRB 15-036, Principal Investigator

## **Diabetes Education as a Career Choice. Data Analyst**

- 2003 **Nurses' Perceptions of Practicing Nursing: International Perspectives.** Investigator
- 1998 **A Meta-Analysis of Teaching Interventions in Adolescents with Diabetes.** Doctoral student research project
- 1997 **Attitudes toward Camp in Adolescent Females with Diabetes.** Doctoral student research project
- 1993-94 **Heparin Locks vs. Saline Locks.** Yale-New Haven Hospital. Adolescent Unit Nursing Research Study, data collection
- 1991-93 **Temperament in Hospitalized Children.** Data collection

## **PUBLICATIONS**

### **Original Research**

Quay, C., **Dickinson, J.K.** & O'Connell, K.A. (2025). Effects of virtual reality versus narrative case study on empathy and ageist attitudes in prelicensure nursing students. *Nursing Education Perspectives, Publish Ahead of Print*, 10.1097/01.NEP.0000000000001392. (Student dissertation)

**Dickinson, J.K.**, Wentzel, J.A., Schwenk, J., & Ayala, L. (2024). Prevalence of nursing theory citations in non-nursing publications. *Nursing Outlook*, 72, 102303. 10.1016/j.outlook.2024.102303

**Dickinson, J.K.**, Posesorski, R.E., Djiovanis, S.G., & Brady, V.J. (2024). Impact of negative or stigmatizing language on diabetes outcomes: An integrative review. *The Science of Diabetes Self-Management and Care*, 50(2), 167-178. 10.1177/263501062412326

Speight, J., Holmes-Truscott, E., Garza, M., Scibilia, R., Wagner, S., Kato, A., Pedrero, V., Deschenes, S., Guzman, S.J., Joiner, K.L., Liu, S., Willaing, I., Babbott, K.M., Cleal, B., **Dickinson, J.K.**, Halliday, J.A., Morrissey, E.C., Nefs, G., O'Donnell, S., ...Skinner, T.C. (2024). Bringing an end to diabetes stigma and discrimination: An international consensus statement on evidence and recommendations. *The Lancet Diabetes & Endocrinology*, 12(1), 61-82. 10.1016/S2213-8587(23)00347-9

**Dickinson, J.K.**, Quay, C., & Dolen, E. (2023). Use of nursing theory to guide doctoral research: An exploratory study. *Nursing Science Quarterly*, 36(4), 381-386. 10.1177/08943184231187868

**Dickinson, J.K.**, Guzman, S.J., & Wooldridge, J.S. (2023). The emotional impact of negative language in people with diabetes: A descriptive study using a semantic differential scale. *The Science of Diabetes Self-Management and Care*, 49(3), 193-205. [10.1177/26350106231168326](https://doi.org/10.1177/26350106231168326)

Richards, S.J., O'Connell, K.A., & **Dickinson, J.K.** (2023). Acknowledging stigma: Levels of prejudice among undergraduate nursing students toward people living with a mental illness – A quasi-

experimental single-group study. *Issues in Mental Health Nursing*, 44(8), 778-786.  
[10.1080/01612840.2023.2229438](https://doi.org/10.1080/01612840.2023.2229438) (Student dissertation)

**Dickinson, J.K.**, Juan, S., McGuane, A., & McKenzie-Henry, I.A. (2023). Use of nursing concepts in program and course descriptions: An analysis of prelicensure baccalaureate nursing programs in the United States. *Nurse Educator*, 48(1), 1-6. [10.1097/NNE.0000000000001256](https://doi.org/10.1097/NNE.0000000000001256)

**Dickinson, J.K.**, Bialonczyk, D., Reece, J., Kyle, T.K., Close, K.L., Nadglowski, J., Johnson, K., Garza, M., Pash, E., & Chiquette, E. (2023). Peron-first language in diabetes and obesity scientific publications. *Diabetic Medicine*, 40(9), e15067. DOI: 10.1111/dme.15067  
*Top Cited Article (among works published between January 1, 2023, and December 31, 2023)*  
*Recognition, Diabetic Medicine*, 2025

Akturk, H.K., Rompicheria, S., Riales, N., Desimone, M., Weinstock, R.S., Haw, S. J., Ziemer, D.C., **Dickinson, J.K.**, Agarwal, S., Ebekozen, O. & Polsky, S. (2023). Factors associated with improved A1C among adults with type 1 diabetes in the United States. *Clinical Diabetes*, 41(1), 76-80. [10.2337/cd22-0067](https://doi.org/10.2337/cd22-0067)

**Dickinson, J.K.**, & Litchman, M.L. (2022). Understanding hypoglycemia in the real world. *The Science of Diabetes Self-Management and Care*, 48(4). [10.1177/26350106221102855](https://doi.org/10.1177/26350106221102855)

Davidson, P., LaManna, J., Davis, J., Ojeda, M.M., Hyer, S., **Dickinson, J.K.**, Todd, A., Hammons, T.M., Fahim, S.M., McDaniel, C.C., McKee, C.A., Clements, J.N., Litchman, M.L., Blanchette, J.E., & Kavookjian, J. (2022). The effects of diabetes self-management education on quality of life for persons with type 1 diabetes: A systematic review of randomized controlled trials. *The Science of Diabetes Self-Management and Care*, 48(2), 111-135. doi:[10.1177/26350106211070266](https://doi.org/10.1177/26350106211070266).

Greenwood, D.A., Litchman, M.L., Isaacs, D., Blanchette, J.E., **Dickinson, J.K.**, Hughes, A., Colicchio, V.D., Ye, J., Yehl, K., Todd, A., & Peeples, M.M. (2021). A new taxonomy for technology-enabled diabetes self-management interventions: Results of an umbrella review. *Journal of Diabetes Science and Technology*, 16(4). doi: 10.1177/19322968211036430

Ackerman-Barger, K., **Dickinson, J.K.**, Martin, L.D. (2021). Promoting a culture of civility in nursing learning environments. *Nurse Educator*, 46(4), 234-238. doi: 10.1097/NNE.0000000000000929

LaManna, J., Litchman, M.L., **Dickinson, J.K.**, Todd, A., Julius, M.M., Whitehouse, C.R., Hyer, S., & Kavookjian, J. (2019). Diabetes education impact on hypoglycemia outcomes: A systematic review of evidence and gaps in the literature. *The Diabetes Educator*, 45(4), 349-369.

Rinker, J., **Dickinson, J.K.**, Litchman, M.L., Williams, A.S., Kolb, L.E., Cox, C., & Lipman, R.D. (2018). The 2017 diabetes educator and the diabetes self-management education national practice survey. *The Diabetes Educator*, 44(3), 260-268.

**Dickinson, J.K.** (2018). The experience of diabetes-related language in diabetes care. *Diabetes Spectrum*, 31(1), 58-64.

**Dickinson, J.K.**, Lipman, R.D., & O'Brian, C.A. (2015). Diabetes as a career choice. *The Diabetes Educator*, 41(6), 665-676.

Ravert, P., Line Detwiler, T., & **Dickinson, J.K.** (2011). Mean oxygen saturation in well neonates at altitudes between 4498 and 8150 feet. *Advances in Neonatal Care*, 11(6), 412-417.

**Dickinson, J.K.** & O'Reilly, M.M. (2004). The lived experience of adolescent females with type 1 diabetes. *The Diabetes Educator*, 30(1), 99-107.

Bernal, H., Woolley, S., Schensul, J.J., & **Dickinson, J.K.** (2000). Correlates of self-efficacy in diabetes self-care among Hispanic adults with diabetes mellitus. *The Diabetes Educator*, 26(4), 673-680.

### Other refereed journal articles

Ebekozien, O., Mungmode, A., Buckingham, D. Greenfield, M., Talib, R., Steenkamp, D., Haw, S.J., Harris, M. Mathias, P., **Dickinson, J.K.**, & Agarwal, S. (2022). Achieving equity in diabetes research: Borrowing from the field of quality improvement using a practical framework and improvement tools. *Diabetes Spectrum*, 35(3), 304-312. [10.2337/dsi22-0002](https://doi.org/10.2337/dsi22-0002)

Rodriguez, K., Ryan, D., **Dickinson, J.K.**, & Phan, V. (2022). Improving quality outcomes: The value of diabetes care and education specialists. *Clinical Diabetes*, 40(3). [10.2337/cd21-0089](https://doi.org/10.2337/cd21-0089)

MacDonald, B.J., & **Dickinson, J.K.** (2021). Breaking out of the system and moving to strengths-based care. *Nursing*, 51(8), 39-42.

**Dickinson, J.K.** (2020). A broader look at insulin. *American Nurse*, 16(6), 14-19.

**Dickinson, J.K.** & Funnell, M.M. (2019). Diabetes: Changing the conversation. *Nursing*, 49(6). 56-60.

McDonald, J.E. & **Dickinson, J.K.** (2019). A novel approach to helping people with glaucoma use their drops routinely. *Optometry and Vision Science*, 96(5), 331-334.

Skinner, T., Byrne, M., **Dickinson, J.K.**, Fisher, L., Funnell, M., Guzman, S., Hendrieckx, C., Hermanns, N., Kanc, K., Lloyd, C., Mocan, A., Nouwen, A., Pouwer, F., Saleh-Stattn, N., Snoek, F., Speight, J., Sturt, J., Vallis, M., Wagner, J., ...Zoffmann, V. (2019), Comment on the consensus report on the management of hyperglycaemia in Type 2 diabetes by the American Diabetes Association and the European Association for the Study of Diabetes. *Diabetic Medicine*, 36, 911-912.  
doi:[10.1111/dme.13934](https://doi.org/10.1111/dme.13934)

Beyond A1C Writing Group (2018). Need for regulatory change to incorporate beyond A1C glycemic metrics. *Diabetes Care* 41(6), e92-e94.

**Dickinson, J.K.**, Guzman, S.J., Maryniuk, M.D., O'Brian, C.A., Kadohiro, J.K., Jackson, R.A., D'Hondt, N., Montgomery, B., Close, K.L., & Funnell, M.M. (2017). The use of language in diabetes care and education. *Diabetes Care*, 40, 1790-1799. [10.2337/dci17-0041](https://doi.org/10.2337/dci17-0041)



**Dickinson, J.K.**, Guzman, S.J., Maryniuk, M.D., O'Brian, C.A., Kadohiro, J.K., Jackson, R.A., D'Hondt, N., Montgomery, B., Close, K.L., & Funnell, M.M. (2017). The use of language in diabetes care and education. *The Diabetes Educator*, 43(6), 551-564. DOI: 10.1177/0145721717735535

**Dickinson, J.K.** (2017). The effect of words on health and diabetes. *Diabetes Spectrum*, 30(1), 11-16.

**Dickinson, J.K.** & Maryniuk, M.D. (2017). Building therapeutic relationships: Choosing words that put people first. *Clinical Diabetes*, 35(1), 51-54.

**Dickinson, J.K.**, Scollan-Koliopoulos, M., Vergili, J.M., & O'Connell, K.A. (2013). The process and rationale for an online master's program in diabetes education and management. *The Diabetes Educator*, 39(3), 281-288.

**Dickinson, J.K.** (1999). A critical social theory approach to nursing care of adolescents with diabetes. *Issues in Comprehensive Pediatric Nursing*, 22(4), 143-152.

### Guest Editorials

**Dickinson, J.K.** (in press). The value of nursing science: We need our collective voice. *Advances in Nursing Science*.

**Dickinson, J.K.** (2021). Nursing theories need better branding. *Advances in Nursing Science*, 44(3), 181-182. Doi:10.1097/ANS.0000000000000389

### Columns

#### **From the President**

Dickinson, J.K. (2024). It's all part of the journey. *ADCES in Practice*, 12(1), January, 6-7.

Dickinson, J.K. (2024). Same strategy, new strategic plan. *ADCES in Practice*, 12(2), March, 6-7.

Dickinson, J.K. (2024). Join me at ADCES24: Our annual immersive diabetes care and education experience. *ADCES in Practice*, 12(3), May, 6-7.

Dickinson, J.K. (2024). Advocacy matters. *ADCES in Practice* 12(4), July, 6-7.

Dickinson, J.K. (2024). The emotional side of diabetes. *ADCES in Practice*, 12(5), September, 6-7.

Dickinson, J.K. (2024). Getting involved matters. *ADCES in Practice*, 12(6), November, 6-7.

### Published abstracts:

Bialonczyk, D., **Dickinson, J.K.**, Reece, J.D., Kyle, T.K., Nadglowski, J.F., Johnson, K., Garza, M., Pash, E., Chiquette, E., & Close, K.L. (2022). 929-P: Person-first language in diabetes and obesity scientific publications: Are we making progress? *Diabetes*, 71(Supplement\_1). DOI: [10.2337/db22-929-P](https://doi.org/10.2337/db22-929-P)

**Dickinson, J.K.** & Litchman, M.L. (2020). Hypoglycemia in the real world. *The Diabetes Educator*, 46, 398-406.

LaManna, J.B., Kavookjian, J., **Dickinson, J.K.**, Litchman, M.L., Todd, A., Whitehouse, C.R., Hyer, S., & Julius, M.M. (2019). A call to action: It's time for diabetes educators to do something about hypoglycemia! *The Diabetes Educator*, 45, 452.

### Non-refereed publications

**Dickinson, J.K.**, Cox, C., Clements, J.N., & DiNardo, M.M. (2021). Person-centered care: Are we doing it? *ADCES in Practice*, 9(6), 34-37. [10.1177/2633559X211034476](https://doi.org/10.1177/2633559X211034476).

**Dickinson, J.K.**, Burke, S.D., Traficano, S. (2021). From diabetes educators to diabetes care and education specialists. *ADCES in Practice*, 9(5), 52-55. [10.1177/2633559X211029960](https://doi.org/10.1177/2633559X211029960).

**Dickinson, J.K.** (2020). Respecting the lived experience of people with diabetes. *ADCES in Practice*, 8(3), 45.

**Dickinson, J.K.** (2018). Words for the wise. *Diabetes Forecast*, March/April, 22-23.

**Dickinson, J.K.** (2018, January 31). Word choice matters in diabetes care. *Glu*.  
<https://myglu.org/articles/word-choice-matters-in-diabetes-care>

**Dickinson, J.K.**, Kocurek, B., Reed, A.A., & Painter, N.A. (2017). Understanding and applying the AADE competencies for diabetes educators and paraprofessionals. *AADE in Practice*, 5(1), 24-29.

**Dickinson, J.K.** (2017). Kids with diabetes in the non-diabetes camp setting. *Camping Magazine*, 90(1), 34-37.

McDonald, J.E. & **Dickinson, J.K.** (2016). Visualizing change: Diabetes educators screening for retinopathy. *AADE in Practice* 4(1), 28-32.

### Textbook Chapters

**Dickinson, J.K.** (2026). Diabetes. In Harding, Kwong, Roberts, Hagler, & Reinisch (Eds.) (Chapter 53). *Lewis's Medical-Surgical Nursing: Assessment and Management of Clinical Problems* (13<sup>th</sup> ed.). Elsevier.

**Dickinson, J.K.** (2023). Pathophysiology. In Cornell, Miller, & Urbanski (Eds.) (Chapter 13). *The Art and Science of Diabetes Self-Management Education Desk Reference* (6<sup>th</sup> ed.). Association of Diabetes Care and Education Specialists.

**Dickinson, J.K.**, Maryniuk, M.D., & Powers, M.A. (2023). Opportunities and challenges in diabetes education. In Rodriguez-Saldana, J. (Ed.) *The Diabetes Textbook: Clinical Principles, Patient Management, and Public Health Issues* (2<sup>nd</sup> ed.). Springer.

**Dickinson, J.K.** (2022). Diabetes. In Harding, Kwong, Roberts, Hagler, & Reinisch (Eds.) (Chapter 53). *Lewis's Medical-Surgical Nursing: Assessment and Management of Clinical Problems* (12<sup>th</sup> ed.). Elsevier.

**Dickinson, J.K.** (2020). Pathophysiology. In Cornell, Halstenson, & Miller (Eds.) (Chapter 13). *The Art and Science of Diabetes Self-Management Education Desk Reference* (5<sup>th</sup> ed.). Association of Diabetes Care and Education Specialists.

**Dickinson, J.K.**, Maryniuk, M.D., & Powers, M.A. (2019). Opportunities and Challenges in Diabetes Education in Rodriguez-Saldana, J. (Ed.) *The Diabetes Textbook: Clinical Principles, Patient Management, and Public Health Issues*. Springer.

**Dickinson, J.K.** (2019). Diabetes. In Harding, Kwong, Roberts, Hagler, & Reinisch (Eds.) (Chapter 48). *Lewis's Medical-Surgical Nursing: Assessment and Management of Clinical Problems* (11<sup>th</sup> ed.). Elsevier.

**Dickinson, J.K.** (2017). Pathophysiology. In Cornell, Halstenson, & Miller (Eds.) (Chapter 13). *The Art and Science of Diabetes Self-Management Education Desk Reference* (4<sup>th</sup> ed.). American Association of Diabetes Educators.

**Dickinson, J.K.** (2016). Diabetes. In Lewis, Bucher, Heitkemper, Harding, Kwong & Roberts (Eds.) (Chapter 48). *Medical-Surgical Nursing: Assessment and Management of Clinical Problems* (10<sup>th</sup> ed.). Elsevier.

## Books

**Dickinson, J.K.** (2013). *People with diabetes can eat anything: It's all about balance*. Charleston: Media 117.

**Dickinson, J.K.** (2013). *Diabetes Karma*. [www.smashwords.com](http://www.smashwords.com)

## Blog Contributions

[www.janekdickinson.com](http://www.janekdickinson.com)

[www.nursology.net](http://www.nursology.net)

[www.nursemanifest.com](http://www.nursemanifest.com)

[www.diabetescare.net](http://www.diabetescare.net)

[www.thedx.com](http://www.thedx.com)

## EDITORIAL BOARDS

2021-present *Advances in Nursing Science*, Advisory Board

2019-2021 *Patient Education and Counseling*, Associate Editor

2018-2023 *Diabetes Spectrum*, Associate Editor

## REVIEWING

### Peer Reviewer:

2025 *Nursing Inquiry*  
 2025 *BMJ Open Diabetes Research & Care*  
 2024-present *Diabetic Medicine*  
 2021-present *Advances in Nursing Science*  
 2020-present *PLOS One*  
 2020-present *ADCES in Practice*  
 2018-present *Research in Nursing and Health*  
 2021 *BMJ Health Services Research*  
 2021 *Preventive Medicine*  
 2020-2023 *International Journal of Nursing Studies*  
 2019-2024 *Diabetes Spectrum*  
 2019-2023 *Patient Education and Counseling*  
 2019-2021 *American Journal of Preventive Medicine*  
 2018-2023 *Clinical Diabetes*

## PROFESSIONAL SERVICE

Dates	Program/Organization/Institution	Role
2024	University of Utah Nurse Practitioner Program <i>Panel for Leadership &amp; Policy</i>	Panel member
2023	University of Central Florida DNP Intensive <i>The Way We Talk to and About People with Diabetes: Why it Matters</i>	Speaker
2021	College Diabetes Network <i>Why Language Matters in Diabetes Care and Education</i>	Speaker
2021	Diversity in Diabetes <i>How We Talk about Diabetes Matters</i>	Speaker
2021, 2017	Yale University School of Nursing <i>Diabetes in Children &amp; Adolescents</i>	Speaker
2019	Chamberlain College of Nursing Doctor of Nursing Practice	Preceptor

2011-2017	Colorado Northwestern Community College <i>Diabetes in Children</i>	Speaker
2014-2015	Regis University Loretto Heights School of Nursing Doctor of Nursing Practice Capstone Project	Clinical Mentor
2010	Regis University Loretto Heights School of Nursing Undergraduate Senior Practicum	Clinical Mentor

## INSTITUTIONAL AND COMMITTEE SERVICE

### Institutional

MS-RDN Advisory Board, Program in Nutrition, Teachers College Columbia University, New York, New York, 2023-present

CARES Committee, Teachers College Columbia University, New York, New York, 2021-2022

Diabetes Advisory Committee, Yampa Valley Medical Center, Steamboat Springs, Colorado, 2001-2011

Committee for Patient Information and Communication, Yampa Valley Medical Center, 2001-2006

Cultural Diversity Committee, Yampa Valley Medical Center, 2004-2008

Patient Assessment and Patient/Family Education Task Force, Yampa Valley Medical Center, 2006-2008

Policy Committee, Yampa Valley Medical Center, 2005-2009

### Regional

Rocky Mountain Association of Diabetes Education, Annual Meeting Planning Committee, Continuing Education Sub-Committee, (Nurse Planner), 2016

Colorado Diabetes Advisory Council Executive Committee (Program Committee Chair), 2004-2007

Colorado Diabetes Advisory Council, Steering Committee, 2003-2004

Diabetes Care Team, The Memorial Hospital, Craig, Colorado, 1999-2002

### National

Association of Diabetes Care & Education Specialists

Board of Directors:

Immediate Past President: 2025

President: 2024

President-Elect: 2023

Director: 2020-2022

Chair, Stakeholders and Member Relations Committee, 2022

Annual Meeting Planning Committee, 2020

American Association of Diabetes Educators (now Association of Diabetes Care & Education Specialists name change in 2020)

Annual Meeting Planning Committee, 2019, 2020

Gaps Analysis (co-chair), 2019

Research Committee, 2015-2020 (co-chair 2016-2017)  
 National Practice Survey Revision Committee, 2017  
 Joint Position Statement on Language in Diabetes Care Writing Committee, (Chair/Lead Author), 2015-2017  
 Diabetes Education Competencies Update Committee, 2015  
 Annual Meeting Planning Committee, 2012, 2014  
 Professional Development and Educational Resources Committee 2003-2007  
 Continuing Education Reviewer, External Materials Reviewer, Webinar Post-test Item Writer, Research Reviewer 2001-2003

#### T1D Exchange

Publications Committee, 2022-2023  
 Patient/Caregiver Advisory Board, 2017-2023  
 Clinical/Research Advisory Committee, 2017-2019

#### American Diabetes Association

Professional Section, 2016-present  
 Scientific Sessions Diabetes Education Abstract Reviewer, 2019  
 Scientific Sessions Planning Committee, Education Subcommittee, 2017-2018  
 Professional Section, Professional Publications Editorial Board, Council on Education, Council on Diabetes in Youth 1995-2011

Diabetes Education and Camping Association, Research Committee, 2011-2014

Association of Camp Nurses, Diabetes Resource Nurse, 1997-2006

#### Invited Summit Participation

*Using Language to Promote Health Equity*, ADCES Pre-Conference Summit, 2024  
*Caring for Young Adults in the Adult Care Setting Conference*, Joslin Diabetes Center, 2019  
*Beyond A1C Consensus Conference*, The Diatribe Foundation, 2017  
*DiabetesMine Innovation Summit*, 2015  
*Research Summit*, American Association of Diabetes Educators, 2012  
*Workforce Summit*, American Association of Diabetes Educators, 2012

#### INVITED PRESENTATIONS

##### International

1. *DSMES in the US*, International Webinar on Diabetes Education, Fatmawati Hospital, Jakarta, Indonesia, Virtual, 2024
2. *The Language of Diabetes Matters in any Culture*, International Diabetes Federation – Diabetes Congress, Busan, South Korea, 2019

##### National

1. *Above the Bias*. Panel member. Launch of Abbott Diabetes Care's campaign to remove stigma in diabetes, New York, New York, 2025.
2. *Messages in Diabetes*. Presentation for Tandem employees, Virtual, 2024.
3. *President's Address: My Journey to Person-Centered Care*. Association of Diabetes Care & Education Specialists 2024 Annual Conference, New Orleans, Louisiana, 2024.
4. *Diabetes Language & Why it Matters*. Brown Bag Discussion Series Q and A Session, Diabetes Patient Advocacy Coalition, Virtual, 2024.

5. *Changing the Language of Diabetes*. Advancements in Diabetes Webinar, Indian Health Service, Virtual, 2023.
6. *The Emotional Side of Diabetes*. American Diabetes Association Clinical Update Conference, Tampa, Florida, 2023.
7. *Using Strengths-Based Language in Diabetes, Mental Health, Eating Disorders, and Body Size*. Association of Diabetes Care & Education Specialists Annual Meeting, Baltimore, Maryland, 2022
8. *Perspectives from People Living with Diabetes: What we need from the DCES. Panel Moderator*. Association of Diabetes Care & Education Specialists Annual Meeting, Baltimore, Maryland, 2022
9. *A Message of Hope: Diabetes Language Matters*, American Diabetes Association Clinical Update Course, Virtual, 2022
10. *Preparing Diabetes Care and Education Specialists in 2021 and Beyond*, American Diabetes Association 81<sup>st</sup> Scientific Sessions, Virtual, 2021
11. *Language that Promotes Engagement in Diabetes Care*, Medication Safety Learning and Action Network Webinar, Virtual, 2020
12. *Optimizing Engagement in Young Adults*, Caring for Young Adults in the Adult Care Setting Conference, Joslin Diabetes Center, Boston, Massachusetts, 2019
13. *Not the Word Police: What the Language Movement in Diabetes is Really About*, American Association of Diabetes Educators Annual Meeting, Houston, Texas, 2019
14. *Language Matters*, Friends for Life Diabetes Conference, Orlando, Florida, 2019
15. *Language Matters—A Health Care Professional's Perspective*, American Diabetes Association 79<sup>th</sup> Scientific Sessions, San Francisco, California, 2019
16. *Not the Word Police: What the Language Movement in Diabetes is Really About*, Diabetes Educator of the Year Webinar, American Association of Diabetes Educators, virtual, 2019
17. *The Language of Diabetes*, Cardiometabolic Risk Summit, San Antonio, TX, 2018
18. *The Language of Diabetes*, 33<sup>rd</sup> Annual Clinical Conference on Diabetes, American Diabetes Association, Naples, Florida, 2018
19. *Language for Diabetes Care and Education*, (webinar), Johnson & Johnson Diabetes Institute, 2018
20. *Diabetes & Language*, T1D Exchange Learning Group Meeting, Denver, Colorado, 2017
21. *Perspectives on Terminology*, diaTribe Foundation's Outcomes Beyond A1C Consensus Conference, Bethesda, Maryland, 2017
22. *The Use of Language in Diabetes: Why Words Matter*, American Diabetes Association 77<sup>th</sup> Scientific Sessions, San Diego, California, 2017
23. *Including Kids with Diabetes in the Non-Diabetes Camp Setting*, American Camp Association National Conference, Albuquerque, New Mexico, 2017
24. *Celebrate and Inspire Innovation: The Type 3 Perspective*, Panelist, T1D Exchange Annual Meeting, Boston, Massachusetts, 2016
25. *Exploring and Embracing the AADE Competencies for Diabetes Educators and Paraprofessionals*, American Association of Diabetes Educators Annual Meeting, San Diego, California, 2016
26. *Competencies for Diabetes Educators and Paraprofessionals*, American Diabetes Association Advanced Post Graduate Course, San Francisco, California, 2016
27. *Sending Messages of Strength and Hope*, Diabetes Education and Camping Association National Symposium, Atlanta, Georgia, 2016

28. *You Can't Eat That! The Effect of Words on Diabetes*, Live Interview, TuDiabetes.org, 2015

### Regional

1. *ADCES President's Message: Update and Priorities*. The Annual ADCES Colorado Conference, Denver, Colorado, 2024.
2. *The Impact of Messages in Diabetes*. Presentation for the Ohio Diabetes Self-Management Education Provider Network, Virtual, 2024.
3. *The Impact of Messages in Diabetes*. Presentation for the staff at the Association of Diabetes Care & Education, Chicago, Illinois, 2024.
4. *Person-Centered Language in Diabetes Care and Education*. Iowa Diabetes and Wellness Summit, Virtual, 2023.
5. *The Way We Talk to and About People with Diabetes: Why it Matters*. NPACE Pharmacology and Primary Care Conference, Denver, Colorado, 2023.
6. *The Language of Diabetes: Putting People First*. Alabama Coordinating Body Member Meeting, Virtual, 2022
7. *The Language of Diabetes: Putting People First*. 2022 Diabetes Care & Education Conference, Wisconsin Nurses Association and ADCES WI Coordinating Body, Osh Kosh, Wisconsin, 2022
8. *How we Talk (and Write) about Diabetes Matters*. Endocrine Grand Rounds, Weill Cornell Medicine, Virtual, 2022
9. *Rationale and Strategies for More Effective Communication in Diabetes*. Grand Rounds, Joslin Diabetes Center, Virtual, 2022
10. *Language and Messages in Diabetes: Why They Matter*. Colorado Community Health Network, Webinar, 2022
11. *Messages Matter*, Montana Healthcare Conference, Virtual, 2021
12. *Changing the Message of Diabetes*, Kentucky Diabetes Learning Collaborative, Virtual, 2021
13. *Changing the Culture of Diabetes through our Messages*, Cleveland Clinic, Virtual, 2020
14. *The Language in Diabetes: Messages Matter*, Montana Primary Care Association, Virtual, 2020
15. *Changing the Messages of Diabetes*, Kentucky Diabetes Learning Collaborative, Virtual, 2020
16. *Changing the Language of Diabetes*, Barnstable Brown Diabetes Center Symposium, Lexington, Kentucky, 2019
17. *Changing the Language of Diabetes*, 31<sup>st</sup> Annual Diabetes Conference, UNC, Charlotte, North Carolina, 2019
18. *Not the Word Police: What the Language Movement in Diabetes is Really About*, Diabetes Educator of the Year Speaking Tour, Madison, Wisconsin; Albuquerque, New Mexico; Manchester, New Hampshire; 2019
19. *The Language of Diabetes: How our Words Can Help or Harm*, Keynote Speaker, 21<sup>st</sup> Annual Montana Diabetes Professional Conference, Butte, Montana, 2018
20. *The Way We Talk to People with Diabetes Makes a Difference*, Keynote Speaker, Vermont Association of Diabetes Educators Annual Meeting, Killington, Vermont, 2018
21. *The Language of Diabetes: How Our Words Can Help or Hurt*, International Diabetes Center, Minneapolis, Minnesota, 2018
22. *Success Along the Diabetes Journey: How Language Helps Find Motivation*, Rocky Mountain Association of Diabetes Educators Annual Meeting, Denver, Colorado, 2013
23. *Life with Diabetes: From Personal to Professional*, Denver, Colorado, 2006
24. *Learn, Laugh, Live*, The Barton Center for Diabetes Education, North Oxford, Massachusetts, 2005



25. *Out of Bounds: Hypoglycemia, Hyperglycemia, and DKA*, The Barton Center for Diabetes Education, North Oxford, Massachusetts, 2000
26. *Managing Diabetes in the Camp Setting*, International Camp Health Conference, Association of Camp Nurses, Bemidji, Minnesota, 1999
27. *Camp Staff Education*, Clara Barton Diabetes Center/The Barton Center for Diabetes Education, North Oxford, Massachusetts, 1995-2001

## Local

1. *Holidays and Diabetes*, UCHHealth Community Presentation, Virtual, 2021
2. *The Language of Diabetes: Why it Matters*, Diabetes Counts Network, Grand Junction, Colorado, 2018
3. *Treat Yourself Like Gold: Three Ways to Win at Diabetes*, Group Session Leader, Yampa Valley Medical Associates, Steamboat Springs, Colorado, 2018
4. *Making (Sugar-Free) Lemonade: Living Better with Diabetes*, Diabetes Update – Poudre Valley Hospital, Fort Collins, Colorado, 2014
5. *Diabetes Pathophysiology and Emergencies*, Yampa Valley Medical Center, Steamboat Springs, Colorado, 2012
6. *Diabetes Education*, Clinical Conferences for second-year ADN nursing students, Colorado Northwestern Community College, Craig, Colorado, 2010
7. *What We Know About Glucose Monitoring After 25ish Years*, Yampa Valley Medical Center, Steamboat Springs, Colorado, 2009
8. *Inpatient Diabetes Education*, Yampa Valley Medical Center, Steamboat Springs, Colorado, 2009
9. *Diabetes Update*, Yampa Valley Medical Center, Steamboat Springs, Colorado, 2008
10. *Knocked Up and Knocked Down: Update on Gestational Diabetes Mellitus*, Yampa Valley Medical Center, Steamboat Springs, Colorado, 2008
11. *Living with Diabetes in 2008: Diabetes Management Update*, Kremmling Memorial Hospital, Kremmling, Colorado, 2008
12. *Diabetes in the Young Child*, Winter Park, Colorado, 2008
13. *Insulin Pump Therapy*, Steamboat Springs, Colorado, 2007
14. *Diabetes in Pediatric/OB Nursing*, Yampa Valley Medical Center, Steamboat Springs, Colorado, 2007
15. *Exubera: Inhaled Insulin Update*, Steamboat Springs, Colorado, 2007
16. *From Noncompliant to Neurotic: Life with Diabetes in 2007*, Yampa Valley Medical Center, Steamboat Springs, Colorado, 2007
17. *Preventing Diabetes – overview*, Yampa Valley Medical Center, Steamboat Springs, Colorado, 2007
18. *Diabetes Update*, Yampa Valley Medical Center, Steamboat Springs, Colorado, 2006
19. *Pre-diabetes*, Yampa Valley Medical Center, Steamboat Springs, Colorado, 2005
20. *Diabetes Update*, outlying communities in northwestern Colorado, 2005
21. *New Trends in Diabetes Management*, Northwest Colorado Visiting Nurse Association, Steamboat Springs, Colorado, 2004
22. *Diabetes Emergencies*, Colorado Mountain College, Steamboat Springs, Colorado, 2004
23. *Insulin Pump Therapy*, Yampa Valley Medical Center, Steamboat Springs, Colorado, 2004
24. *Pre-Diabetes*, Yampa Valley Medical Center, Steamboat Springs, Colorado, 2003

25. *People with Diabetes Can Eat Anything: Principles of the Consistent Carbohydrate Meal Plan and its Use in the Hospital*, Yampa Valley Medical Center, Steamboat Springs, Colorado, 2003
26. *People with Diabetes Can Eat Anything: Nutrition Management of Type 2 Diabetes*, Yampa Valley Medical Center, Steamboat Springs, Colorado, 2003
27. *Visualize Good Health*, Steamboat Ski and Resort Corporation, Yampa Valley Medical Center, Steamboat Springs, Colorado, 2002
28. *Diabetes and Heart Disease*, Yampa Valley Medical Center, Steamboat Springs, Colorado, 2002
29. *Get in Control: Intensive Diabetes Management*, Yampa Valley Medical Center, Steamboat Springs, Colorado, 2002
30. *How to Get the Most Out of Your Health Care*, Steamboat Ski and Resort Corporation, Yampa Valley Medical Center, Steamboat Springs, Colorado, 2002
31. *Managing Type 1 Diabetes in the School Setting*, Routt County, Colorado, 2001-2006
32. *The Diabetes Epidemic: What You Can do to Decrease your Risk*, Steamboat Ski and Resort Corporation, Steamboat Springs, Colorado, 2001
33. *Eighty Years of Insulin*, Yampa Valley Medical Center, Steamboat Springs, Colorado, 2001
34. *Type 2 Diabetes*, Yampa Valley Medical Center, Steamboat Springs, Colorado, 2000
35. *Insulin Update*, The Memorial Hospital, Craig, Colorado, 2000
36. *Diabetes Update*, Yampa Valley Medical Center, Steamboat Springs, Colorado, 2000
37. *What to Expect from a New Diagnosis of Diabetes in Children*, The Memorial Hospital, Craig, Colorado, 1999
38. *Managing Diabetes in the School Setting*, Craig, Colorado, 1999

## PEER-REVIEWED PRESENTATIONS

### International

1. *Trust, Blame, and the Words Nurses Use*. Podium, Sigma International Research Congress, Seattle, Washington, 2025.

### National

1. *Impact of Negative or Stigmatizing Messages on Diabetes Outcomes: An Integrative Review*. Poster, Association of Diabetes Care and Education Specialists Annual Conference, New Orleans, Louisiana, 2024.
2. *Prevalence of Nursing Theory Citations in Non-Nursing Publications*. Podium, Nursing Theory Conference, Virtual, 2024.
3. *Mitigate Therapeutic Inertia with Person-Centered, Strengths-Based Messages*. Podium, Association of Diabetes Care and Education Specialists Annual Conference, Houston, Texas, 2023.
4. *Using Strengths-Based Language in Diabetes, Mental Health, Eating Disorders, and Body Size*. Podium, Association of Diabetes Care and Education Specialists Annual Meeting, Baltimore, Maryland, 2022.
5. *Person-First Language in Diabetes and Obesity Scientific Publications: Are We Making Progress?* Poster, American Diabetes Association Scientific Sessions, Baltimore, Maryland, 2022
6. *Exploring the Use of Nursing Theory to Guide Doctoral Nursing Research*, Podium, Nursing Theory Conference, Virtual, 2022
7. *Nursing Knowledge in Nursing Education*, Podium, Nursing Theory Conference, Virtual, 2021

8. *Hypoglycemia in the Real World*, Podium, Association of Diabetes Care and Education Annual Meeting, Virtual, 2020
9. *The Impact of Diabetes Education on Hypoglycemia Outcomes*, Podium, American Association of Diabetes Educators Annual Meeting, Houston, Texas, 2019
10. *How You Can Change the Language of Diabetes: An Interactive Session*, Podium, American Association of Diabetes Educators Annual Meeting, Baltimore, Maryland, 2018
11. *Why Words Matter in Diabetes Education*, Podium, American Association of Diabetes Educators Annual Meeting, Indianapolis, Indiana, 2017
12. *Seeking Answers to the Burning Questions: Research in Diabetes Education*, Podium, American Association of Diabetes Educators Annual Meeting, Indianapolis, Indiana, 2017
13. *Anything is Possible: Interprofessional Graduate Education in Diabetes Education and Management*, Podium, American Association of Diabetes Educators Annual Meeting, Philadelphia, Pennsylvania, 2013
14. *Shaping the Future of Diabetes Education Leadership*, Podium, American Association of Diabetes Educators Annual Meeting, Indianapolis, Indiana, 2012
15. *What it's Like for Adolescent Females to Live with Type 1 Diabetes*, Poster, American Association of Diabetes Educators Annual Meeting, Louisville, Kentucky, 2001

### Regional

1. *Life with Type 1 Diabetes: Sprinkling Lessons Learned into Practice*, Podium, Rocky Mountain Association of Diabetes Educators Annual Meeting, Denver, Colorado, 2016

### COURSES TAUGHT

#### Graduate level (Teachers College Columbia University)

Dates	Course	Level/Mode
2014-2022	<p>HBSD 4110 Behavior Change Strategies for Diabetes Management</p> <p>Course Description: This course explores different approaches to working with people who have diabetes and ways health care professionals can help them successfully manage and live well with diabetes. Students also explore the role of generations in behavior change. Particular focus is placed on language and how messages/words can influence patient-provider relationships and possibly health outcomes.</p>	Master's (online, asynchronous)
2011-2021	<p>HBSD 4120 Pathophysiology of Diabetes and its Related Complications</p> <p>Course Description: This course covers the physiology of normal energy metabolism and the pathophysiology of energy metabolism as seen in metabolic syndrome/pre-diabetes, the progression to type 2 diabetes, overt type 2 diabetes, as well as type 1 diabetes, gestational diabetes, and drug-induced diabetes. The risk factors for type 2 diabetes are discussed. The metabolic crises precipitated by hyperglycemia are described along with their symptoms and diagnostic features. Comorbid conditions and</p>	Master's (online, asynchronous)

disorders commonly associated with diabetes (e.g., hypertension, dyslipidemia, depression) are reviewed. The acute and chronic complications related to diabetes are discussed. The pathophysiologic pathways, signs, and symptoms of diabetes-related complications including microvascular and macrovascular disease are also addressed.

2012-2022	<p><b>HBSD 4130 Assessment of the Person with Diabetes</b></p> <p>Course Description: This course takes a deep look at assessment from new and different perspectives. Starting with the diabetes professional, we assess implicit biases and discuss the DAWN (Diabetes Attitudes Wishes and Needs) Studies, which identified a severe lack of addressing the emotional side of diabetes. We then discuss assessment of the whole person: health beliefs; education/knowledge/learning styles; health literacy; diabetes distress; culture; psychosocial as it relates to diabetes (including drug use, social determinants of health, family support, anxiety, fears, and patient-reported outcomes {PROs}); and focused clinical assessment. The importance of defining measurable, realistic and attainable goals – both clinical and behavioral – and the research behind goal setting are discussed. Nutrition and physical activity assessment are also discussed, along with special considerations for children, adolescents, and the elderly. The role of the diabetes care and education specialist in creating a trusting environment to enhance open communication with patients/clients is emphasized throughout.</p>	Master's (online, asynchronous)
2012-2022	<p><b>HBSD 4140 Preventive &amp; Therapeutic Interventions in Diabetes Management</b></p> <p>Course Description: This course covers therapies used to prevent, treat, and manage diabetes across the lifespan. Prevention of chronic co-morbidities and acute complications will be studied and discussed in accordance with evidence-informed clinical practice guidelines. Exploration of the primary components of diabetes therapeutic management will include the following:</p> <ul style="list-style-type: none"> <li>• Health behaviors in nutrition, physical activity, and exercise</li> <li>• Advanced, intensive insulin therapies</li> <li>• Glucose monitoring</li> </ul>	Master's (online, asynchronous)
2011-2023	<p><b>HBSD 4150 Diabetes Self-Management Education and Support Programs: Development, Implementation, and Evaluation</b></p> <p>Course Description: HBSD 4150 provides guidance for implementing the National Standards for Diabetes Self-Management Education and Support to create DSMES programs that will fulfill ADA recognition or ADCES accreditation requirements. The course covers the following areas addressed by the Standards:</p> <ul style="list-style-type: none"> <li>• Organizational structure, mission statement, and goals</li> <li>• Advisory group</li> </ul>	Master's (online, asynchronous)

- Needs assessments
- DSMES program oversight, planning, implementation, and evaluation
- Multidisciplinary vs. single discipline approaches to DSMES
- Written curriculum
- Documentation
- Ongoing follow-up and support
- Communication with the referring health care provider
- Continuous quality improvement (CQI)

2019, 2021, 2023	<p>HBSD 4160 Pharmacology of Diabetes</p> <p>Course Description: This course offers an in-depth exploration of the medications used to treat and reduce the risk for diabetes, as well as the drugs used to treat its related comorbidities and complications. Drug classes, names, mechanisms of action, pharmacokinetics, and pharmacodynamics will be discussed, as well as drugs currently being investigated. This course includes a discussion of the FDA approval process, drug studies, considerations for special populations, precautions, and adverse effects.</p>	Master's (online, asynchronous)
2016-2022	<p>HBSN 6000 Nursing Theory in Nursing Education</p> <p>Course Description: This course introduces the history of nursing knowledge and how this foundation has shaped and continues to shape nursing education, practice, and research. Students learn about and discuss ways of knowing in nursing and the impact of major theoretical perspectives on nursing education/practice/research. Students also consider how this body of knowledge can be used to guide policies and practices in nursing education to promote student learning and development, nursing research, and ultimately nursing practice. This course offers students an opportunity to critically appraise and develop educational approaches to effectively teach nursing knowledge. Finally, in this course, students will think about nursing theories that could be used to guide their dissertation research.</p>	Doctoral (online, asynchronous)
2022	<p>HBSN 5044 Advanced Research Methods</p> <p>Course Description: This course builds on the introductory research methods course to enhance students' abilities to design research, interpret research findings, critique research reports, and write the review of literature for their dissertation proposals. Issues affecting the design of research and interpretation of research findings in Nursing Education studies are also a focus of the course.</p>	Doctoral (online, asynchronous)
2023, 2024	<p>HBSN 6540 Dissertation Design &amp; Development</p>	Doctoral (online, asynchronous)

Course Description: This course serves to guide advanced doctoral students in producing a written dissertation proposal. Students in the course will also orally present their proposals and critique the proposals of fellow students in the course. In addition, various aspects of the research process will be discussed. Throughout the course, students will be in touch with their dissertation advisors and at specific points in the course, advisors will be asked for their feedback.

2024, 2026	HBSN 4199 Critical Issues in Diabetes for Health Care Professionals	Graduate (online, asynchronous)
	Course Description: Diabetes is the number one comorbidity in the US. Every health care professional in every discipline will see people with diabetes and therefore needs a knowledge base in the critical issues facing this population. This course provides content that will prepare current and future health care professionals to work effectively with people living with diabetes, including communication, health behavior change, monitoring, medications, technology, advocacy, research, and AI.	
2025, 2026	HBSN 4199 Introduction to Qualitative Methods for Health Care Professionals	Graduate (online, asynchronous)
	Course Description: Qualitative research has at least some of its roots in an attempt to learn about holistic and complex meaning in human health experiences. Every health professional works with humans and, therefore, needs the option to conduct research using humanistic approaches. This course presents an introduction to the various methods within qualitative research, the role of qualitative research in mixed-methods studies, and an emphasis on what and how health professionals seek to learn.	

### Undergraduate (Colorado Mountain College)

Dates	Course	Level/Mode
2009-2011	Human Anatomy & Physiology	Undergraduate (in-person)
2009-2011	Nutrition	Undergraduate (online, asynchronous)

### DOCTORAL STUDENT ADVISING

#### Teachers College Columbia University

#### Dissertation Committees: Advisor

A. Boneberg, "Assessment of the Effectiveness of Gaming as a Teaching Strategy in an Undergraduate Pharmacology Course." Final defense, 5/15/2023.

C. Quay, "Effect of Virtual Reality on Empathy and Ageist Attitudes in Nursing Students." Final defense, 11/28/23.

E. Parker, "Prebriefing for Clinical Judgment in Nursing Simulation." Final defense, 12/11/23.

A. Chahal, "Effect of High-Fidelity Manikin Versus Standardized Patient on Cultural Humility and Cultural Self-Efficacy Among Second- and Fourth-Year Baccalaureate Nursing Students." Final defense, 12/4/24.

N. Kaur, "Effect of Simulation on Cultural Humility and Cultural Competence Among Baccalaureate Nursing Students." Final defense, 12/16/24.

C. Swope, "Effect of a Social Determinants of Health Video Case Study on Attitudes Toward Poverty and Empathy in Nursing Students: A Quasi-experimental Study." Final defense, 2/18/24.

K. Giannettino, "Nursing Students' Attitudes and Beliefs About Poverty After A Classroom Activity: A Quasi-Experimental Study." Final defense, 2/20/24.

E. Saska, "Effect of a SDOH Classroom Activity on Nursing Students' Attitudes Toward Poverty and Satisfaction and Self-Confidence in Learning." Final defense, 3/11/24.

### **Dissertation Committees: Second Reader**

A. Beall, "Interprofessional Competencies among Dental Hygiene Students and Registered Dental Hygienists." Final defense, 12/16/2019.

S. Holden, "Effect of Meditation on Mindfulness, Depression, Stress, and Anxiety in Nursing Students." Final defense, 3/22/22.

D. Heinrich, "Effect of Mindfulness Meditation on the Stress, Anxiety, Mindfulness, and Self-Compassion Levels of Nursing Students." Final defense, 3/29/22.

H. Martin, "Mindfulness Via a Smartphone Application to Decrease Burnout in Nurse Preceptors." Final defense, 3/28/23.

S. Juan, "The Application of Virtual Simulation on Promoting Empathy in Undergraduate Nursing Students." Final defense, 4/4/23.

M. Campbell, "A Comparison Between Unit-Based Education and Centralized Education Among Staff Nurses." Final defense, 4/11/23.

C. Lupiani, "A Comparison of Standardized Patients with Role Play for Teaching Therapeutic Communication to Undergraduate Nursing Students." Final defense, 4/12/23.

S. Richards, "Nursing as a Process of Humanization: The Impact of an Undergraduate Mental Health Nursing Course on the Prejudice Toward People Living with a Mental Illness." Final defense, 11/28/23.

I. Torres, "Cardiac Arrest in Pregnancy Escape Room: An Experimental Education Approach in a Concurrent Maternal and Neonatal Emergency Response." Final defense, 12/12/23.

E. Dolen, "Effects of the Method of Debriefing in the Clinical Setting on Clinical Judgment, Knowledge, and Self-Confidence." Final defense, 3/13/24.

A. McGuane, "Can Concept-based Inquiry Improve Clinical Reasoning?" Final defense, 12/6/24.

J. Weiss, "Impact of Peer Review on Perceptions of Educational Practices, Self-efficacy, and Skill Remediation Rates among Online Baccalaureate Nursing Students." Final defense, 5/25/25

I. Souffrant, "Effects of High-Fidelity Simulation on Competence and State Anxiety Related to IV Medication Administration in Baccalaureate Nursing Students." Final defense, 4/15/25.

J. Tolarba, "Effects of Fully Immersive Virtual Reality on Nurses' Knowledge, Decision-Making, Self-Efficacy, and Engagement." Final defense, 4/16/25.

J. Yakoby, "The Effect of Simulated Experience on Anxiety, Clinical Judgment, Confidence, Knowledge, and Readiness to Practice in Final Semester Associate Degree Nursing Students." 4/17/25.

### **Dissertation Committees: Third Reader**

M. Abbott, "Characteristics of Successful Personal Trainers." Final defense, 12/20/17.

S. Stevenson, "Exploring Nursing Students' Knowledge and Attitudes Regarding Academic Integrity and Willingness to Report Peer Violations." Final defense, 4/28/21.

A. Willey, "Exploring Nursing Students' Knowledge and Attitudes Regarding Academic Integrity: Perception of Severity." Final defense, 6/21/21.

K. Flannigan, "Exploring Nursing Students' Knowledge and Attitudes Towards Academic Integrity: Student Perceptions of Faculty Support." Final defense, 7/15/21.

K. Becnel, "Effectiveness of Simulation-Based Case Studies in Undergraduate Nursing Students." Final defense, 4/13/22.

K. Bridges, "A Simulation Prebriefing Technique to Improve Learning Outcomes in Nursing Students." Final defense, 4/14/22.

N. Owen, "A Telehealth Simulation Experiment: Exploring Prebriefing." Final defense, 9/2/22.

W. Quashie, "From Lab to Bedside: The Transfer of Simulation Skills to Clinical Practice." Final defense, 12/18/23.

### **Master's Degree Integrative Projects: Advisor**

B. Kneteman, "Understanding Common Cultural Characteristics Shared by African Americans Related to Medication Taking in Type 2 Diabetes Mellitus." 4/7/13.

K. Shidler, "Diabetes Tool Chest." 6/27/13.

P. Pugh, "Content Design for a Web-based Diabetes Self-Management Education Program." 12/2/13.

J. Duncan-Carnesciali, "The Diabetes Prevention Program (DPP) and an Assessment of the Role ASCM RCEPS and CES Play on the DSME Team." 4/7/14.

K. Cuffe, "Making a Case for Documenting Foot Exams for Persons with Diabetes (PWD)." 8/19/14.

J. Jarine, "Developing a Patient Decision Aid to Assist in the Initiation of Insulin for Persons with Type 2 Diabetes." 1/15/15.

C. Anderson, "Creating a Diabetes Self-Management Education Program." 2/25/15.

L. Porcaro, "Evolution and Evaluation of an Inpatient Multidisciplinary Diabetes Champions Program." 3/9/15.

R. Goldhahn, "The Evidence for Teaching the Basics of Diabetes." 4/13/15.

J. Jordan, "Diabetes Self-Management Education in the Correctional Setting." 4/28/15.

L. Shapiro, "Addressing the Gap in Diabetes Education in the LGBT Community." 3/30/16.

S.R. Glassman, "An Innovative Behavior Change Tool: Integrating Motivational Interviewing (MI) and Stages of Change (SOC) as a Way to Improve Foot Care Behaviors Amongst Veterans with Diabetes." 3/31/16.

S. Brown, "Estimating A1C from Mean Blood Glucose: Relating Self-Monitored Blood Glucose to Glycemic Management." 4/26/16.

C.B. Whitaker-Clarke, "A Proposed Model for a Peripartum Exercise, Support, Stress-Reduction and Follow-up Program Addressing Gestational Diabetes in a High-Risk Urban Setting." 4/27/16.

H. Hartmann-Rothe, "An Integrative Diabetes Care and Education Project at a Student-Run Clinic in the Teachers College Columbia University Neighborhood." 4/27/16.

J. McDonald, "Screening for Diabetes Related Retinopathy: Interview and Survey of Diabetes Educators after Web Based Training." 7/5/16.

E. Jones, "Use of Virtual Diabetes Self-Management Education for the Cystic Fibrosis Related Diabetes Population." 7/12/16.



- J. Peng, "Statin Usage in Patients with Diabetes." 10/25/16.
- V.J. Lam, "A Teaching Tool on Diabetes and Nutrition for Parents of Children with Type 2 Diabetes in the North District of Hong Kong." 12/16/16.
- B. MacDonald, "Exploring Hope as a Construct in Diabetes Self-Management Education and Support." 1/25/17.
- J. Sharpe, "Diabetes HELP." 2/27/18.
- A. White, "Peers Educating, Empowering, and Providing Support (PEEPS) Diabetes Program." 3/27/18.
- C. Chan, "Addressing Health Numeracy in Diabetes Care." 2/12/19.
- L. Latchman, "Development of a Goal Setting Assessment." 4/11/19.
- L. Fakir, "Do Disruptions in Circadian Rhythms Caused by Diabetes Retinopathy Affect Glucose metabolism and Glycemic Levels in People with Diabetes, Resulting in Additional Necessary Education and Treatment? 4/15/19.
- L.J. Cortina, "A Community Needs Assessment for a Spanish Diabetes Self-Management Education and Support Program in Brooklyn, New York." 4/29/19.
- L. Flores, "Reducing Rehospitalization for Patients with Type 2 Diabetes in a Rehabilitation Facility: A Pilot Project. 4/30/19.
- T. Richardson, "In Support of Caregivers." 11/6/19.
- C. Lucy, "A Review of the Literature on the Complex Relationships between Age, Chronic Disease, Diabetes, and Mental Health: Call for Collaborative Care." 3/26/20.
- T. Comrie-Scheer, "Diabetes Education & Management Graduate Survey." 3/29/20.
- H. Raciti, " 'You and Type 2': A Weight-Neutral Support Group for People with Type 2 Diabetes." 4/5/20
- M. Mayo, "A Literature Review of Telephonic Diabetes Education for People with Type 2 Diabetes." 4/6/20.
- D. Finch, "Transition from Parental Management to Adolescent Self-Management." 4/8/20.
- E. Arteche, "Lifestyle Intervention for Prediabetes." 4/15/20.
- D. Schaeffer-Cherashore, "Diabetes Awareness Project." 4/15/20.
- S. Tohan, "Diabetes Care and Education in Medication-Assisted Opioid Use Recovery." 4/29/20.
- S. Rezac, "Diabetes Self-Management Education and Support in Pregnant Women with Type 1 Diabetes." 4/4/21.
- M. Hayes, "Do You Hear What I Hear? A Call for Change in the Language Used by Pharmacists in Diabetes." 10/22/21.
- D. Phan, "A Diabetes Foot Screening Tool." 12/15/21.
- J. Parsons, "Does Person-Centered DSMES Fit in the PCMH Model?" 12/27/21.
- M. Lechner, "Looking Beyond the 'Diabetes Basics': Increasing School Nurses' Knowledge on Caring for Middle School Students with Type 1 Diabetes." 3/21/22.
- M. Sangraula, "Diabetes Distress Among Nepali Americans." 4/18/22.
- C. Henderson, "CDC Recognized Diabetes Prevention Program Post Gestational Diabetes." 10/25/22.
- C. Mann, "Diabetes Management and Outcomes in Foster Children with Diabetes." 12/18/22.
- K. Creel, "Awareness and Use of the Untethered Approach to Sick-Day Glycemic Management Among People with Diabetes Who use an Insulin Pump." 4/6/23.
- A.M. Zelaya Villavicencio, "E-book for Diabetes Management and Support." 4/7/23.
- C. Ennis, "A Diabetes Information Website for Nurses in Pediatric Long-Term Care Settings." 3/19/24.
- J. Wilcox, "Evaluating Diabetes Technology Education of Health Care Professionals." 3/22/24.
- T. Wolff, "The Shalom T2D Project: A Diabetes Self-Management Education within the Adult Hispanic Population at a Community Clinic." 4/1/24.