

CURRICULUM VITAE

JOHN P. ALLEGRANTE

Charles Irwin Lambert Professor of Health Behavior and Education
Department of Health Studies and Applied Educational Psychology, Teachers College, Columbia University
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EDUCATION AND DEGREES

1979 Ph.D., University of Illinois at Urbana-Champaign
1976 M.S., University of Illinois at Urbana-Champaign
1974 B.S. *Cum Laude*, State University of New York at Cortland

POSTDOCTORAL FELLOWSHIP AWARDS

1987-88 Pew Policy Career Development Fellowship, RAND/UCLA Center for Health Policy Study
1985-88 W. K. Kellogg Foundation National Fellowship

RESEARCH AND TEACHING INTERESTS

Anxiety as a sociocultural phenomenon and its implication for education and mental health
Behavioral self-management and health outcomes in chronic disease
Global health promotion and health education workforce capacity and development
Health education in schools and health-care settings
Health promotion policy
Interdisciplinary applied behavioral research in clinical epidemiology and health services research
Risk and protective factors in adolescent substance use and prevention

ACADEMIC APPOINTMENTS

Current

2022- Charles Irwin Lambert Professor of Health Behavior and Education, Teachers College, Columbia University

Previous

2022 Interim Chair, Department of International and Transcultural Studies, Teachers College, Columbia University (spring term)
2013-16 Associate Vice President for International Affairs, Teachers College, Columbia University
2009-13 Deputy Provost, Teachers College, Columbia University
2007-09 Chairman, Department of Health and Behavior Studies, Teachers College, Columbia University
1993-21 Professor of Health Education, Teachers College, Columbia University
1989-96 Director, Division of Health Services, Sciences, and Education, Teachers College, Columbia University
1981-93 Associate Professor of Health Education, Teachers College, Columbia University
1980-96 Chairman, Department of Health Education, Teachers College, Columbia University
1979-81 Assistant Professor of Health Education, Teachers College, Columbia University

1974-79 Research and Teaching Assistant, University of Illinois at Urbana-Champaign

Columbia University and Teachers College Faculty Affiliations

2024- Affiliate Faculty, Teachers College Center on Chinese Education
 2020- Affiliate Scientist, Columbia Center for Injury Science and Prevention
 Affiliate Faculty, Columbia Scientific Union for the Reduction of Gun Violence
 2015- Affiliate Faculty, Teachers College Department of Education Policy and Social Analysis
 1993- Faculty at Large, Columbia University Graduate School of Arts and Sciences
 1987-2024 Adjunct Faculty, Columbia University Mailman School of Public Health

Visiting Professorships and Honorary Appointments

2025- Honorary Member, Editorial Board, *Peking University Education Review*
 2022 Honorary Professor, Reykjavik University
 2018, 2022 Erasmus+ Visiting Professor, Mary Immaculate College, University of Limerick
 2017 Distinguished Visiting Professor, University of Tokyo
 2016 Kiel Week Distinguished Visiting Scholar, Christian-Albrechts-University of Kiel; Distinguished Visiting Professor, Fudan University, Shanghai
 2013, 14 Erasmus Mundus Visiting Professor, École des Hautes Études en Santé Publique
 2007 Visiting Professor, Reykjavik University

OTHER PROFESSIONAL EXPERIENCE

2011-17 Editor-in-Chief, *Health Education & Behavior*
 2001-05 President and CEO, National Center for Health Education
 1995-17 Adjunct Professor, Department of Medicine, Weill Cornell Medical College
 1995-00 Senior Scientist, Research Division, Hospital for Special Surgery
 1994-08 Associate Director, T32 Research Training Program, Division of Clinical Epidemiology and Evaluative Sciences Research, Weill Cornell Graduate School of Medical Sciences
 1988-98 Associate Director, Education, Epidemiology and Health Services Research, Cornell Multipurpose Arthritis Center, Hospital for Special Surgery

HONORS AND DISTINCTIONS

2017 Fries Foundation and CDC Foundation Elizabeth Fries Health Education Prize Award
 2015 Doctor of Humane Letters *Honoris Causa*, State University of New York; Elected Fellow, Society of Behavioral Medicine; Mayhew Derryberry Award, Public Health Education Health Promotion Section, American Public Health Association
 2012-17 Fulbright Ambassador, Council for International Exchange of Scholars
 2009-13 International Scholar, Soros Open Society Foundations
 2007 Fulbright U.S. Scholar and Visiting Professor (Iceland)
 2006 Elected Fellow, Academy of Behavioral Medicine Research
 2005 Fulbright Specialist in Public/Global Health; Presidential Citation, American Association for Health Education; The SOPHE Trophy for Outstanding and Dedicated Service, Society for Public Health Education
 2003 Distinguished Career Award, Public Health Education and Health Promotion Section, American Public Health Association
 2002 Health Education Mentor Award, Society for Public Health Education
 1999 Distinguished Fellow Award, Society for Public Health Education
 1994 State University of New York Alumni Honor Roll

1993	Taiwan National Science Council Scholar
1985	Elected Fellow, New York Academy of Medicine; Eta Sigma Gamma Distinguished Writer's Award
1982	Distinguished Young Alumnus Award, State University of New York at Cortland
1979	U.S. Public Health Service Traineeship for Postdoctoral Study, Harvard School of Public Health

SPONSORED RESEARCH AND TRAINING GRANT SUPPORT

Active

2024-26 ***Integrating Breast Cancer and Cardiovascular Disease Risk to Explore Decision-Making for Chemoprevention Among Racially/Ethnically Diverse Women at High Risk for Breast Cancer*** (Rita Kukafka, PI). *Source:* NIH NCI. *Total costs for 2024:* \$684,333. *Goal:* To investigate where and why, on the patient's journey from understanding their risk to discussing risk-reducing medications with their provider, there is a divergence resulting in lower uptake of breast cancer chemoprevention relative to the use of statins for CVD. *Role:* Principal Investigator (Subaward).

Completed

2021-24 ***Coronavirus: Impact on Adolescent Mental Health Problems and Harmful Behaviors*** (Thorhildur Halldorsdottir, PI). *Source:* Icelandic Centre for Research (Icelandic Research Fund). *Total costs:* \$338,000. *Goal:* To 1) examine the short- and long-term effect of COVID-19 on adolescent mental health and behavior; 2) identify risk and protective factors associated with short- and long-term adolescent mental health problems and harmful behaviors during COVID-19; and 3) determine the genetic contribution towards mental health problems and harmful behaviors in adolescents following COVID-19. *Role:* Senior Co-Investigator.

2021-24 ***Subproject #3: School Violence Exposure as an Adverse Childhood Experience: A Nationwide Study of K-12 School Responses to Violence and their Impact on Youth Mental Health and Educational Outcomes*** (Sonali Rajan, PI). *Source:* CDC NCIPC R49 Columbia Center for Injury Science and Prevention (Charles Branas, PI). *Total costs:* \$100,456. *Goal:* To fill critical gaps in knowledge by collecting cross-sectional survey data from a national sample of students, teachers, and principals from twelve K-12 schools across the United States with varying degrees of exposure to school shootings by examining if the strength of the association between exposure to school safety interventions and mental health outcomes in particular varies as a function of the burden of trauma experienced within a school. *Role:* Co-Investigator.

2022-23 ***Advanced Biopsychosocial Simulation for Harmful Adolescent Behaviour (LIFECOURSE-ABMS)*** (Inga Dora Sigfusdottir and Kristinn Þórisson, Co-PIs). *Source:* European Research Council. *Total costs:* \$165,600. *Goal:* To produce a compact, unified computational infrastructure and access point for answering theoretical questions across several fields of research, including social, biological, and psychological, as well as practical questions about social programs, intervention strategies, and their deployment methodologies. *Role:* Senior Co-Investigator.

2015-20 ***A Multilevel Analysis on the Effects of Stress on Biology, Emotion and Behaviour Throughout Childhood*** (Inga Dora Sigfusdottir, PI). *Source:* European Research Council. *Total costs:* €1,999,188 (\$2,200,394). *Goal:* To improve our understanding of the the influence of stress on behavioural outcomes among adolescents, including substance use, suicidal behaviour, self-inflicted harm, and delinquency. *Role:* Co-Investigator.

- 2013-18 ***Tailored Sleep Health Education: A Community-Engaged Approach*** (Girardin Jean-Louis, John Allegrante, Gbenga Ogedegbe, PIs). *Source:* NIH NHLBI R25. *Total costs:* \$1,329,257. *Goal:* To develop innovative education tools and platforms to promote transfer of sleep health information to blacks to foster uptake of healthful sleep practices. *Role:* Principal Investigator (Subaward).
- 2012-14 ***Multilevel Analysis of Risk and Protective Factors for Risky Behaviours in Adolescents*** (Inga Dora Sigfusdottir, PI). *Source:* Icelandic Centre for Research (Icelandic Research fund). *Total costs:* ISK 5,400,000 (\$43,000). *Goal:* To improve our understanding of the social factors that influence the development of risk behaviour among adolescents, including substance use, suicidal behaviour, unprotected sex, self-inflicted harm, and delinquency. *Role:* Co-Investigator.
- 2010-12 ***Columbia University Curriculum Development Center*** (Rita Kukafka, PI). *Source:* DHHS ONCHIT U24. *Total costs:* \$1,820,000. *Goal:* To develop educational materials for key health information technology (IT) topics to be used by 70 community colleges participating in a consortia program designed to support training and development of more than 50,000 new health IT professionals in the United States. *Role:* Principal Investigator (Subaward).
- 2009-12 ***Practice-Based Trial to Improve Blood Pressure Control in Blacks with Hypertension*** (Gbenga Ogedegbe, PI). *Source:* NIH NHLBI R01. *Total costs:* \$2,325,498. *Goal:* To test the effectiveness of a practice-based comprehensive therapeutic lifestyle intervention, delivered through group-based counseling and motivational interviewing in a two-arm, randomized controlled trial in 500 poorly controlled hypertensive African-Americans, who receive care in community-based primary care practices. *Role:* Principal Investigator (Subaward).
- 2006-10 ***A Behavioral Intervention to Improve Hypertension Control in Veterans*** (Sundar Natarajan, PI). *Source:* VA HSR&D Study. *Total costs:* \$1,427,785. *Goal:* To determine whether a stage-matched intervention is effective in lowering blood pressure at 6 months compared to usual care or an attention placebo intervention in veterans with hypertension, and to evaluate the sustainability of the two interventions. *Role:* Consultant and Co-Investigator.
- 2005-10 ***Trial of Asthma Patient Education in the Emergency Room*** (Carol Mancuso, PI). *Source:* NIH NHLBI R01. *Total costs:* \$2,300,000. *Goal:* To assess the effectiveness of an intervention involving education, enhanced self-efficacy, and enhanced asthma-related social support in improving the quality of life outcomes among 214 adult patients with asthma treated in the emergency department. *Role:* Principal Investigator (Subaward).
- 2004-09 ***Complementary and Integrative Medicine Training Program*** (Mary Charlson, Director). *Source:* NIH NCCAM T32. *Total costs:* \$720,654. *Goal:* To prepare post-residency physicians with knowledge, skills, and experience to conduct scientifically rigorous research in complementary and integrative medicine. *Role:* Core Faculty (Subawzrd).
- 2002-07 ***Translational Behavioral Science Research Consortium*** (Mary Charlson, PI). *Source:* NIH NHLBI N01. *Total costs:* \$8,407,869. *Goal:* To support innovative research designed to facilitate adoption and maintenance of behavior change in the secondary prevention of adverse outcomes among patients with chronic cardiopulmonary diseases. *Role:* Principal Investigator (Subaward).
- 2001-06 ***Motivational Interviewing in Hypertensive African Americans*** (Gbenda Ogedegbe, PI). *Source:* NIH NHLBI R01. *Total costs:* \$1,424,504. *Goal:* To evaluate among 150 hypertensive African-American patients with poorly controlled hypertension followed in a community-based primary care practice whether motivational interviewing is more effective than usual care in achieving adherence to prescribed antihypertensive medications at 12 months. *Role:* Principal Investigator (Subaward).

- 1999-03 **Improving Health Behavior and Outcomes after Angioplasty** (Mary Charlson, PI). *Source:* NIH NHLBI R01. *Total costs:* \$3,079,765. *Goal:* To compare the efficacy of two strategies of motivating behavioral change—a standard approach vs. an experimental biologic age approach—in improving two-year outcomes among 660 coronary artery disease patients who have undergone angioplasty with or without stents. *Role:* Principal Investigator (Subaward).
- 1995-98 **A Cost-Benefit Analysis of a Randomized Trial of Self-Efficacy and High Intensity Strength Training to Improve Postoperative Rehabilitation of Hip Fracture Patients** (Hirsch Ruchlin, PI). *Source:* Arthritis Foundation. *Total costs:* \$224,440. *Goal:* To evaluate the cost-benefits of the overall impact of a novel, multiple-component intervention program to reduce poor functional outcomes and institutionalization following hip fracture. *Role:* Principal Investigator (Subaward)
- 1994-08 **Health Services Research Training Grant** (Mary Charlson, Director). *Source:* AHRQ T32. *Total costs:* \$7,731,576. *Goal:* To prepare post-residency physicians who will conduct methodologically rigorous health services research in a multidisciplinary environment that will enable them to develop and implement solutions to the nation’s pressing health care problems. *Role:* Associate Director.
- 1993-99 **Self-Efficacy and Strength Training to Improve Postoperative Rehabilitation of Hip Fracture** (Subproject, John Allegrante, PI). *Source:* NIH NIAMS P60 Multipurpose Arthritis Center (Charles Christian, Robert Kimberly, Stephen Paget, PIs). *Total costs:* \$315,241. *Goal:* To evaluate the overall impact of a novel, multiple-component intervention program to reduce poor functional outcomes and institutionalization following hip fracture. *Role:* Principal Investigator (Subaward)
- 1991-96 **Sociocultural and Organizational Barriers to Care for Potentially Disabling Arthritis in the Black and Latino** (Mary Charlson, PI). *Source:* Robert Wood Johnson Foundation. *Total costs:* \$50,000. *Goal:* To document the prevalence and severity of symptomatic hip or knee arthritis as well as prevailing community knowledge and attitudes towards treatments for arthritis in three community districts in Manhattan, one predominantly black, one Latino, and one white. *Role:* Co-Investigator.
- 1988-99 **Multipurpose Arthritis Center** (Charles Christian, Robert Kimberly, Stephen Paget, PIs). *Source:* NIH NIAMS P60. *Total costs:* \$10,117,069. *Goal:* To improve the care of patients with arthritis and musculoskeletal disorders by developing and supporting new research initiatives that would stimulate scientific advances in the diagnosis, prognosis, treatment, and prevention of disease; improve patients’ functional status and ability to cope; and meet emerging needs in patient and public education. *Role:* Assistant Director, Administrative Core; Associate Director, Education, Epidemiology and Health Services Research Methodology Core; and Principal Investigator (Subaward)
- 1985-90 **Study of Childhood Activity and Nutrition** (Isobel Contento, PI). *Source:* NIH NHLBI R01. *Total costs:* \$1,757,948. *Goal:* To identify the determinants of diet and physical activity behaviors in children that place them at increased risk for coronary heart disease, and to develop guidelines and recommendations that could be useful in planning and implementing health promotion interventions designed to reduce population-wide risk factors. *Role:* Co-Investigator (Year 01).

SELECTED UNIVERSITY SERVICE

- 2024- Faculty Advisory Board, Center on Chinese Education, Teachers College
- 2023-24 Standing Committee on Promotion to the Rank of Full Professor, Teachers College
- 2015-18 Faculty Steering Committee, Columbia Global Centers | Paris
- 2011-19 Fulbright Campus Representative and Program Advisor, Teachers College
- 2008-14 International Advisory Committee, Teachers College
- 2008-10 Ad-Hoc Committee on Relations between Teachers College and Columbia University
- 2009-10 Columbia University Senate

2006-10	Policy Advisory Committee and Affiliated Faculty, Office of Policy and Research, Teachers College
2005-07	Columbia University Senate (Committee on External Relations and Research Policy)
2004-08	Standing Committee on Promotion to the Rank of Full Professor, Teachers College
2002-04	College-Wide Strategic Planning Committee, Teachers College
1999-03	Faculty Executive Committee (Committee on Finance, Facilities, and Support Services, Teachers College; Chair, 2000-03)
1996-98	Financial Priorities Planning Committee, Teachers College
1995-97	Columbia University Senate (Committee on Honors and Prizes); Trustees Development Committee, Teachers College
1994-97	Columbia University Consortium in Public Policy Studies
1993-96	Institutional Review Board, Teachers College
1990-95	Scientific Advisory Board, Columbia University-Harlem Hospital Center for Health Promotion and Disease Prevention
1990-93	Executive Committee, College Policy Council, Teachers College

PROFESSIONAL SERVICE

Federal Government Peer Review Panels and Advisory Committees

2016-17	Chairman, CDC NCIPC BSC National Intimate Partner and Sexual Violence Survey Review Panel
2015	Chairman, CDC NCIPC BSC WISQARS Portfolio Review Panel
2013-18	CDC National Center for Injury Prevention and Control (NCIPC) Board of Scientific Counselors (BSC), Federal Advisory Committee by appointment of the U.S. Secretary of Health and Human Services; Chair, Secondary Review, 2017-18
2006	CDC Special Emphasis Panel for Intervention Research Grants to Promote the Health of People with Disabilities
2003	Chairman, NICHD Special Emphasis Panel for Family Management of Childhood Diabetes
2002	Chairman, NICHD Special Emphasis Panel for Interactive Computer Technology for Promoting Improved Self-Management of Insulin Dependent Diabetes Mellitus in Clinical Practice CDC Special Emphasis Panel for Community-Based Participatory Prevention Research
1996	NIH Special Emphasis Panel for Biobehavioral and Social Sciences, Human Development and Aging Study Section
1995	Chairman, NHLBI Special Review Committee for Enhancing Recovery in Coronary Heart Disease Patients, Clinical Units and Coordinating Center
1994	NCI Ad Hoc Technical Review Group, Cancer Communications Program NIA Workshop on Physical Functional Independence in Older Persons
1993	NHLBI Special Emphasis Panel for Improving Hypertensive Care for Inner City Minorities
1991	NIH Special Review Committee, Nutrition Study Section
1990	NHLBI Special Review Committee for Demonstration and Education Research, Clinical Trials Review Committee
1989	NIH Special Review Committee, Nutrition Study Section
1986	NHLBI Special Review Committee and Site Visit Team for Review of the Stanford Five-Community Study, Stanford University School of Medicine NHLBI Special Review Committee and Site Visit Team for Review of Demonstration and Education Research in the Louisiana State University School of Medicine National Research and Demonstration Center in Atherosclerosis NHLBI Special Review Committee and Site Visit Team for Review of Demonstration and Education Research in the Baylor College of Medicine National Research and Demonstration Center in Atherosclerosis NHLBI Parent Committee for Review for Demonstration and Education Research in National Research and Demonstration Centers in Atherosclerosis

- 1985 NHLBI Special Review Committee and Site Visit Team for Review of the Pawtucket Heart Health Program, Memorial Hospital Division of Health Education-Brown University Program in Medicine
NHLBI Parent Committee for Review of Demonstration and Education Research in Specialized Centers of Research in Ischemic Heart Disease; NHLBI Special Review Committee and Site Visit Team for Review of Demonstration and Education Research in the Harvard Medical School/Massachusetts General Hospital Specialized Center of Research in Ischemic Heart Disease; NHLBI Special Review Committee and Site Visit Team for Review of Demonstration and Education Research in the Washington University School of Medicine Specialized Center of Research in Ischemic Heart Disease; Chairman, NHLBI Special Review Committee and Site Visit Team for Review of Demonstration and Education Research in the University of Iowa School of Medicine Specialized Center of Research in Ischemic Heart Disease
- 1984 NHLBI Special Review Committee and Site Visit Team for Review of the Minnesota Heart Health Program, University of Minnesota School of Public Health; NHLBI Special Review Committee and Site Visit Team for Review of Demonstration and Education Research in the Louisiana State University School of Medicine Specialized Center of Research in Atherosclerosis
- 1983, 84 NHLBI Special Review Committee for School Health Promotion Research, Clinical Trials Review Committee

Professional and Scientific Committees and Advisory Roles

- 2018-20
2018 Co-Chair, Digital Health Promotion Executive Leadership Summit, Washington, DC
Scientific Committee, 10th IUHPE European Conference and International Forum for Health Promotion Research, Trondheim, Norway
- 2016-23 Board of Directors, One To World; Member and Vice-Chair, Executive Committee, and Chair, Fundraising Committee
- 2015-17 Advisory Board, Pilot Light Chefs, Chicago
- 2013 Co-Chair, School Health Education Accreditation Working Group, National Implementation Task Force on Accreditation in Health Education
- 2011- Advisory Board, Hip-Hop Public Health
- 2010-15 CDC/DHHS Healthy People 2020 Social Determinants of Health Workgroup
- 2010-11 Expert Panel, European Core Competencies for Health Promotion (CompHP) Project
- 2010 Reviewer, IOM Report on *Bridging the Evidence Gap in Obesity Prevention: A Framework to Inform Decision Making*
- 2007 Co-Chair, Galway Consensus Conference on International Collaboration on Credentialing in Health Promotion, 2007
- 2006 Planning Committee and Plenary Session Speaker, Third National Congress for Institutions Preparing Health Educators, Dallas, Texas
- 2004 Expert Panel, CDC Ad Hoc Health Promotion Focal Point Committee for CDC Reorganization
- 2003-06 Mentor, Robert Wood Johnson Foundation Executive Nurse Fellows Program (2003 Cohort)
- 2002-05 External Advisory Committee, Cornell Homecare Research Partnership, NIMH Interventions and Practice Research Infrastructure Program
- 2002 Expert Panel, National Dialogue on Health, Robert Wood Johnson Foundation, Washington, DC
- 2001-03 Co-Chair, SOPHE-AAHE National Task Force on Accreditation in Health Education
Public Education Advisory Group, American Federation for Aging Research
- 2001 U.S. Representative, International Scientific Committee, IUHPE 17th World Conference on Health Promotion and Health Education, Paris, France
- 2000-04 Health Professions Scientific Advisory Panel, American Legacy Foundation
- 2000-02 Expert Panel, CDC Public Health Workforce Development Project
- 2000 Faculty, Salzburg Seminar Special Session, Critical Issues in Global Health: Leadership Challenges in the 21st Century, Salzburg, Austria; Expert Panel, AAHE-SOPHE Future Directions for Quality Assurance of Professional Preparation in Health Education
- 1999-03 Member Investigator, NIH Behavior Change Consortium

- 1999 Technical Advisory Group, WHO Europe Verona Initiative, Second Arena Meeting, Verona, Italy
- 1998-00 Chairman, Joint Committee on International Health Promotion and Disease Prevention, National Center for Health Education and Global Health Council
- 1998-99 Executive Conference Planning Committee, W. K. Kellogg Foundation International Leadership Summit, *Leading Change in the New Millennium: A Call to Action*
- 1998 Co-Coordinator and Moderator, Workshop on Behavioral Science in Unintentional Injury, and Member, CDC Working Group on Behavioral Science and Unintentional Injury Prevention; Co-Chairman, Robert Wood Johnson Foundation and Columbia University Panel on Preparing Currently Employed Public Health Educators for Changes in the Health System
- 1997-00 Scientific Advisory Panel, Center for the Advancement of Health
- 1997 Organizer and Host, Multipurpose Arthritis Centers 10th Annual Social and Behavioral Scientists and Educators Meeting, *Promises and Pitfalls of Economic Analyses in Behavioral and Educational Research*
- 1995, 97, 00 Expert Delegation, Health Volunteers Overseas-U.S. Agency for International Development, Vietnam Rehabilitation Project, Hanoi
- 1995 Planning Committee and Host, W. K. Kellogg Foundation National Fellowship Program Seminar on Education for a Sustainable Future
- 1994-97 Research Committee, ACR Division of Rheumatology Health Professionals
- 1994 Expert Working Group, Creating Capacity: A Research Agenda for Public Health Education, CDC-SOPHE; NIH-CDC Interagency Workshop on Tuberculosis and Behavior
- 1992-96 Clinical Sciences Study Section for Behavioral, Epidemiology and Health Services Research, Arthritis Foundation Research Committee; Co-Chairman, 1994, Chairman, 1996
- 1987-88 U.S. Host Committee, IUHPE 13th World Conference on Health Education, Houston, Texas
- 1987 Planning Committee, U.S. Surgeon General's Workshop on Self-Help and Public Health
- 1983 NHLBI Working Conference on School Health
- 1981 National Conference for Institutions Preparing Health Educators, Birmingham, Alabama

External Reviewer for Promotion and Tenure

- 1979- Columbia, Cornell, City University of New York, Eastern Virginia Medical School, Emory, Georgia State University, Harvard, National University of Ireland at Galway, Nazareth, New York University, Otterbein, Penn State, Reykjavik University, San Francisco State University, San Jose State University, Stanford, State University of New York, Texas A&M, Vanderbilt, Washington University, Western Washington University, and the Universities of California (Los Angeles), Houston, Minnesota, North Carolina (Chapel Hill and Greensboro), Northwestern, Pittsburgh, St. Louis, Texas (Austin and Health Sciences Center at Houston), and Toledo.

University Academic Visiting Committees and Program Review

- 2020 Doctoral Degree External Examiner or Opponent, National University of Ireland Galway
- 2012 Doctoral Degree External Examiner or Opponent, University of Iceland
- 2008 Doctoral Program Review Site Visit Team, College of Health and Human Performance, University of Florida
- 2007-10 Reykjavik University Advisory Board
- 2006 Reykjavik University International Selection Committee, Competition on Architectural Design and Planning
- 2003 Doctoral Program Review Site Visit Team, College of Health and Human Services, University of North Carolina, Greensboro

Editorial Boards

- 2018 Editor-in-Chief Emeritus and Advisory Committee of Editors Emeriti, *Health Education & Behavior*
 2014-17 Editorial Board, *Public Health Reviews*
 2012-17 Editorial Advisory Board, *Health Promotion Practice*
 2001-07 Editorial Review Board, *Journal of Health Communication*
 1997-19 Editorial Board, *Health Education Research*; Associate Editor, 2003-06
 1997, 03 Editorial Board, *Miller-Keane Encyclopedia & Dictionary of Medicine, Nursing, & Allied Health*
 1995-99 Editorial Board, *Arthritis Care and Research*
 1989-95 Editorial Board, Teachers College Press
 1987-92 Contributing Editor, *American Journal of Health Promotion*
 1982-86 Founding Editorial Board, *Advances in Health Education and Promotion*
 1981-84 Founding Editor, *Health Promotion Monographs* (four-volume series published by the Center for Health Promotion at Teachers College, Columbia University)

MEMBERSHIP, SERVICE, AND LEADERSHIP IN PROFESSIONAL AND SCIENTIFIC SOCIETIES

- 2018-22 Council for European Studies
 2012- Fulbright Association (Life Member)
 2007-20 Society of Behavioral Medicine (Fellow)
 2006-16 Academy of Behavioral Medicine Research
 1997-19 International Union for Health Promotion and Health Education (IUHPE)
 Vice President for External Affairs, North American Regional Office, 1998-01; Membership, Marketing and Fund-Raising Committee, 1999-01; Scientific Planning Committee, XVII World Conference on Health Promotion and Health Education, Paris, 1999-01; Globally Elected Member of the Board of Trustees, 2010-16; Host, Board of Trustees Meeting (New York), 2011, 2017; Global Working Group on Health Promotion Competencies and Workforce Development, 2012-15; Globally Elected Member of the Executive Board and Resource Management Group, 2013-16; Globally Elected Member of the Executive Board and Vice President for Fund-Raising and Marketing, 2016-19
 1993-2000 Association for Health Services Research
 1988-2002 American College of Rheumatology, Division of Rheumatology Health Professionals Research Committee, 1994-97; Abstract Review Committee, 1990, 1999, 2002
 1985- New York Academy of Medicine (Fellow)
 1975-2022 American Public Health Association
 Public Health Education and Health Promotion Section; School Health Section Representative, Annual Meeting Program Planning Committee, 1978; School Health Education and Services Section Council, 1982-84
 1975- Society for Public Health Education (SOPHE)
 Tri-State SOPHE Chapter Board of Trustees, 1980-82; National SOPHE Graduate Student Research Paper Award Committee, 1983-85; AAHE-SOPHE Joint Committee on Professional Preparation at the Graduate Level, 1984; National SOPHE Planning Committee, Annual Meeting, 1985, 1996, 1998, 1999; National SOPHE Planning Committee, Mid-Year Scientific Conference, 1987, 1998, 2000; President, Greater New York SOPHE Chapter, 1995-96; Chair, National SOPHE Resource Development Committee, 1996-99; National SOPHE Advocacy Committee, 1996-99; National SOPHE Ambassador, Alliance for Health and Behavior Research, 1997-99, and American Medical Association National Coalition on Adolescent Health, 1997-99; President, National SOPHE, 1997-98; Chair, Campaign for the 21st Century, 1998-2000; Editorial Board, *SOPHE News & Views*, 1998-2000; Chair, National SOPHE and IUHPE-NARO Planning Committee, Mid-Year Scientific Conference, 1999; Co-Chair and SOPHE Designee, National Task Force on Accreditation in Health Education, 2000-03; Member, Finance and Investments Committee, 2001-06; Chair, Research Agenda Committee, 2003-04; SOPHE Historian, 2004-12; SOPHE Co-Chair Designate, Galway Consensus Conference, 2007-10; Editor-in-Chief, *Health Education & Behavior*, 2011-17; Co-Chair, School Health Education Accreditation

Working Group, National Implementation Task Force on Accreditation in Health Education, 2013; Chair, Clarence Pearson Program Excellence Award Fund Development, 21st Century Campaign, 2015-19; Founder and Co-Chair, Digital Health Promotion Executive Leadership Summit, 2018-2021; History Committee, 2021-present; CEO Transition Advisory Panel, 2022; SOPHE Journals Task Force, 2023-present; Co-Chair, SOPHE 75th Anniversary Committee, 2023-25
1973- American School Health Association (Life Member); Research Council, 1975-85; Executive Board, 1979-82; Legislative Committee, 1979-85, Chair, 1982-83; Co-Chair, Ad Hoc Committee on School Worksite Health Promotion, 1985-87

BIBLIOGRAPHY OF PUBLICATIONS

Academic Books

- 2024 Allegrante, J. P., Hoinkes, U., Schapira, M. I., & Struve, K. (Eds.). (2024). *Anxiety culture: The new global state of human affairs*. Baltimore: Johns Hopkins University Press. <https://www.press.jhu.edu/books/title/12650/anxiety-culture> (Read a review of the book in *The Sociological Review* [here](#).)
- 2004 Allegrante, J. P., & Sleet, D. A. (Eds.). (2004). *Derryberry's educating for health: A foundation for contemporary health education practice*. San Francisco: Jossey-Bass.
- 1987 Sloan, R. P., Gruman, J. C., & Allegrante, J. P. (1987). *Investing in employee health: A guide to effective health promotion in the workplace*. San Francisco: Jossey-Bass. (Japanese translation, published by Diamond Inc., Tokyo, Japan, 1992.)

Book Chapters

- 2024 Meyers, C. C. A., Thorsdottir, I. E., Asgeirsdottir, B. B., Sigfusdottir, I. D., & Allegrante, J. P. (2024). Adolescent anxiety: Iceland as canary in the coal mine. In J. P. Allegrante, U. Hoinkes, M. I. Schapira, & K. Struve (Eds.). *Anxiety culture: The new global state of human affairs* (pp. 153-169). Baltimore: Johns Hopkins University Press.
- Schapira, M. I., Struve, K., Hoinkes, U., & Allegrante, J. P. (2024). Introduction: Anxiety as a new global narrative. In J. P. Allegrante, U. Hoinkes, M. I. Schapira, & K. Struve (Eds.). *Anxiety culture: The new global state of human affairs* (pp. 1-10). Baltimore: Johns Hopkins University Press.
- 2022 Allegrante, J. P., & Peterson, J. C. (2022). Applications in health care settings. In L. W. Green, A. C. Gielen, D. V. Peterson, M. W. Kreuter, & J. M. Ottoson (Eds.), *Health program planning, implementation, and evaluation: Creating behavioral, environmental and policy change* (pp. 361-389). Baltimore: Johns Hopkins University Press. <https://jhupbooks.press.jhu.edu/title/health-program-planning-implementation-and-evaluation>
- 2020 Robbins, R., DiClemente, R., Duncan, D. T., Zeevat, J., & Allegrante, J. P. (2020). Wearable Devices for Health-Related Data. In J. Van den Bulck (Ed.), *The International Encyclopedia of Media Psychology*. John Wiley & Sons, Inc. <https://doi.org/10.1002/9781119011071.iemp0054>
- 2018 Allegrante, J. P., Hyden, C., & Kristjansson, A. L. (2018). Research approaches of education, applied psychology, and behavioral science and their application to behavioral medicine. In E. B. Fisher, L. D. Cameron, A. J. Christensen, U. Ehlert, Y. Guo, B. Oldenburg, & F. J. Snoek (Eds.), *Principles and concepts of behavioral medicine: A global handbook* (pp. 137-179). New York: Springer Publishing. https://link.springer.com/chapter/10.1007/978-0-387-93826-4_6
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Journal Notes and Other Communications

- 2026 Alber, J., Taub, A., & Allegrante, J. P. (2026). [In Memoriam: Flora Bloom, M.A., M.S., Ed.D., CHES \(1935-2025\)](#). *Health Education & Behavior*, Published online February 24, 2026.
- 2022 Allegrante, J. P., Sleet, D., & Green, L. W. (2022). [In Memoriam: James F. Fries, M.D. \(1938-2021\)](#). *Health Education & Behavior, 49*(2):191-193.
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- 2020 Allegrante, J. P. (2020). [In Memoriam: Lowell S. Levin, EdD, MPH \(1927-2019\)](#). *Health Education & Behavior, 47*, 170-171.
- 2016 Allegrante, J. P., & Auld, M. E. (2016). [In Memoriam: Clarence E. Pearson \(1925-2014\)](#). *Health Education & Behavior, 43*, 359.
- 2004 Ogedegbe, G., Harrison, M., Robbins, L., Mancuso, C. A., & Allegrante, J. P. (2004). Reasons patients do or do not take their blood pressure medications. *Ethnicity & Disease, 14*, 158.
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- 1992 Bunning, R. D., Materson, R. S., Allegrante, J. P., Kovar, P. A., Mackenzie, C. R. (1992). Exercise and osteoarthritis. *Annals of Internal Medicine*, 117, 697-698.
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- 1981 Allegrante, J. P. (1981). Should we educate for motorcycle safety helmet use? *American Journal of Public Health*, 71, 859.

Other Selected Publications

- 2019 Allegrante, J. P. (2019, May 31). Building on the success of last year's summit. Digital Health Promotion Executive Leadership Summit [Web log post].
- 2018 Schapira, M. I., Hoinkes, U., & Allegrante, J. P. (2018). [Anxiety culture: The new global state of human affairs?](#) *EuropeNow*.
- 2010 Allegrante, J. P. (2010, August 19). [Protect academic freedom in Iceland](#). Commentary. *The Morgunbladid* (Iceland), p. NA.
- 2004 Allegrante, J. P. (2004, December 1). [Unfit to learn](#). Commentary. *Education Week*, 24(14), 38.
- 1985 Allegrante, J. P. (1985, December 1). [Electric trains](#). About Men. *The New York Times Magazine*, p. 90.
- 1977 Allegrante, J. P. (1977, April 27). [Well, who needs life savings?](#) Op-Ed. *The New York Times*, p. 35.

SELECTED INVITED ADDRESSES AND DISTINGUISHED LECTURES

- 2025 "Living in Times of Uncertainty: Anxiety Culture and the Implications for Mental Health," Lectures at Beijing Normal University Principal's Conference, Beijing; Nanjing Xiaozhong University, Nanjing; Zhejiang University, Hangzhou; and East China Normal University, Shanghai.
- 2024 "Anxiety Culture: The New Global State of Human Affairs," Book talks at the [Asia Society Hong Kong](#) and Hong Kong University of Science and Technology; [UCL Institute of Education](#), London; [Institute for Ideas and Imagination](#), Columbia Global Centers, Paris; and the Christian-Albrechts-University of Kiel, Germany.
- 2022 Honorary Professor's Lecture, Reykjavik University; Anxiety Culture Project Expert Talk, Representation of Schleswig-Holstein, Berlin, Germany
- 2021 National Public Health Week Featured Speaker, New York Medical College
- 2019 "Night of the Profs" Lecture, Christian-Albrechts-University of Kiel, Germany
- 2017 Elizabeth Fries Health Education Prize Award Lecture; Vanderbilt University National Public Health Week Scholar Lecture
- 2016 Chinese Academy of Engineering and Academy of Medical Sciences Lecture, Beijing; Kiel Week Distinguished Visiting Scholar Lecture, Christian-Albrechts-University of Kiel, Germany
- 2015 Cass School of Education and Communities Lecture, University of East London, United Kingdom;

- Commencement Convocation Speaker, State University of New York at Cortland; National Health Education Week Scholar Lecture, University of Alabama
- 2013 Commencement Convocation Speaker, Ecole des Hautes Etudes en Sante Publique, Rennes, France
- 2011 Pennsylvania State University Biobehavioral Health 20th Anniversary Celebration Speaker
- 2010 Dorothy Nyswander Lecture, San Jose State University
- 2007 Commencement Convocation Speaker, Reykjavik University School of Health and Education, Iceland; Plenary Speaker, 14th European Cities Against Drugs Mayors' Conference, Istanbul, Turkey
- 2006 Ann Nolte Visiting Scholar Lecture, Illinois State University
- 2003 Commencement Convocation Speaker, Southern Connecticut State University College of Health and Human Services Health Promotion Program
- 2002 Commencement Convocation Speaker, San Jose State University School of Applied Sciences and Arts
- 1999 Robert Russell Visiting Scholar Lecture, Southern Illinois University

SELECTED REPORTS AND CONGRESSIONAL TESTIMONY

- 2011 Livingood, W. C., Allegrante, J. P., Airhihenbuwa, C. O., Clark, N. M., Green, L. W., Windsor, R. C., & Zimmerman, M. A. (2011, February). *Society for Public Health Education (SOPHE) White Paper on Applied Approaches to the Social and Behavioral Health Sciences: Response to the National Science Foundation Call for Recommendations on Future Research in the Social, Behavioral & Economic Sciences*. National Science Foundation, Directorate for Social, Behavioral, and Economic Sciences. 2011. SBE 2020: White Papers; Titles, Authors, and Abstracts. Arlington, VA: National Science Foundation.
- 2002 Allegrante, J. P. (2002, April 23). *Expanding Funding of the Centers for Disease Control and Prevention's Coordinated School Health Program*. Prepared statement of the National Center for Health Education. Testimony presented before the Subcommittee on Labor, Health and Human Services, Education and Related Agencies, United States House of Representatives Committee on Appropriations, Washington, DC. Available at: <https://www.govinfo.gov/content/pkg/CHRG-107hrg80409/html/CHRG-107hrg80409.htm>
- 2000 Allegrante, J. P., Filerman, G. L., LeSar, J. W., Norris, L., Pearson, C. E., Schwarz, M. R., & Koop, C. E. (2000). *A Call for a New Approach to Global Health Leadership Development: The Report of the Salzburg Seminar Special Session, Critical issues in Global Health: Leadership Challenges in the 21st Century*. Report to the W.K. Kellogg Foundation.