

## CURRICULUM VITAE

KELLY MULÉ, PhD

### EMPLOYMENT

*9/13-Present* **MOUNT SINAI ST LUKE'S HOSPITAL**, New York, NY  
 CARES Program, Department of Psychiatry and Behavioral Health  
*Assistant Director, July 2016 to present*

- Oversee and supervise, in conjunction with program director, intake process for new patients
  - supervise Intake Coordinator
- Oversee CQI projects
- Complete incident reviews
- Provide crisis management and consultation to licensed clinicians, trainees, and educators
- Act as Educational Liaison to NYC Department of Education, District 79, Restart Academy education staff
- Manage program development and relationships with other agencies
- Oversee staff and patient clinical schedules

#### *Supervising Psychologist*

- Provide clinical treatment and psychological testing to patients and families in the form of individual, group, milieu and family therapy
- Supervise trainees on APA-accredited psychology internship and externship
- Participate on multi-disciplinary team

*1/14-Present* **TEACHERS COLLEGE, COLUMBIA UNIVERSITY**, New York, NY:  
*Adjunct Assistant Professor, Spring 2014, 2015, 2016, 2017, 2018*  
 Department: Health and Behavior Studies  
 Course: Practicum in Psycho-educational Assessment of Culturally Diverse Students

- Lecture on course relevant material including clinical interview, behavioral observation, integrating and interpreting psycho-educational and social emotional testing data, special education services and procedure and providing appropriate feedback and recommendations to families
- Supervise psycho-diagnostic/educational assessments

*Adjunct Assistant Professor, Spring 2016, Fall 2017, Fall 2018*  
 Department: Health and Behavior Studies

Course: Consultation in the Schools: Meeting Diverse Needs of Diverse Learners

- Lecture on course relevant material related to research and methods of mental health and behavioral consultation in agencies and schools, instructional and integrated models of school consultation, ethics and diversity

- Supervise ongoing consultation between student and consultee in practical school settings

## **GAPS IN EMPLOYMENT**

*not applicable*

## **EDUCATION**

7/12-6/13 **ST. LUKE'S – ROOSEVELT HOSPITALS**, New York, NY

**CHILD AND FAMILY INSTITUTE**

*Post-Doctoral Fellow at the CARES Program; Adolescent Day Program*

Supervisor: Shilpa Taufique, Ph.D.

- Provided individual, group, milieu, and family therapy to adolescents and their families; group therapy focuses of Family Dialectical Behavior Therapy (DBT) skills group, transitioning to young adulthood, and substance abuse recovery
- Conducted intake evaluations and present case reports and diagnostic assessments in intake supervision
- Acted as liaison between NYC DOE educational staff and clinical staff by providing school consultation, assisting in implementation of behavioral intervention plans, co-writing Special Education Plans and Individualized Education Plans and leading bi-weekly staff meetings with educational staff
- Provided clinical supervision to a pre-doctoral extern
- Participated in post-doctoral training courses including supervision of supervision, case conferences, and professional development series
- Guest lectured for trainees in psychology and psychiatry on the topics of Adolescent Development and School Consultation

9/07-10/12 **TEACHERS COLLEGE, COLUMBIA UNIVERSITY**, New York, NY:

Degree: PhD, School Psychology, October, 2012

Program: School Psychology Doctoral Program, APA and NASP Accredited

9/03-5/07 **UNIVERSITY OF PENNSYLVANIA**, Philadelphia, PA:

Degree: Bachelor of Arts in Psychology, Cum Laude, May 14, 2007

Major: Psychology, Cumulative GPA: 3.45

Minors: Legal Studies & History, Sociology

Thesis: Coping Strategies of Adolescents with Congenital and Acquired Conditions at Department of Reconstructive Surgery, Children's Hospital of Philadelphia

## **CERTIFICATION**

NY State Provisional Certification; School Psychologist

## **LICENSURE**

NY State Licensed Psychologist, License # 020142

## **HONORS/AWARDS**

2010 – 2011 The Kasser Emotional Growth Fellowship  
2010 – 2011 The New York Association of School Psychologists Annual Ted Bernstein Award  
2007 – 2010 Teachers College General Scholarship  
2007 Pi Gamma Mu International Honor Society in Social Sciences: member

## **PATENTS**

*not applicable*

## **OTHER PROFESSIONAL ROLES**

*not applicable*

## **RESEARCH PROFILE**

Current contributions to CARES program research include ongoing timely data collection of patient self-report pre, during, and outcome measures related to their perceptions of impact of psychiatric and substance issues on their daily functioning as they receive ongoing psychiatric treatment. Previous research contributions included doctoral dissertation entitled “Aggressive Mating Strategies in Young Adolescent Girls” (advisor: Marla Brassard, PhD). Doctoral research also included designing and working on several ongoing research studies including a longitudinal study compromised of data on 700, 6th – 8th grade students, a face rating study of students’ yearbook photos, qualitative interview and quantitative online survey follow-up studies on emerging adults, and a direct report psychological maltreatment measure for children and adolescents.

## **CLINICAL PROFILE**

Clinical contributions to CARES program include providing weekly individual psychotherapy as well as psychological testing to adolescents and young adults who meet criteria for psychiatric and substance use disorders. Treatment provided is informed by evidence based practices including substance recovery using Motivational Interviewing/Transtheoretical model and mood improvement and reduction in high risk behaviors using Dialectical Behavior Therapy. In addition, I co-lead psychotherapy groups with specialty in transition from high school and towards young adulthood and substance recovery. I also hold ongoing weekly family therapy cases. I conduct clinical intake assessments and supervise trainee work in intake assessment including clinical interview and administration of self- and parent-report measures. I conduct neuropsychological and psycho-diagnostic assessments as well. I supervise trainees in their work on psycho-educational and psycho-diagnostic assessment, report writing, and feedback sessions with patients. Lastly, I supervise extern level and pre-doctoral intern level psychology trainees on their individual, group, family, and milieu treatment in the program and their psychological testing of patients. I have provided clinical care to patients who reside in all five boroughs of New York City, who range in socio-economic status, and cultural and religious diversity. In addition to my clinical role, I act as

Educational Liaison to the NYC Department of Education educational staff from Restart Academy who provide the academic instruction at CARES. I lead bi-weekly meetings and provide school consultation related to meeting the educational needs of our patients in appropriate ways. I provide sound, ethical treatment in accordance with APA standards and within guidelines of licensing and accreditation agents (including OMH, OASAS, and DOH).

## IMPACT

The local significance of my training and clinical activities is to reduce to effects of my patients psychiatric and substance use disorders on their families, communities and school systems. By providing sound patient care, I help patients to increase their adaptive and prosocial daily functioning with the goal of graduating high school and contributing to society in an appropriate and crime-free way. I also provide informative assessments and results to a patient population that typically does not have access to comprehensive neuropsychological and psycho-diagnostic assessment modality. The national significance of my training activities allow for the pre-doctoral psychology internship offered at Mt. Sinai St Luke’s Hospital to continue to maintain APA accreditation status and good standing.

## GRANTS, CONTRACTS, FOUNDATION SUPPORT

*not applicable*

## CLINICAL TRIALS PARTICIPATION

*not applicable*

## TRAINEES

<u>Name</u>	<u>Level of Trainee</u>	<u>Role in Training &amp; Inclusive Dates of Training</u>	<u>Training Venue</u>	<u>Trainees’ Current Status/Employment</u>
Pria Alpern, PhD	Pre-doctoral psychology intern	Primary Supervisor of clinical work September 2013- February 2014	CARES Program	Licensed psychologist in private practice
Gifty Ampadu	Pre-doctoral psychology intern	Primary Supervisor of clinical work July 2015-present	CARES Program	unknown
Erica Downs, PsyD	Pre-doctoral psychology intern	Primary Supervisor of clinical work July 2013-June 2014	CARES Program and Child / Adolescent Outpatient Dpt	Psychologist at a community agency
Michael Feder	Pre-doctoral psychology extern	Primary Supervisor of Testing work July 2016-June 2017	CARES Program	Post-doctoral fellow
<u>Name</u>	<u>Level of Trainee</u>	<u>Role in Training &amp;</u>		<u>Trainees’ Current</u>

Miriam Ghirmay, MA	Pre-doctoral psychology intern	<u>Inclusive Dates of Training</u> Primary Supervisor of clinical work July 2014-June 2015	<u>Training Venue</u> CARES Program	<u>Status/Employment</u> Unknown
<u>Name</u> Lilly Magid	<u>Level of Trainee</u> Psychology extern	<u>Role in Training &amp; Inclusive Dates of Training</u> Primary Supervisor of clinical work July 2015-present	<u>Training Venue</u> CARES Program	<u>Trainees' Current Status/Employment</u> Post doctoral fellow at private practice
<u>Name</u> Jarell Myers	<u>Level of Trainee</u> Pre-doctoral psychology intern	<u>Role in Training &amp; Inclusive Dates of Training</u> Primary Supervisor of clinical work July 2014-June 2015	<u>Training Venue</u> CARES Program	<u>Trainees' Current Status/Employment</u> Unknown, completed post-doctoral fellowship
<u>Name</u> Jessica Nagel	<u>Level of Trainee</u> Pre-doctoral psychology intern	<u>Role in Training &amp; Inclusive Dates of Training</u> Primary Supervisor of clinical work July 2015-present	<u>Training Venue</u> CARES Program	<u>Trainees' Current Status/Employment</u> Licensed psychologist in private practice
<u>Name</u> Ashley Rodriguez	<u>Level of Trainee</u> Psychology extern	<u>Role in Training &amp; Inclusive Dates of Training</u> Primary Supervisor of consultation and testing work September 2016-June 2017	<u>Training Venue</u> CARES Program	<u>Trainees' Current Status/Employment</u> Still in graduate program, completing externship
<u>Name</u> Erica Rudd, MA	<u>Level of Trainee</u> Psychology extern	<u>Role in Training &amp; Inclusive Dates of Training</u> Primary Supervisor of clinical work July 2014-June 2015	<u>Training Venue</u> CARES Program	<u>Trainees' Current Status/Employment</u> Licensed psychologist in adult day treatment unit
<u>Name</u> Amanda Templeman	<u>Level of Trainee</u> Pre-doctoral psychology intern	<u>Role in Training &amp; Inclusive Dates of Training</u> Primary Supervisor of clinical work July 2017-June 2018	<u>Training Venue</u> CARES Program	<u>Trainees' Current Status/Employment</u> Pre doctoral intern
<u>Name</u> Amy Walker, PhD	<u>Level of Trainee</u> Pre-doctoral psychology intern	<u>Role in Training &amp; Inclusive Dates of Training</u> Primary Supervisor of clinical work July 2013-June 2014	<u>Training Venue</u> CARES Program and Child / Adolescent Outpatient Dpt	<u>Trainees' Current Status/Employment</u> Licensed psychologist in private practice
<u>Name</u> Laurel Wright	<u>Level of Trainee</u> Psychology extern	<u>Role in Training &amp; Inclusive Dates of Training</u> Primary Supervisor of Testing work July 2017-June 2018	<u>Training Venue</u> CARES Program	<u>Trainees' Current Status/Employment</u> Still in graduate program, completing externship
<u>Name</u> Patricia Yoon, PhD	<u>Level of Trainee</u> Pre-doctoral psychology intern	<u>Role in Training &amp; Inclusive Dates of Training</u> Primary Supervisor of clinical work March 2014-June 2014	<u>Training Venue</u> CARES Program	<u>Trainees' Current Status/Employment</u> Licensed Psychologist at Columbia University counseling center

## TEACHING ACTIVITIES

<u>Teaching Activity/Topic</u>	<u>Level</u>	<u>Role</u>	<u>Indicate Level and Number of Learners Taught, and Venue</u>	<u>Number of hours week/month/yr</u>	<u>Evaluation Summary</u>	<u>Years Taught</u>
--------------------------------	--------------	-------------	--	--------------------------------------	---------------------------	---------------------

<i>Assessment of Neurodevelopmental and Psychiatric Disorders: Etiology, Diagnosis, Conceptualization, Intervention, and Consultation</i>	<i>Department Level</i>	<i>Teaching</i>	<i>Psychology Post-Doctoral Fellow and Psychology Interns (4)</i>	<i>1 hour per week for 10 months</i>		<i>2015-2017</i>
<i>Psychotherapy Course: Working with Caregivers, Working with Schools, Treating Substance Use Disorders</i>	<i>Department Level</i>	<i>Teaching</i>	<i>Psychiatry Fellows &amp; Psychology Interns (14)</i>	<i>10 hours per year</i>		<i>2015-present</i>
<i>Intake Assessment</i>	<i>CARES Program Level</i>	<i>Teaching</i>	<i>All Trainees (social work, psychology extern/interns, psychiatry fellows, (6-8)</i>	<i>6 hours per year</i>		<i>2014-present</i>
<i>Mental Health Consultation</i>	<i>Department Level</i>	<i>Teaching</i>	<i>Psychology Interns (12) Psychiatry Department</i>	<i>1 hour per year</i>		<i>2013- 2016</i>
<i>Psychotherapy Course: IEPs for Clinicians &amp; Psychotherapy with Low IQ Patients</i>	<i>Department Level</i>	<i>Teaching</i>	<i>Psychiatry Fellows &amp; Psychology Interns (12) Psychiatry Department</i>	<i>2 hours per year</i>		<i>2015</i>
<i>Professional Development Series: Professional Life after Post Doctoral Fellowship</i>	<i>Department Level</i>	<i>Teaching</i>	<i>Post Doctoral Fellows, Psychology (6) Psychiatry Department</i>	<i>1 hour per year</i>		<i>2015</i>
<i>Substance Use Treatment: Motivational Interviewing/Transtheoretical Model</i>	<i>CARES Program Level</i>	<i>Teaching</i>	<i>All Trainees (social work, psychology extern/interns, psychiatry fellows, (12)</i>	<i>2 hours per year</i>		<i>2014</i>
<i>Adolescent Development Course</i>	<i>Department Level</i>	<i>Teaching</i>	<i>Psychiatry Residents (8) Psychiatry Department</i>	<i>1 hour per year</i>		<i>2013</i>

## **ADMINISTRATIVE LEADERSHIP APPOINTMENTS**

### **INTERNAL:**

**Research or Clinical:** I served as the supervisor of all psychology trainee intake assessments during the 2013-2014 academic year at the CARES program. This included training the externs, post-doctoral fellow, and psychiatry fellow on intake procedures including informed consent, self-and parent report measure administration and scoring, clinical and diagnostic interview, and write up of the evaluation. I assisted with crisis management including patient verbalization of abuse/SCR reporting and as well as high risk symptoms including suicidality, homicidality and need for emergency room visit.

**Teaching:** *not applicable*

**General Administration:** I serve as the Assistant Director for the CARES Program. I manage and support staff and trainees on day to day staff operations including crisis management and consultation, administrative tasks, overseeing the intake process and supervising the Intake Coordinator, and reviewing clinical incidents both formally and informally. I also oversee our annual CQI projects. I collaborate with outside agencies and work on program development. I

serve as the liaison between NYC Department of Education (DOE) educational staff and MSSSL, CARES Program clinical staff by providing school consultation, assisting in implementation of behavioral intervention plans, co-writing Special Education Plans and Individualized Education Plans and leading bi-weekly staff meetings with educational staff. Through this role I assist in improving patients' ability to engage in the classroom and increase their educational achievement as well as have access to behavioral interventions and special education services. I also assist clinicians in identifying treatment goals related to daily classroom functioning and education and appropriate referrals for neuro-psychology and psycho-educational assessments.

**EXTERNAL:** *not applicable*

## **PUBLICATIONS**

*not applicable*

Peer Reviewed Original Contributions

Other Peer Reviewed Publications

Invited Contributions

Books and Book Chapters

Non-Peer Reviewed Publications

## **INVITED LECTURES/PRESENTATIONS**

2012 – *present* **TEACHERS COLLEGE, COLUMBIA UNIVERSITY**, New York, NY:

Lecture Topic: Critique and review mock interviews for advanced doctoral students applying to APA/APPIC internships, serve as mock interviewer

08/2014 **THOMAS ASKIN ALTERNATIVE SCHOOL, JEWISH BOARD FAMILY & CHILDREN'S SERVICES**, Brooklyn, NY:

Lecture Topic: Consultation on collaboration between clinical and educational staff

## **VOLUNTARY PRESENTATIONS**

Aoki, Brassard, & **Sichel** (2010). Cute and desirable: risk factors for peer victimization of girls. Poster presented at APA Annual Convention, San Diego, CA.

Crerand, Sarwer, Baker, McGinn, **Sichel**, Kirschner, LaRossa, Low, Bartlett, Whitaker. (2008, Spring). Body image and psychosocial functioning in adolescents with craniofacial conditions. Poster presented at the annual American Cleft Palate-Craniofacial Association, Philadelphia, PA.

**Sichel**, Brassard, Aoki (2011). Is Aggression an Adolescent Mating Strategy?. Poster presented at APA Annual Convention, Washington, DC.

“Motivational Interviewing – It’s Not Just About Drugs Anymore: How to Apply MI Techniques to a Wide Range of Behaviors in Adolescence,” Co-presenters: Shilpa Taufique, PhD, Jennifer Herring, PhD. Workshop at 2018 American Psychiatric Association Meeting in New York City, May 7, 2018.

**MEDIA RESOURCE EDUCATIONAL MATERIALS**  
*not applicable*