

**Randi L. Wolf, Ph.D., MPH**

Teachers College, Columbia University  
 Department of Health & Behavior Studies, Program in Nutrition  
 525 West 120<sup>th</sup> Street, Box 137, Rm 530D Thorndike  
 Office phone: (212) 678-391 Email: wolf@tc.columbia.edu

**EDUCATION**

<u>Institution</u>	<u>Degree</u>	<u>Year</u>	<u>Major Concentration</u>
University of Pittsburgh, School of Public Health	Post-doc	2000	Nutritional Epidemiology
University of Pittsburgh, School of Public Health	Ph.D.	1998	Nutritional Epidemiology
University of Pittsburgh, School of Public Health	M.P.H.	1995	Epidemiology
Cornell University, Ithaca, New York	B.S.	1991	Nutrition

**OVERVIEW**

I am a full-time faculty member in the Program in Nutrition at Teachers College, currently serving as the Program Director. My research is on celiac disease, with a specific interest in the utility of behaviorally focused interventions to promote healthy dietary patterns and quality of life in children and adults. My research also focuses on the development and validation of novel ways to assess diet, with specific interest in measuring school lunch consumption (K-12) using digital photography, observation, and survey methods, as well as measuring diet in pre-school age children at high risk for early childhood caries.

**APPOINTMENTS & POSITIONS**

09/19 – present	<u>Program Director</u> , Program in Nutrition, Department of Health & Behavior Studies Teachers College, Columbia University
09/03 – present	<u>Associate Professor of Human Nutrition</u> On the Ella McCollum Vahlteich Endowment Program in Nutrition, Department of Health & Behavior Studies Teachers College, Columbia University, NY
9/15 – 12/15	<u>Academic sabbatical</u>
Fall 18; Spring 13	<u>Acting Program Coordinator</u> , Program in Nutrition, Department of Health and Behavior Studies, Teachers College, Columbia University, New York
09/00 - 08/03	<u>Research Assistant Professor</u> , Department of Health & Behavior Studies, Teachers College, Columbia University, NY
03/98 - 02/00	<u>National Institutes of Health Post-Doctoral Trainee (5T32AG000181)</u> , National Institute on Aging Training Grant, Department of Epidemiology, Graduate School of Public Health, University of Pittsburgh, PA
03/97-03/98	<u>National Institutes of Health Pre-Doctoral Trainee, (T32-AG00181)</u> National Institute on Aging Training Grant, Department of Epidemiology, Graduate School of Public Health, University of Pittsburgh, PA
06/93-08/93	<u>Intern</u> , Centers for Disease Control and Prevention, Division of Nutrition, National Center for Chronic Disease Prevention and Health Promotion, Atlanta, GA

**CURRENT MEMBERSHIP**

Society for Nutrition Education and Behavior (SNEB)  
 North American Society for the Study of Celiac Disease (NASSCD)  
 American Gastroenterology Association (AGA)  
 Academy for Eating Disorders (AED)  
 New York City Nutrition Education Network (NYCNEN) (Steering Committee 2010-2015)

**RESEARCH PUBLICATIONS** (*Publications in Refereed Journals from 2016 – present only*)

NOTE: "\*" indicates a student whom I mentored

Koch PA, **Wolf RL**, Trent R, Guerra L. School transformation and redesign of cafeterias (STARCafe) increases reported participation, time to eat, and positive attitudes towards school lunch: A Three Case Pilot Study. Submitted to *JNEB* 8/31/19.

**Wolf RL**, Vipperman-Cohen A, Green PHR, Lee AR, Reilly NR, Zybert P, Lebwohl B. Portable gluten sensors: Qualitative assessments by adults and teenagers with celiac disease. *Am J Gastro* [Under Review]

**Wolf RL**, Morawetz M, Lee AR, Koch P, Contento IR, Zybert P, Green PH, Lebwohl B. A cooking-based intervention promotes gluten-free diet adherence and quality of life for adults with celiac disease. *Clin Gastroenterol Hepatol*. 2019; Sep 20. pii: S1542-3565(19)31024-9. doi: 10.1016/j.cgh.2019.09.019. [Epub ahead of print]

\*Lee A, \*Keats S, **Wolf R**, Lebwohl B, Ciaccio E, Green PHR. Motivators, barriers and incidence of screening for celiac disease in first degree relatives at 14 years after initial screening. *Gastroenterol Hepatol Endosc*. 2019; 4. 10.15761/GHE.1000179.

\*Lumsden C, **Wolf RL**, Contento I, Basch C, Zybert P, Koch P, Edelstein B. Feasibility, acceptability, and short-term behavioral impact of the MySmileBuddy intervention for early childhood caries. *J Health Care for Poor and Underserved*. 2019; 30: 59-69.

**Wolf RL**, Green PHR, Lee AR, Reilly NR, Zybert P, Lebwohl B. Benefits and barriers to portable detection of gluten, based on a randomized pilot trial of patients with celiac disease: *Clin Gastroenterol Hepatol*. 2019 Mar 15. pii: S1542-3565(19)30275-7. doi: 10.1016/j.cgh.2019.03.011. Epub ahead of print

\*Cadenhead J, **Wolf RL**, Lebwohl B, Lee AR, Zybert P, Reilly NR, Schebendach J, Satherley R, Green PHR. Diminished Quality of Life Among Adolescents with Celiac Disease Using Maladaptive Eating Behaviors to Manage a Gluten Free Diet: A Cross-sectional, Mixed-Methods Study. *J Hum Nutr Diet*. <https://doi.org/10.1111/jhn.12638> [epub ahead of print]

\*Lee A, **Wolf RL**, Lebwohl B, Ciaccio EJ, Green PHR. Persistent Economic Burden of the Gluten Free Diet. *Nutrients*. 2019; 11(2). pii: E399. doi: 10.3390/nu11020399.

\*Graziose M, Koch PPA, **Wolf RL**, Gray HL, Trent R, Contento IR. Cafeteria noise exposure and fruit and vegetable consumption at school lunch: A cross-sectional study of elementary students. *Appetite*. 2019 Jan 31;136:130-136. doi: 10.1016/j.appet.2019.01.026. [Epub ahead of print]

\*Ang I, **Wolf RL**, Koch PA, Gray HL, Contento IR. School lunch environmental factors impacting fruit and vegetable consumption. *J Nutr Educ Behav*. 2019; 51(1):68-7.

Ludvigsson JF, Lebwohl B, Chen Q, Broms G, **Wolf RL**, Green PHR, Emilsson L. Anxiety after Celiac Disease Diagnosis Predicts Mucosal Healing: a Population-Based Study. *Alimentary, Pharmacology & Therapeutics*. 2018; 48(10):1091-1098.

\*Graziose M, **Wolf RL**, Koch PA, Gray HL, Contento IR. Validation of a questionnaire to measure fruit and vegetable consumption among 2<sup>nd</sup> and 3<sup>rd</sup> grade students. *J Acad Nutr Diet*. 2018; 118(9):1700-1710

**Wolf RL**, Lebwohl B, Lee AR, Zybert P, Reilly NR, Cadenhead J, Amengual C, Green PHR. Hypervigilance to a gluten-free diet and decreased quality of life in teenagers and adults with celiac disease. *Dig Dis Sci*. 2018;

64(6): 1438-1448. Erratum in Dig Dis Sci. 2018 Apr 11

Lepore SJ., Nair R, Davis SN, **Wolf RL**, Basch CE, Thomas N, Shmukler C, Ullman R. Patient and physician factors associated with undisclosed prostate cancer screening in a sample of predominantly immigrant black men. *Journal of Immigrant & Minority Health* 2016; DOI:10.1007/s10903-016-0468-1.

Basch CH, Basch CE, Zybert P, **Wolf RL**. Failure of colonoscopy knowledge to predict colonoscopy uptake. *J Community Health* 2016; Oct;41(5):1094-9. doi: 10.1007/s10900-016-0194-6. PMID: 27098522

Basch CH, Basch CE, Zybert P, **Wolf RL**. Fear as a barrier to asymptomatic colonoscopy screening in an urban minority population with health insurance. *J Community Health* 2016; 41(4): 818-24. PMID: 26831486.

**Wolf RL**, Basch CE, Zybert P, Basch CH, Ullman R, Shmukler C, King F, Neugut AI. Patient test preference for colorectal cancer screening and screening uptake in an insured urban minority population. *J Community Health* 2016; 41(3): 502-8. PMID: 26585609

\*Custodio-Lumsden CL, **Wolf RL**, Contento IR, Basch CE, Zybert PA, Koch PA, Edelstein BL. Validation of an early childhood caries risk assessment tool in a low-income Hispanic population. *J Public Health Dent* 2016; 76(2): 136-42. PMID: 26440728

\*Lee AR, **Wolf R**, Contento I, Verdelli H, Green PHR. Celiac disease: the association between quality of life and social support network participation. *J Hum Nutr Diet.* 2016 Doi: 10.1111/jhn.12319.PMID: 26194359.

### Reports (2016 – present only)

Koch P, Trent R, **Wolf R**. Wellness in the School Evaluation. Final Report. Laurie M. Tisch Center for Food, Education, & Policy, Program in Nutrition at Teachers College, Columbia University, February 2018.

Koch P, **Wolf R**, Graziose M, Gray HL, Trent R, Uno C. FoodCorps: Creating Health School Environments. Laurie M. Tisch Center for Food, Education, & Policy, Program in Nutrition at Teachers College, Columbia University, February 2017.

Koch P, Gray HL, **Wolf R**, Ang I. Edible Schoolyard New York City Evaluation of Manhattan Showcase School, PS 7 Report on data collected 2013 – 2016. Laurie M. Tisch Center for Food, Education, & Policy, Program in Nutrition at Teachers College, Columbia University, November 2016.

### Podcasts & Media (2016 – present only)

Children's National Health System. Benefits and Barriers of using a gluten sensing device. <https://podcasts.apple.com/us/podcast/benefits-and-barriers-of-using-a-gluten-sensing-device/id1178063616?i=1000434090460> April 3, 2019.

Children's National Health System. Are you too strict with your gluten-free diet? <https://podcasts.apple.com/us/podcast/the-gluten-free-guide/id1178063616>. March 28, 2018.

Giegerich S. The burdens of living gluten-free: a new study puts quality-of-life issues on the table. Website: <https://www.tc.columbia.edu/articles/2018/june/the-burdens-of-living-gluten-free/>

### Active Research Support

NIH/NIDCR (U01) (Co-PIs: B Edelstein and C Basch)

Total Budget: \$3,826,884

TC Subaward: \$621,799

Project Dates: 2018 – 2023

Title: Randomized Efficacy Trial of MySmileBuddy: A family-centered behavioral intervention to reduce early childhood caries.

Role: Co-investigator. 10% effort

**Recently Completed** (*past three years*)

**Irving Institute CaMPR Phase 1 Planning Grant** (Co-PIs: N Reilly and J Schebendach)

Total Budget: \$14,976

Proposed Dates: 1/1/19 – 3/31/19

Title: An interdisciplinary approach to understanding disordered eating behaviors among adolescents and adults with celiac disease.

Role: Co-investigator

**Irving Center Clinical Trials Office (CTO) Pilot Awards** (Co-PIs: B Lebwohl and RL Wolf)

Total budget: \$50,000

Project Dates: November 1, 2017 – October 31, 2018

Title: A Pilot Study to Test the Feasibility and Acceptability of Using Gluten Sensor Devices & Social Video-Based Discussion Tools to Promote a Gluten-Free Diet in Patients with Celiac Disease.

Role: Co-Principal Investigator, 2.1% effort

**Robert Wood Johnson Foundation** (Co-PIs: P. Koch and R. Wolf)

Total Budget: \$74,803

Project dates: 5/1/17 – 10/31/18

Title: STARCafe: School Transformation and Redesign of Cafeterias.

Role: Co-Principal Investigator: 2.0% effort

**Provost Investment Fund, Teachers College, Columbia University (PI: RL Wolf)**

10/25/2015 – 08/31/17

Title: Development New Partnerships with the Celiac Center at Columbia University

Role: Principal Investigator

**Wellness in the Schools** (PI: P Koch)

Total Budget: \$290,498

Project dates: 01/01/2015–12/31/2017

Title: Outcome and Process Evaluation of the Cook for Kids and Coach for Kids Program

Role: Co-Investigator, 2.5% effort

**Joyce & Irving Goldman Family Foundation** (Co-PIs: P Koch and RL Wolf)

Total Budget: \$19,000

Proposal dates: 2/15/17 – 08/31/17

Title: A Case Study: The effects of school transformation and redesign of cafeterias (STARCafe).

Role: Co-Principal Investigator, 1.9% effort

**FoodCorps (Lead Evaluator: RL Wolf)**

01/01/2015–12/31/2016

Title: Evaluation of how FoodCorps changes the school environment and students' fruit and vegetable consumption.

Role: Co-Investigator