

Teachers College of Columbia University

Syllabus: Personality and Behavior Change

Course #: CRN 37823
Wednesdays 11.00am-12.40pm
Location: TBA
Fall 2021: 1/18/2021-5/9/21
Credits: 3

Instructor: Simone Hoermann, Ph.D.
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Office Hours: by appointment

Course Description

Seminar covering the major theories of personality; mechanisms of behavioral change. This course will provide an introduction to the classic psychological theories of personality by considering the contributions of some of the great creative thinkers in this field including Freud, Jung, Horney, Maslow, Rogers, Erikson, Allport, Cattell, and Skinner.

We will be reading original contributions of some of the great creative thinkers in this field, as well as secondary sources. We will evaluate different perspectives in order to deepen our own ideas about understanding and describing personality. Students are required to attend regularly, to read the assigned materials in preparation for each class, to take a quiz before each class, to give one 15 minute presentation, and to participate actively in class discussion.

Learning objectives: Following instructions, participants are expected to have knowledge of the major theories of personality.

Readings:

The required text is *An Introduction to Theories of Personality* (7th Edition) by Robert B. Ewen.

Grading :

Class participation: 33.3% of grade

Please read the assigned papers before each class and prepare to discuss them during class. The instructor will post a list of discussion questions that may be covered during class meetings on CANVAS. Your class participation grade is based on your contributions

to class discussion.

Weekly quiz: 33.3% of grade

Every week, please complete a brief online quiz about your assigned readings for the week. The quiz is not timed, and it is due BEFORE the class in which the readings will be discussed. You may take it as many times as you like, and you may refer to your textbook and reading materials. You will automatically lose points if you do not complete each quiz by the respective deadline.

One 15-minute class presentation: 33.3% of grade

Please select a topic from the list provided by the instructor and give a 15-minute class presentation on that topic. Presentations are given on the day the respective theory is scheduled to be discussed in class. Presentations should be 15 minutes and not exceed that time frame. Please submit your presentation slides to the instructor at least TWO DAYS BEFORE your presentation. Guidelines for presentations and criteria for evaluation will be posted on CANVAS.

Course Schedule and Required Readings*

Session	Topic	Readings
1 (1/19)	Introduction	Ewen: Chapter: 1 Introduction http://webspace.ship.edu/cgboer/personalityintroduction.html
2 (1/26)	Sigmund Freud	Ewen: Chapter 2: Sigmund Freud-Psychoanalysis Freud: The Dissection of the Psychological Personality Freud: Manifest and latent content
3 (2/2)	C. G. Jung	Ewen: Chapter 3: Carl Jung-Analytical Psychology Jung: Sigmund Freud (Memories, Dreams, Reflections) Jung: On Synchronicity
4 (2/9)	Karen Horney	Ewen: Chapter 5: Karen Horney- Neurosis and Human Growth Horney: Cultural and Psychological Implications of Neuroses Horney: Culture and Neurosis
5 (2/16)	Erik Erikson	Ewen: Chapter 7: Erik Erikson. Ego Psychology Erik Erikson: Eight Stages of Man Paul Roazen: Chapter 6: Youth and Identity
6 (2/23)	Abraham Maslow	Ewen: Chapter 10: Abraham Maslow- Self Actualization Theory (II) Maslow: A Theory of Human Motivation Maslow: The Role of Basic Need Gratification in a Theory of Personality

7 (3/2)	Carl Rogers	Ewen: Chapter 9: Carl Rogers-Self-Actualization Theory Carl Rogers: Student centered teaching as experienced by a participant Carl Rogers: What it means to become a person
8 (3/9) 3/16: Spring Break, no class	Gordon Allport	Ewen: Chapter 12: Gordon Allport-Trait Theory Allport: Theory of Traits
9 (3/23)	H.J. Eysenck R.B. Cattell	Ewen: Chapter 13: Raymond Cattell-Factor Analysis Cattell: Concepts from Multivariate Experiments Eysenck: The Structure of Human Personality
10 (3/30)	Five-Factor Theory	McRae & Costa: A Five-Factor Theory of Personality McCrae & Costa: Nature Over Nurture Gurven et al.: How Universal Is the Big Five?
11 (4/6)	B.F. Skinner	Ewen: Chapter 14: B.F. Skinner-Radical Behaviorism Skinner: What is Man?
12 (4/13)	Albert Bandura	Chapter 16: Social-Cognitive Theory The Self System and Reciprocal Determinism
13 (4/20)	Walter Mischel	Allen: Walter Mischel Chapter Mischel: Challenging the Traditional Personality Psychology Paradigm
14 (4/27)	Applications of Personality Theories	TBD
15 (5/4)	Comparative Summary and Review	Winter and Barenbaum: History of Modern Personality Theory and Research

**Bibliography and exact references will be provided on CANVAS*

Attendance

If you need to miss a class, please notify the instructor by email as early in advance as possible.

Plagiarism

Plagiarism is not acceptable. Plagiarism will result in an F in the course, and will be reported to Dean's office in accordance with the University's policy on plagiarism (see Student Handbook).

Academic Format:

For all your academic work in this class, please use APA style. Please see www.apastyle.org for instructions on style and proper citations.

○ See following website for style guidelines:

<http://www.apastyle.org/learn/tutorials/basics-tutorial.aspx>

Excellent websites for info on personality theorists:

<http://www.ship.edu/~cgboeree/perscontents.html>

<http://www.wynja.com/personality/theorists.html>

Additional Information as per Provost and Dean of College:

1. **Accommodations** – The College will make reasonable accommodations for persons with documented disabilities. Students are encouraged to contact the Office of Access and Services for Individuals with Disabilities (OASID) for information about registration. You can reach OASID by email at oasid@tc.columbia.edu, stop by 301 Zankel Building or call 212-678-3689. Services are available only to students who have registered and submit appropriate documentation. As your instructor, I am happy to discuss specific needs with you as well. Please report any access related concerns about instructional material to OASID and to me as your instructor.
2. **Incomplete Grades** – For the full text of the Incomplete Grade policy please refer to [http://www.tc.columbia.edu/policylibrary/Incomplete Grades](http://www.tc.columbia.edu/policylibrary/Incomplete%20Grades)
3. **Student Responsibility for Monitoring TC email account** – Students are expected to monitor their TC email accounts. For the full text of the Student Responsibility for Monitoring TC email account please refer to [http://www.tc.columbia.edu/policylibrary/Student Responsibility for Monitoring TC Email Account](http://www.tc.columbia.edu/policylibrary/Student%20Responsibility%20for%20Monitoring%20TC%20Email%20Account)
4. **Religious Observance** – For the full text of the Religious Observance policy, please refer to <http://www.tc.columbia.edu/policylibrary/provost/religious-observance/>
5. **Sexual Harassment and Violence Reporting** – Teachers College is committed to maintaining a safe environment for students. Because of this commitment and because of federal and state regulations, we must advise you that if you tell any of your instructors about sexual harassment or gender-based misconduct involving a member of the campus community, your instructor is required to report this information to the Title IX Coordinator, Janice Robinson. She will treat this information as private, but will need to follow up with you and possibly look into the matter. The Ombuds Officer is a confidential resource available for students, staff and faculty, including matters concerning “Gender-based Misconduct”. “Gender-based misconduct” includes sexual assault, stalking, sexual harassment, dating violence, domestic violence, sexual exploitation, and gender-based harassment. For more information, see <http://sexualrespect.columbia.edu/gender-based-misconduct-policy-students>. The TC Ombuds Officer may be reached at ombuds@tc.columbia.edu or 212-678-4169.

6. **Emergency Plan** – TC is prepared for a wide range of emergencies. After declaring an emergency situation, the President/Provost will provide the community with critical information on procedures and available assistance. If travel to campus is not feasible, instructors will facilitate academic continuity through Canvas and other technologies, if possible.

1. It is the student's responsibility to ensure that they are set to receive email notifications from

TC and communications from their instructor at their TC email address.

2. Within the first two sessions for the course, students are expected to review and be prepared

to follow the instructions stated in the emergency plan.

3. The plan may consist of downloading or obtaining all available readings for the course or the

instructor may provide other instructions.

7. Students who intentionally submit work either not their own or without clear attribution to the original source, fabricate data or other information, engage in cheating, or misrepresentation of academic records may be subject to charges. Sanctions may include dismissal from the college for violation of the TC principles of academic and professional integrity fundamental to the purpose of the College.

COVID Safety:

Instructors, students, and staff are a crucial part of keeping COVID-19 numbers low, and supporting the College's commitment to providing all members of its community with a safe, healthy, and supportive environment. Therefore, masks are required to be worn, covering the mouth and nose, in all classrooms and all buildings on Teachers College's campus. All students who fail to comply, will be asked to leave the class immediately and report to the Vice Provost for Student Affairs.

Thanks to Dr. Randall Richardson-Vejlgaard for significant contributions to this syllabus.