ABOUT US

Founded in 2002 by the Saint Jude Advisory Board, Super-Saturdays is a school-based, team-mentoring program that partners with inner-city middle schools to serve at-risk and underprivileged youths in New York City. Our mission is to expand the limited resources of struggling schools to better serve their students. In collaboration with the principals and teachers, our mentors are positive role models who help students develop life skills, build self-esteem and expand their cultural horizons in a safe, caring environment at a time when these youths would normally be confined at home watching TV or playing video games—usually alone.

OUR CONCEPT

Mentors and students meet one Saturday per month at the host school from 9:00 a.m. – 1:00 p.m during the academic year. At the start of the program, students and mentors are divided into four teams (i.e. Red, Yellow, Green and Blue). A typical session consists of 4 structured activities followed by lunch:

- TEAM-BUILDING GAME
- EDUCATIONAL WORKSHOP
- HANDS-ON PROJECT TO REINFORCE WORKSHOP
- ORGANIZED ATHLETIC ACTIVITY

All activities are organized and led by volunteer mentors. Occasionally, field trips are utilized to expose the children to New York City’s abundance of cultural resources.

The team-oriented nature of the Super-Saturdays activities is one of the program’s greatest strengths. The students are encouraged to collaborate within an allotted timeframe to achieve a common goal. The collaborative process develops the students’ confidence and communication skills while also building rapport and fostering a sense of mutual respect.

THE BENEFITS

Super Saturdays benefits at-risks youths by strengthening and expanding their social support networks in collaboration with school staff, their families and volunteers:

- SCHOOLS expand their services to students by providing a familiar and safe space where youths can experience positive interactions with peers and supportive adults in a non-scholastic environment.
- PARENTS are given a concrete way to support their children’s education.
- VOLUNTEERS have the opportunity to inspire promising young adults and are welcomed and embraced by the mentees and their parents.

For more information on how you can volunteer with Super Saturdays, please contact us at: super_saturdays@yahoo.com