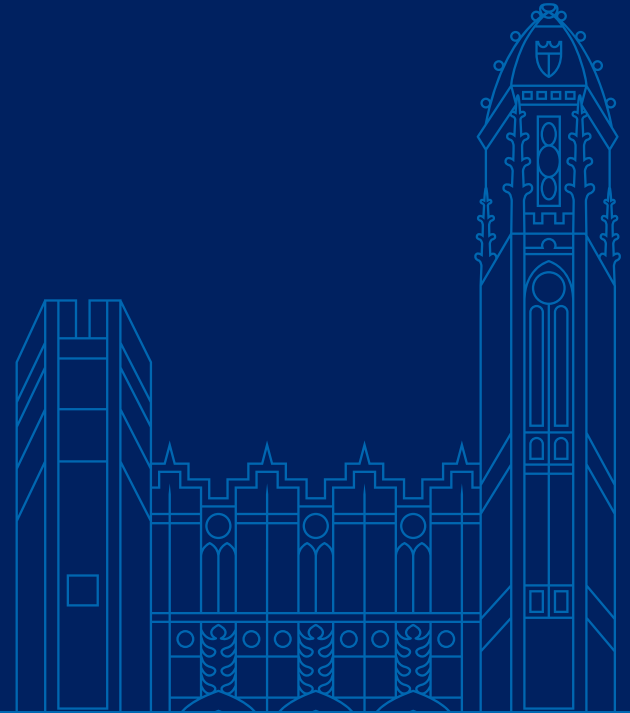




TC (Re)Unites

Healthy Planet • Healthy People



Saturday, October 14, 2023

TC (Re)Unites: Healthy Planet • Healthy People provides opportunities to consider the many ways that we think about wellness, including mindfulness, sustainability, food education, caring for each other, movement, and a healthy democracy.

Online Program





8:00 am – 9:00 am

INTERACTIVE SESSIONS

All Levels Yoga

Jason Reid, M.A. '21
455 Grace Dodge Hall

Morningside Heights Neighborhood Walk

Tom Rock, Ed.D. '02, Associate Vice President & Chief Student Affairs Officer
Rose Commons, Zankel Hall, 1st Floor

Guided Meditation: Loving-Kindness for Your Mind, Your Body, and Our Planet

Arielle Limberis, M.A. '22
279 Grace Dodge Hall

Morningside Park Beautification

Minyan Gao, M.A. Candidate, *Volunteer TC*
197 Grace Dodge Hall

9:00 am – 9:45 am

WELCOME BREAKFAST

Everett Lounge, Zankel Hall, 1st Floor

10:00 am – 11:15 am

ALUMNI AWARDS AND CHARO UCEDA WOMEN'S EMPOWERMENT LECTURE

Milbank Chapel, Zankel Hall, 1st Floor

Welcome

Lauryn Duncan, M.A., M.Ed. '23, Community Engagement Officer

President's Remarks

Tom Bailey, Teachers College President

TC Alumni Council President's Remarks

Dr. Brian Kennerly, M.A. '92

HONORING THE 2023 ALUMNI AWARD RECIPIENTS

Distinguished Alumni Award Recipients

Estela Mara Bensimon, Ed.D. '84, Ann E. Boehm, Ph.D. '66, Dr. Luis F. Riquelme, M.S. '88

Early Career Award Recipients

Drew Stephen Fagan, Ed.D. '13, Lauren Leigh Kelly, Ph.D. '16

Award for Outstanding Service

Marion Boulton, Ed.D. '96

KEYNOTE SPEECH

Keynote Introduction

Gita Steiner-Khamsi, Professor of Education

Charo Uceda Women's Empowerment Lecture

Borders and Belonging: Searching for a Healthy Democracy
Sayu Bhojwani, Ph.D. '14





11:30 am – 12:30 pm

INTERACTIVE SESSIONS

How to Have Depolarizing Conversations

Peter Coleman, Ph.D. '98, Professor of Psychology & Education
Pearce Godwin, Listen First Project
Milbank Chapel, Zankel Hall, 1st Floor

How to Eat for Your Mind, Your Body, and the Planet

facilitated by Pam Koch Ed.D. '00, Mary Swartz Rose Associate Professor of
Nutrition & Education
featuring Caroline Clauss-Ehlers, Ph.D. '99, Julian Clauss-Ehlers
277 Grace Dodge Hall

Building Inclusive Campuses Post-Affirmative Action

facilitated by Leslie Williams, Ed.D. '19, Lecturer of Higher & Post Secondary Education
featuring Milagros Castillo-Montoya, Ed.D. '13, Delmy M. Lendof, Ed.D. '13,
Roman Liera, M.A. '13, Andrea Soonachan, Ed.D. '11
285 Grace Dodge Hall

12:30 pm – 2:00 pm

LUNCH & NETWORKING

Grace Dodge Dining Hall, Ground Floor

2:00 pm – 3:00 pm

INTERACTIVE SESSIONS

Creating Healthy Workplaces

Elissa Perry, Professor of Psychology & Education
279 Grace Dodge Hall

How to Improve Wellness for Teachers:

7 Proven Ways to Nurture Your Mental Health as an Educator

Denise Herrera, Ed.M. '22
285 Grace Dodge Hall

Chess for All Ages

Laurel Aronian and Karen Aronian, M.A. '96, Ed.M. '97, Ed.D. '15
281 Grace Dodge Hall

AI in Education Museum Walk and ChatTC: How AI is Changing Education

Claire Berends, Debbie Beaudry, Ernest Chan, Minh Le, M.A. '19
Smith Learning Theater, Russell Hall, 4th Floor

3:30 pm – 5:00 pm

NETWORKING PARTY

Everett Lounge, Zankel Hall, 1st Floor

Read more here about the speakers,
Alumni Award recipients,
and session facilitators



Sign up here to be a
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