AIMS AND SCOPE. Founded in 1998, the Graduate Student Journal of Psychology (GSJP) is a peer-reviewed publication devoted to clinical and counseling psychological research and practice. The GSJP is published annually and includes original empirical research articles, case studies, theoretical articles, and brief reports in the areas of adult and child psychopathology, the psychotherapeutic process, community mental health, multiculturalism, assessment, child development, ethics, professional development, and other topics with a relationship to research or practice in clinical or counseling psychology.

MANUSCRIPTS. The manuscript submission deadline for next year's volume is December 10, 2007. Submit manuscripts according to the submission guidelines printed in this issue. Please submit 3 printed copies of the manuscript along with an emailed electronic copy to: Editors, *Graduate Student Journal of Psychology*, Department of Counseling and Clinical Psychology, Box 102, Teachers College, Columbia University, 525 West 120th Street, New York, NY 10027; email gsjp@tc.edu; www.tc.columbia.edu/publications.gsjp.

Cover photography: Jeanette A. Sawyer

Dear Reader,

We are thrilled to present to you the ninth edition of the *Graduate Student Journal of Psychology*. This year, for the first time, we invited submissions from counseling and clinical psychology graduate programs across North America. We received our greatest number of submissions yet, from a range of programs on a wide variety of topics.

The articles in this volume of the journal address important clinical, ethical, and empirical issues within the fields of clinical and counseling psychology, including the challenge of treating adolescents with depression, the application of mindfulness techniques to parenting, and the importance of sound ethical decision-making in regards to multiple relationships with clients. We are particularly pleased to include a special paper in this edition that focuses on strategies for graduate students interested in developing a career in academic psychology. We believe that the recommendations of the authors of this paper, who are academic psychologists themselves, will be of great interest and value to our readership.

We would like to offer our sincere appreciation to Professor Barry Farber for his ongoing support and mentorship, as well as to the Department of Counseling and Clinical Psychology for its financial support of the journal. We are also grateful to our dedicated editorial staff for their considerable efforts, without which this journal would not be possible. Much work has gone into this year's journal, and we hope you enjoy the outcome.

Sincerely,

Jessica A. Keith   Traci R. Stein
Editor   *Editor*