

**TEACHERS COLLEGE**  
COLUMBIA UNIVERSITY

**Department of Counseling and Clinical Psychology**

**LETTER FROM THE EDITORS:**

After months of hard work and re-adjustment to the full throes of academic life, we are proud to present Volume 19 of the Graduate Student Journal of Psychology. The past few years have held a range of challenges for students and professionals in the field of psychology. Much of our work has been curtailed by the impacts of the COVID-19 pandemic. Additionally, many researchers shifted their work to examine the effects of the pandemic on mental health and well-being. These topics often dominated the research in order to find answers during a time of great global need.

As the field and the rest of the world attempt to navigate a return to our new normal, so too is the Graduate Student Journal. This volume, Volume 19, is composed of unique research studies examining a broad array of psychology-related topics. We are immensely proud to publish a journal that offers graduate students the opportunity to explore their desired research interests. This is especially true as such opportunities to demonstrate proficiency in research in a professional public forum have been limited, an issue largely compounded by the pandemic. The journal acts as a meaningful bridge between graduate students and the world of professional publication by allowing students the opportunity to share unique and innovative research.

This volume includes a variety of methodological and analytical approaches such as the a priori procedure, systematic reviews, and moderation analysis. This diversity is not only mirrored in the methodological approaches, but in the ethos of the journal itself. The journal's mission to prioritize diversity and inclusion is reflected in the content of the selected research articles. Examples include explorations of cultural identity and socioeconomic status.

This volume is a testament to the hard work of our featured authors, peer-reviewers, and editorial board. We would especially like to thank our faculty sponsor, Dr. Randall Richardson-Vejlgaard. Dr. Richardson's guidance and support has been fundamental throughout this process. Most notably, with the transition to a new Editorial Board, we want to extend our deepest gratitude to the former GSJP editors, Curren Luongo (Editor-in-Chief, 2022), Juno Pinder (Submissions Editor, 2022), Claudia Rodriguez (Communications Editor, 2022), and Mitsu Puri (Production Editor, 2022). There are many moving parts to this process and we could not have produced this volume without their tireless efforts in ensuring a smooth transition. We are extremely grateful for everyone's dedication and contribution. We invite our readers to share their thoughts and comments with us at [gsjp@tc.columbia.edu](mailto:gsjp@tc.columbia.edu). You can also connect with us through social media (Instagram, Twitter, LinkedIn) @gsjp\_journal.

The Editors,

Daniella Ekstein, Cassidy Iervasi, Catherine Shorb, Ellen Somers, Evelyn Tsai, Hannah Manley, and  
Lori Kim