

Teachers College, Columbia University
Department of Counseling and Clinical Psychology

Dear reader,

After a three-year hiatus and a change in leadership, we are thrilled to present Volume 18 of the Graduate Student Journal of Psychology (GSJP), a peer-reviewed journal consisting of empirical and theoretical articles written by researchers of all levels in the field of psychology. This volume is especially unique as it was produced in the midst of the COVID-19 pandemic. Thanks to the joint effort and dedication of all those involved, this volume upholds the core principles of the journal by creating a space for student learning and fostering professional development within the field of psychology.

Graduate students often have few opportunities to demonstrate their proficiency in research design in a professional public forum. The mission of this journal is therefore to bridge this gap between the graduate student and the professional. The GSJP provides an avenue for academic growth by covering all elements pertaining to the publication of a scientific manuscript. This includes the writing process, submission preparation, and editing and reviewing of final manuscripts. Additionally, the journal continues to emphasize its commitment to the publication of underrepresented works within major journals. The GSJP prioritizes sound methodological quality and replicability over the magnitude of effect sizes, and considers studies for publication without regard for the statistical significance of results. This unique aspect of the GSJP intends to counteract the effect of publication bias toward significant effects in the field of psychology as a whole. The present issue exemplifies the sustained effort to adhere to these goals.

When the journal was last published, the world looked much different. Accordingly, this issue represents a sample of the diversity of manuscripts submitted for publication during a period colored by both strain and resilience. As a relic of the pandemic, the reader will find articles related to COVID-19 and the themes and issues that arose during stay-at-home orders including: healthcare, race and racism, family dynamics, and parenting, written by authors and researchers from different corners of the world. The articles demonstrate a wide range of sound methodological designs and adhere to the 7th Edition of the Publication Manual of the American Psychological Association.

The present volume is representative of the hard work and dedication on the part of the authors, peer-reviewers, editorial board, layout editor, and all others who have been involved in this process. We are eternally grateful to all of them. We would especially like to thank our faculty sponsor, Dr. Randall Richardson-Vejlgaard, whose guidance and support throughout this publication process has been invaluable. Please feel free to share your thoughts and comments with us at gsjp@tc.columbia.edu or on our Instagram page [@gsjp_journal](https://www.instagram.com/gsjp_journal).

Editorial team,

Daniella Ekstein, Curreen Luongo, Neha Parvez, Juno Pinder, Mitsu Puri & Claudia Rodriguez