The *Empowered Eaters* reports include policy recommendations for ensuring all New Yorkers can be empowered eaters, with access to great nutrition education. Please use the sample Tweets below to share recommendations with your New York State and/or New York City elected officials, tagging #EmpoweredEaters. See below for more details.

Please feel free to use any of THESE PHOTOS in your posts.

## ADVOCACY IN NYS

**Governor’s Office:** [@NYGovCuomo](https://twitter.com/NYGovCuomo)

**New York State Assembly:** *(Don’t know your district? Click [HERE](#)*

**New York State Senate:** *(Don’t know your district? Click [HERE](#)*

D1 – Sen. Kenneth LaValle (@senatorlavalle)

D3 – Sen. Thomas Croci (@tomcroci)

D4 – Sen. Phil Boyle (@PhilBoyleNY)

D5 – Sen. Carl Marcellino (@Senator98)

D6 – Kemp Hannon (@kemphannon)

D7 – Elaine Phillips (@SenatorPhillips)

D8 – John Brooks (@Brooks4LNY)

D9 – Todd Kaminsky (@toddkaminsky)

D10 – James Sanders (@JamesSandersJR)

D11 – Tony Avella (@TonyAvella)

D12 – Michael Gianaris (@SenGianaris)

D13 – Jose Peralta (@SenatorPeralta)

D14 – Leroy Comrie (@LeroyComrie)

D16 – Toby Ann Stavisky (@tobystavisky)

D17 – Simcha Fedler (@NYSenatorFelder)

D18 – Martin Malacvé Dilan (@SenatorDilan)

D19 – Roxanne Persaud (@SenatorPersaud)

D20 – Jesse Hamilton (@SenatorHamilton)

D21 – Kevin Parker (@SenatorParker)

D22 – Martin Golden (@SenMartyGolden)

D23 – Diane Savino (@dianesavino)

D24 – Andrew Lanza (@senatorlanza)

D26 – Brian Kavanagh (@BrianKavanaghNY)

D27 – Brad Hoylman (@bradhoylman)

D28 – Liz Krueger (@LizKrueger)

D29 – Jose Serrano (@SenatorSerrano)

D30 – Brian Benjamin (@NYSenBenjamin)

D33 – Andrea Stewart-Cousins (@AndreaSCousins)

D34 – Jeffrey Klein (@JeffKleinNY)

D35 – David Carlucci (@DavidCarlucci)

D36 – Jenna Agajanian (@jennaagajanian)

D37 – David Carlucci (@DavidCarlucci)

D38 – David Carlucci (@DavidCarlucci)

D39 – William Larkin (@SenatorLarkin)

D40 – Terrence P. Murphy (@vote4murphy)

D41 – Susan Serino (@Sueserino4ny)

D42 – John Bonacic (@JohnBonacic)

D43 – Kathleen Marchione (@kathymarchione)

D44 – Neil Breslin (@NeilBreslin44)

D45 – John DeFrancisco (@JohnDeFrancisco)

D46 – George Amedore (@GeorgeAmedore)

D47 – Joseph Griffo (@SenGriffo)

D48 – Patty Ritchie (@SenatorRitchie)

D49 – James Tedisco (@JamesTedisco)

D50 – John DeFrancisco (@JohnDeFrancisco)

D52 – Frederick Akshar (@fredakshar)

D53 – David Valesky (@SenDaveValesky)

D54 – Pamela Helming (@SenatorHelming)

D55 – Rich Funke (@SenatorFunke)

D56 – Joseph Robach (@SenatorRobach)

D57 – Cathy Young (@SenatorYoung)

D58 – Thomas O’Mara (@SenatorOMara)
New York State funds enable agencies to pay for otherwise unfunded nutrition education mandates – keep them in the budget! #NutritionEducation #NewYorkState #EmpoweredEaters


Competing methods & metrics can hinder impact; encourage agencies to streamline reporting requirements for nutrition education initiatives! #NutritionEducation #NewYorkState #EmpoweredEaters http://www.tc.columbia.edu/tisch/news-and-events/news-archive/2017/empowered-eaters/

Local providers, community members, & other stakeholders are responsive to community needs & realities—make sure they are included in policy & program development! #NutritionEducation #NewYorkState #EmpoweredEaters http://www.tc.columbia.edu/tisch/news-and-events/news-archive/2017/empowered-eaters/

If we want evidence-based programs, we NEED to fund evaluation! #NutritionEducation #NewYorkState #EmpoweredEaters http://www.tc.columbia.edu/tisch/news-and-events/news-archive/2017/empowered-eaters/

Better nutrition education coordination within & across New York State could BREAK DOWN silos; AMPLIFY nutrition education initiatives; and FACILITATE collaborative relationships. #NutritionEducation #NewYorkState #EmpoweredEaters http://www.tc.columbia.edu/tisch/news-and-events/news-archive/2017/empowered-eaters/

NOW is the time to strengthen school-based nutrition education - along with healthy, locally sourced school meals - our kids are relying on us! #NutritionEducation #NewYorkState #EmpoweredEaters http://www.tc.columbia.edu/tisch/news-and-events/news-archive/2017/empowered-eaters/


**ADVOCACY IN NEW YORK CITY**

City funds are CRUCIAL to filling in federal & state funding gaps for nutrition education; supporting otherwise unfunded mandates! #NutritionEducation #NewYorkCity #EmpoweredEaters

New York City’s health care system should incentivize preventive care, such as nutrition education! #NutritionEducation #NewYorkCity #EmpoweredEaters http://www.tc.columbia.edu/tisch/news-and-events/news-archive/2017/empowered-eaters/

If we want evidence-based programs, we NEED to fund evaluation! #NutritionEducation #NewYorkCity #EmpoweredEaters http://www.tc.columbia.edu/tisch/news-and-events/news-archive/2017/empowered-eaters/

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Better nutrition education coordination within & across New York City could BREAK DOWN silos; AMPLIFY nutrition education initiatives; and FACILITATE collaborative relationships at the community level. #NutritionEducation #NewYorkCity #EmpoweredEaters http://www.tc.columbia.edu/tisch/news-and-events/news-archive/2017/empowered-eaters/

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