

SURVIVING THE CERTIFICATION EXAM:

Strategies To Make Your Experience as Stress-Free As Possible.

BEFORE THE EXAM:

- Be conscious of your own preferred learning style, and tailor your study schedule (and physical study spaces) accordingly.
- Do everything in your power to maximize your study time. This includes delegating work/family responsibilities, carrying books or study notes on business trips, saying “no” to new projects, etc.
- Prepare your test taking space. You'll be completing the whole exam remotely, so make sure there is ample room for your computer and other necessary devices.
- Practice makes perfect. Practice typing on a full-sized keyboard. Practice writing while surrounded by ambient noise.
- Delay “experimentation” with new study skills, new foods, new people, and/or new modes of transportation until after the exam.
- If you do not know how to send e-mails with attachments, then this is the time to learn. (You’ll have to email your exam answers).

ON THE DAY OF THE EXAM:

- If you see that the second question is easier for you to answer than the first, then go ahead and start with the second question. You’ll save time and build confidence.
- Give yourself extra time for any pre-exam rituals (listening to music, cigarette, earnest prayer, etc.).
- Don’t carry the morning into the afternoon! Try to keep focused on the questions in front of you, not the questions you already completed.