The following are short summary descriptions of the courses that will be included in the program of study leading to an MA in Social-Organizational Psychology for the cohort of military officers in the Eisenhower Leader Development Program (ELDP). These courses will be taught by the faculty of Teachers College, Columbia University.

1. **Group Dynamics: A Systems Perspective (ORL 5362)** – This course provides students with an opportunity to develop an in-depth understanding of group dynamics from a systemic perspective and to learn about their own behavior in groups. This course aims to enable students to perceive, understand, and interpret dynamics in groups and systems using a group relations framework. The course covers: theories of group development; group boundaries, tasks, and roles; power and authority in groups and systems; dynamics of small and large groups; dynamics between and among groups in a larger system or organization; and the interplay of socio-political identities and group dynamics. *(3 credits)*

2. **Organizational Psychology (ORLJ 4005)** – This course is an introduction to theories and research that underlie the field of organizational psychology and is intended to help students understand the behavior of people in today’s complex organizations. Implications for and applications of topics such as motivation, leadership, group dynamics, organizational culture, decision-making, job design and workforce diversity in various organizational contexts are considered. *(3 credits)*

3. **Understanding Behavioral Research (ORLJ 4009)** – This course is designed to help individuals become informed consumers of data and information. An overview of the various methods of behavioral research and the relative strengths and limitations of each is addressed. The ability to read and evaluate social science research is developed and the skill of conducting research is initiated. *(3 credits)*

4. **Executive Coaching (ORLJ 4010)** – Executive Coaching combines two previously taught courses into one, intentionally to integrate theory and practice. As such, this course is intended to provide students with an overview of theory, research, and practice related to executive coaching within organizational settings as executive coaching is viewed as a subset of organizational consultation. Assuming some basic knowledge of organizational behavior and theory and limited experience with coaching, the course is designed to give students an opportunity to gain foundational knowledge of the coaching process, including how to create a coaching relationship, engage in coaching conversations, and build commitment for action planning.

Throughout the semester the focus will be on increasing self-awareness and other awareness, and linking one’s experience to theory and research in service of developing effective individual coaching skills. As a result of coaching and being coached, reading and lectures, and through ongoing
reflective exercises, each student will develop his|her own coaching model as well as a process of ongoing monitoring and revision of the model. *(3 credits)*

5. **Leadership & Supervision (ORLJ 5005)** – This course focuses on major psychological and other interdisciplinary approaches to the study of leadership and provides a critical analysis of relevant theories and research and an understanding of practical applications within organizations. *(3 credits)*

6. **Organizational Dynamics (ORLJ 5045)** – This course studies organizations as total systems with consideration of different types of organizations. Emphasis on the impact of such dimensions as mission, strategy, structure, culture, systems, and leadership on individual and organizational performance and vice versa, is considered. Organizational change is also addressed. *(3 credits)*

OR

6. **Organizational Change: Theory & Practice (ORLJ 5055)** – This course covers the primary content and substance of organization change. The content|substance includes theory, models and frameworks, research studies, and related concepts that influence the practice of organization change; and, vice versa, how the practice of organization change influences theory, models, research and concepts. The course is conducted as a combination of lecture and student activities and discussion. *(3 credits)*

7. **Preparation for Coaching (ORLJ 5310)** – In this practicum course, students are supervised in the application of their coaching model, developed in ORLJ 4010, to a cadet at the United States Military Academy, in preparation of assignment as a Tactical Officer and as leaders assigned to coach and develop individuals under their command. *(1 credit)*

8. **Basic Practicum in Conflict Resolution (ORLJ 5340)** – *This course may be taken in the Spring, but only if one's elective has been taken in the Fall. One may take this course AND one's elective, both, in the Fall, but only ONE in the Spring.* This course provides basic skills in collaborative negotiation and mediation and the opportunity for supervised practice of these skills. *(3 credits)*

9. **Practicum in Change and Consultation (ORLJ 6343) [capstone course]** – This course is intended to provide students with an introduction to the practice of consultation and planned organizational change through the application of behavioral science concepts and tools. Assuming some basic knowledge of organizational behavior and theory, the course will address issues of how to gather information about organizations in order to diagnose and facilitate change, to increase effectiveness, and to foster the capacity for learning and development over time. The focus will be on understanding organizations though the development and use of diagnostic models and self-assessment in conjunction with specific change technologies during all phases of consulting to organizations.

The course is heavily weighted toward practice and provides students with opportunities to: give class presentations; give and receive feedback to and from peers – individually and collectively; learn what factor enhance and impede team development and effectiveness; consult to a team as well as be a client team; and form a consulting firm in which the task is to provide consultation to a "real" client organization.
The course is divided into two components: class session (Monday) and weekly team meetings (Wednesdays). Learning opportunities are intentionally designed to be sequential with team assignments building on learning form class and vice versa.

Class sessions vary weekly according to the topic and task and include a variety of learning experiences such as brief lectures, discussion of cases, structured team-work, and simulated as well as actual consultation with an organization. (5 credits)

10. Adult Development and Learning (ORLD 4051) – This course provides a sophisticated introduction to basic and significant theories of adult learning. Areas covered include: transitions and evolutions; learning and achieving styles; exploration of how people think, reason, and make meaning of the complexities around them; and transformation theory. Each of these areas focuses on its application to an understanding of how adults learn. (3 credits)