

2020 Nutrition Program Alumni Panel

Wednesday, January 29, 2020 5:00 pm - 7:00 pm

Location: Teachers College, Milbank Chapel, Zankel Hall 125

Please join us for a discussion with several Program in Nutrition graduates who have professionally established themselves in different areas of our field. Learn how they built on their experiences at Teachers College to achieve their career goals. Refreshments and light snacks will be provided.

	<p>Carrie Russo, MA, MS, EdD, RDN, CDN, received her MS in Nutrition Education and completed the DI in 2016. She is a clinical dietitian and the clinical nutrition manager (CNM) at Amsterdam Nursing Home, a 400-bed sub-acute and long-term care community near Morningside Heights. Her responsibilities include conducting initial, quarterly, and annual nutritional assessments, attending interdisciplinary meetings, and monitoring the nutritional status of residents. As CNM, she leads the clinical nutrition team and oversees the implementation of larger projects for her department and community. Carrie earned her Doctorate in Nutrition Education in May 2019 from TC. Her dissertation research was focused on celiac disease and how families navigate the gluten-free diet.</p>
	<p>Tomi Akanbi, MS, RDN, is passionate about equipping communities of color with quality nutrition education and hands-on programming. She currently is a Public Health Nutritionist with the New York State Department of Health where she evaluates and monitors community programs, provides technical assistance, and conducts trainings. Prior to this position, she spent a number of years providing nutrition counselling and education to young people at the Mount Sinai Adolescent Health Center and also had a side gig as a consultant trainer for WIC. She has also worked for the Hunger Prevention and Nutrition Assistance Program at United Way of NYC and as a clinical dietitian at a skilled nursing facility in the Bronx. Tomi completed her dietetic internship and graduated with her MS in Nutrition and Public Health from Teachers College in 2013.</p>
	<p>Jill Keene, MS, RDN, CDN, received her MS in Nutrition and Exercise Physiology in 2015, and completed the DI in 2016. During her DI rotations, Jill worked part-time at LifeTime Athletic providing nutrition counselling for various issues including weight loss, sports performance and GI conditions. Upon completion of the DI, Jill transitioned to a full-time role at LifeTime as the head of the nutrition program. In this role she continued nutrition counselling as well as supervised 3 other nutrition coaches. Having gained the experience at LifeTime, Jill felt ready and confident to open her own private practice. She has been successfully running her private practice for 1.5 years where she sees clients for 1:1 counselling focusing on various issues but mainly focused on moving away from dieting and improving women's relationship with food and body. In conjunction with her brick and mortar business Jill is working to build her virtual practice focusing on the same topic.</p>
	<p>Katie Loggie, MS, RDN, CDN, CNSC received her MS in Nutrition & Exercise Physiology and completed her dietetic internship at Teachers College in 2015. She currently works as a Senior Dietitian at Mount Sinai Queens in Astoria NY. She started out covering the general medicine and surgical units, and after becoming a Certified Nutrition Support Clinician (CNSC), she transitioned to the ICU and IMCU where she continues to work today.</p>
	<p>Peishien Chiou, MS, RDN, completed the DI in 2011 and received her MS in Nutrition and Public Health in 2012. She currently works as an Independent Consultant and Private Chef based in New York City. Shien has delivered nutrition and culinary education, developed curricula, and advocated for healthier food, sustainability and wellness programs. She has had the opportunity to work on programs developed by TC faculty, including EarthFriends, Food Health and Choices, and Art and Healthy Living. She previously cooked professionally in NYC restaurants, where she first learned about local/seasonal cooking and eating.</p>
	<p>Tara Ostrowe, MS, RD, CSSD, received her MS in Nutrition and Exercise Physiology in 2005 and completed the DI prior to that at Teachers College, Columbia University. She currently works as the team sports dietitian for the New York Red Bulls and is starting her 8th season with the team. Additionally, Tara has a Manhattan based nutrition private practice and works as a dietitian for Eating Disorder Recovery Specialists. Formerly she was the team sports dietitian for the New York Giants for 7 seasons, the team dietitian for AS Monaco FC for 4 seasons, the team dietitian for AS Monaco Basketball, and the sports dietitian at Columbia Athletics. Tara also worked as the nutritionist for Columbia University Student Health Services and Barnard College Student Health. Much of her work focuses on sports nutrition and eating disorder management.</p>