Mandatory Enrollment: Columbia Health & Related Services Fee (CHRSF)

As you may know, <u>Columbia Health</u> serves as the primary care provider for all University students. At the start of the new academic year on August 15, 2023, <u>all</u> TC students, regardless of credit status, will be assessed the CHRSF (listed as 'Columbia Health Fee' in your student account statement), at either a full-time or part-time (reduced fee) rate. Previously only full-time students were enrolled in the <u>Columbia Health & Related Services Fee</u> (CHRSF), now part-time students will also be enrolled in order to maintain access to critical programs. Note: The CHRSF is <u>not</u> health insurance.

Current CHRSF Rates:

\$682*	\$205*
Full-Time (≥9 billable points)	Part-Time (≤8 billable points)

^{*}Rates shown are for the 23-24 academic year and subject to University budget approval. Amounts are established by Columbia University.

Implementing this fee structure enables access to critical health and well-being programs that ensure the continued well-being of our students: a crucial factor in academic success. Furthermore, this change aligns with a similar structure already in place in other Columbia-affiliated schools. We will be following up with you to share more details and hope that all TC students will take advantage of the services they are eligible for based on their enrollment.

What is the Columbia Health & Related Services Fee (CHRSF)?

The CHRSF is a semester-based fee providing access to care through the various departments and offices under the Columbia Health umbrella. All students are able to access: <u>Alice! Health Promotion</u>, <u>Sexual Violence Response (SVR)</u>, and <u>CU EMS</u> (no-cost ambulance service). Students enrolled in the full-time fee also have access to Counseling & Psychological Services (CPS) and Medical Services.

Part-time students interested in accessing additional services can <u>upgrade to the full-time fee online</u>.

What is the period of coverage?

The CHRSF follows a semester schedule and is billed like tuition. Below are the dates of coverage:

Fall	Spring
August 15 - December 31	January 1 - August 14
	(regardless of May degree conferral)

What if I'm studying outside of NYC/US?

Columbia University mandates that all enrolled students, regardless of geographic location of study, pay the fee to ensure adequate access to quality care. Most of the services, including Alice! Health Promotion, SVR, along with medical and counseling services can be accessed on a telehealth/virtual basis.

What is covered?

You can <u>view all services</u> here. For more specific information related to your unique situation, consult the below:

Part-Time Fee grants access to:

- Alice! Health Promotion | One-on-one conversations and workshops on stress, sleep, time management, alcohol and drug education, wellness coaching, pet therapy, Gay Health Advocacy Project, HIV testing and treatment counseling, birth control education and counseling, PrEP and PEP consultation, sexual health peer counseling, and gender affirming care coordination
- <u>Sexual Violence Response (SVR)</u> | Crisis counseling, intervention, advocacy, connection to resources, online orders of protection, accompaniment for survivors and co-survivors of violence, as well as violence prevention trainings and workshops
- Other | Support for immunization compliance, student health insurance, opioid education & naloxone training, and much more

Full-Time Fee grants access to:

- All mentioned services, plus
- Medical Services | Routine and urgent medical care, nutrition, travel medicine, immunizations (most at no-cost), sexual health services, reproductive and gynecological services, LGBTQ+ health care, acupuncture, sports medicine
- Counseling & Psychological Services (CPS) |
 In-person and virtual short-term individual
 counseling, referrals for longer term therapy,
 virtual support spaces, in-person support
 groups, urgent mental health concerns
 drop-ins, and problem-solving/coping skills
 drop-ins, medication consultation, and
 emergency consultation

What is not covered?

Certain services ordered by Medical Services and Counseling and Psychological Services providers that are accessed off-campus (e.g. prescriptions, radiology, off-campus counseling) are not covered by this fee. Students will need to provide their health insurance coverage information at the time these services are received. See the access page for more information.

I am already insured independently, why do I need the CHRSF?

To ensure adequate access to resources, programs, services, and care, all students are enrolled into the CHRSF. The fee is not health insurance, and offers convenient access to care without co-pay.

What does that mean? Essentially, you're able to receive services and programs as often as you wish without billing your insurance or paying a co-pay to a provider. The plan is designed to afford students quality support for the lowest out-of-pocket cost.

Can I waive out of the CHRSF like the Student Health Insurance Plan?

No, you cannot. While comparable insurance waivers may be considered (and approved), the CHRSF is mandatory, non-refundable fee that cannot be waived.